

902-420-9287 450 Cowie Hill Road P.O. Box 8388 RPO CSC Halifax, Nova Scotia Canada B3K 5M1

February 24, 2025

The regular meeting of the Halifax Water Board will be held virtually on Thursday, March 27, 2025, beginning at 9:00 a.m. Visit <u>www.halifaxwater.ca</u> to register to attend the public portion of the meeting.

### AGENDA

# In Camera Reports

1C Approval of Minutes of the In-Camera Meetings.

Motion: That the Halifax Water Board approve the In-Camera minutes of January 30, 2025, and the special In Camera meetings of February 3, 2025, and March 6, 2025.

- 2C Business Arising from Minutes
- 3C Security Matter
- 4C Operational Matter
- 5C Regulatory Matter
- 6C Contractual Matter

# **Regular Reports**

- a) Ratification of In-Camera Motions
   Motion: That the Halifax Water Board ratify the In-Camera Motions.
  - b) Approval of the order of business and approval of additions and deletions
     *Motion: That the Halifax Water Board approve the order of business and approve additions and deletions.*
- Approval of minutes of the Regular meeting held on February 27, 2025
   Motion: That the Halifax Water Board approve the minutes of the February 27, 2025, regular meeting.
- Business arising from minutes.
   a) None



# **Financial Reports**

- 4.1 Operating results as of January 31, 2025
- 4.2 Capital expenditures as of January 31, 2025
- 4.3 Spring Debenture

Motion: That the Halifax Water Board approve the financing of \$34,000,000 with a thirtyyear amortization term and finance over ten years. The maximum all-inclusive rate is not to exceed 6.5%.

# **Capital Reports**

5.1 Duffus Street Pumping Station – Mechanical & Electrical Upgrades – Funding Approval - \$6,000,000.

Motion: That the Halifax Water Board approve funding in the amount of \$6,000,000 for the Duffus Street Pumping Station - Mechanical & Electrical Upgrades project.

5.2 Burnside Operations Centre Update (Verbal)

# **Other Business**

6. Corporate Balanced Scorecard – 2025/26 Program

Motion: That the Halifax Water Board:

- **1.** approve the Corporate Balanced Scorecard (CBS) targets for the 2025/26 fiscal year.
- 2. request staff to develop a methodology to assess the fiscal health of the utility and to recommend whether the CBS Organizational Award be paid based on the assessment.

# 7. Fluoride Recommendation

Motion: That the Halifax Water Board directs Halifax Water to:

- 1. Continue Fluoridating at the JD Kline Water Supply Plant (JDKWSP) and Lake Major Water Supply Plants (LMWSP),
- 2. Proceed with Option 2, to reinstate Fluoride at Lake Major, at approximately \$1M within two years.
- **3.** Establish notification protocols for interruptions of fluoridation in consultation with the Medical Officer of Health and dental partners.
- 4. Write a letter to the Province of Nova Scotia requesting funding assistance for both capital and operating costs associated with fluoridation where it has been shown that community water fluoridation reduces costs to the health care system.



8. Critical Goods and Services from US Companies and the Supply Chain Impact

# **Information Reports**

- 1-I HW Employees' Pension Plan Unaudited Results for the Year Ended December 31, 2024
- 2-I HW Employees' Supplemental Pension Plan Report

Lorna Skinner Governance Coordination Assistant





Halifax Water Board Meeting Minutes									
Date: February 27, 2	2025	Meeting Time: 9:01 a.m.							
Attendees:	Commissioner Colleen Rollings, Chair								
	Commissioner Cathy Deagle Gammon, Vice Chair								
	Commissioner John MacPherson								
	Commissioner Trish Pu	urdy							
	Commissioner Janet St	teele							
	Commissioner Patty C	uttell							
	Commissioner Cathie	O'Toole							
Regrets:	Commissioner Nancy MacLellan								
Staff:	Kenda MacKenzie, Ger	neral Manager & CEO							
	Louis de Montbrun, Di	rector, Corporate Services &CFO							
	Liana Rintoul, General	Counsel							
	Josh DeYoung, Directo	or, Capital Engineering & Infrastructure							
	John Eisnor, Director,	Operations							
	Wendy Krkosek, Direc	tor, Regulatory Services							
	Ashley Kendall, Direct	or, People and Culture							
	Jeff Myrick, Senior Manager, Communications and Corp Strategy								
	Jonathan MacDonald,	Manager, Water Infrastructure Planning							
	Lorna Skinner, Governance Coordination Assistant, Reg Affairs and Governance Department								

Regular Reports							
1. APPROVAL OF THE ORDER OF BUSINESS AND APPROVAL OF ADDITIONS AND DELETIONS							
Discussion Notes	MOVED BY Commissioner John MacPherson, seconded by Commissioner Deagle Gammon that the Halifax Water Board approve the order of business and approval of additions and deletions.						
Decision	MOTION PUT AND PASSED.						

2. APPROVAL OF THE MINUTES OF JANUARY 30, 2025					
Discussion Notes	MOVED BY Commissioner Deagle Gammon, seconded by Commissioner Steele that the Halifax Water Board approve the minutes of the January 30, 2025, regular meeting.				
Decision	MOTION PUT AND PASSED.				

3. BUSINESS ARISING FROM THE MINUTES				
Discussion Notes	None.			

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4. PROPOSED 5-YEA FOR 2025/26.	R BUSINESS STRATEGY 2025-2030 AND ANNUAL BUSINESS PLAN							
Discussion Notes	Kenda MacKenzie gave a presentation on the 5-Year Strategic Plan for 2025-30, including the focus on empowering people, operational resiliency, safety, risk mitigation, organizational capacity, capital delivery, regulatory obligations, strategic initiatives, and financial improvement.							
	The Chair, on behalf of the Board, thanked the Executive team for all their hard work putting the 5-year Strategic Plan together. Cathie O'Toole informed the Board that both the 5-Year Plan and the Annual Plan will be presented to HRM Council.							
	Kenda MacKenzie also presented the detailed Annual Business Plan for 2025-26, which included specific deliverables and timelines for each strategic initiative. The plan aims to set the groundwork for achieving the five-year strategic goals.							
	MOVED BY Commissioner Deagle Gammon, seconded by Commissioner Cuttle that the Halifax Water Board:							
	<ol> <li>Approve the 5-year Business Strategy for 2025-2030, and</li> <li>Approve the 2025/26 Annual Business Plan as attached to this report subject to non-substantive corrections and amendments, and</li> </ol>							

	<ol> <li>Direct the General Manager to submit the final 2025/26 Annual Business Plan to Halifax Regional Council for their approval.</li> </ol>		
Decision	MOTION PUT AND PASSED.		

# 5. WINDSOR STREET EXCHANGE REDEVELOPMENT PROJECT

Discussion Notes	Josh DeYoung and Jonathan MacDonald gave a presentation on the Windsor Street Exchange Redevelopment Project. The project includes replacing the North End feeder, separating the Young St. pocket sewer, and making other infrastructure improvements. The project aims to integrate work with HRM to save costs and minimize public disruption.
	MOVED BY Commissioner Steele, seconded by Commissioner Deagle Gammon that the Halifax Water Board approve the Windsor Street Exchange Redevelopment Project for a total project cost of \$69,275,000 and submission to the Nova Scotia Utility and Review Board (NSUARB), subject to Halifax Regional Council approval.
Decision	MOTION PUT AND PASSED.

# Next Meeting Date: March 27, 2025

Minutes taken by:

Lorna Skinner, Governance Coordination Assistant



TO:	Colleen Rollings, P.Eng., PMP., Chair and Members of the Halifax Regional Water Commission Board
SUBMITTED BY:	Signed by: Denta A65D0074ED01407
APPROVED:	Louis de Montbrun, CPA, CA, Director of Corporate Services/CFO Kenda MacKenzie
	Kenda MacKenzie, P.Eng., Acting CEO & General Manager
DATE:	March 12, 2025
SUBJECT:	Financial Results for the Ten Months ended January 31, 2025

### <u>ORIGIN</u>

Financial information reporting.

#### BACKGROUND

At the March 6, 2025, meeting of the Halifax Water Audit and Finance Committee, the attached Financial Results as of January 31, 2025, report was reviewed and discussed. The Committee approved forwarding the report to the Halifax Water Board for their information.

#### DISCUSSION

No additional information was requested to be brought forward to the Halifax Water Board meeting following the discussion of the attached at the Committee meeting.

#### ATTACHMENT

1. Report to the Halifax Water Audit & Finance Committee dated February 27, 2025, entitled Item #3 – Financial Results for the Ten Months ended January 31, 2025.



# ITEM # 3 Halifax Water Audit & Finance Committee

March 6, 2025

TO:	Chair and Members of the Audit & Finance Committee		
SUBMITTED BY:	Signed by: A03D0074EBC1407 Louis de Montbrun, CPA, CGA Director, Corporate Services/CFO		
APPROVED BY:	Signed by: Kenda MacKenzie Kenda MacKenzie P Eng		
	General Manager & CEO		
DATE:	February 27, 2025		
SUBJECT:	ED BY: Louis de Montbrun, CPA, CGA Director, Corporate Services/CFO <sup>Signed by:</sup> <i>Kenda MacKenzie</i> Kenda MacKenzie, P.Eng General Manager & CEO February 27, 2025		

# <u>ORIGIN</u>

Financial information reporting.

## **DISCUSSION**

Attached are the operating results for Halifax Water for the ten (10) months year ended January 31, 2025, with comparative figures for January 31, 2024.

The following discussion of the operating results reflect direct operating costs by department and allocations among water, wastewater and stormwater for common costs shared across all the services provided by Halifax Water.

# Statement of Financial Position (NSUARB) – Page 3 of Attachment 1

Key indicators and balances from the Statement of Financial Position are provided in the following tables.

Table	1:	Assets
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						March 31		From Prior Yea		ior Year
January 31 (in thousands)			2025		2024		2024		Change	% Change
Assets										
Current										
Cash and cash equivalents Receivables	Α	\$	77,667	\$	54,661	\$	44,021	\$	23,006	42.1%
Customer charges and contractual			18,826		19,245		21,546		(419)	(2.2%)
Unbilled service revenues			24,496		24,270		20,959		226 <sup>´</sup>	`0.9% <sup>´</sup>
Inventory			2,590		2,513		2,364		77	3.1%
Prepaids	В		973		1,726		1,735		(753)	(43.6%)
			124,553		102,415		90,625		22,138	21.6%
Utility plant in service			1,359,155		1,277,268		1,374,665		81,887	6.4%
Capital work in progress	С		196,180		145,162		114,374		51,018	35.1%
Total assets			1,679,888		1,524,845		1,579,665		155,043	10.2%
Regulatory deferral account			1,885		2,093		2,044		(208)	(9.9%)
Total assets and regulatory deferral account		\$	1,681,773	\$1	,526,938	\$	1,581,709	\$	154,835	10.1%

## Notes related to Table 1:

- A) *Cash and cash equivalents* have increased by \$23.0 million from the prior year. The total balance of the Regional Development Charge (RDC) reserves.
- B) *Prepaids* has decreased \$0.8 million due to the timing of invoices received on prepaid services.
- C) The \$51.0 million increase in *capital work in progress* relates to the expenditures on active capital projects as of January 31.

# **ITEM # 3**

# Halifax Water Audit & Finance Committee

# March 6, 2025

## **Table 2:** Liabilities and Equity

				March 31	From Prior Year		
January 31 (in thousands)	Notes	2025	2024	2024	\$ Change	% Change	
Liabilities							
Current							
Payables and accruals							
Trade	Α	20,969	19,415	23,393	1,554	8.0%	
Non-trade		4,822	3,453	5,579	1,369	39.6%	
Interest on long term debt		2,292	1,400	3,062	892	63.7%	
Halifax Regional Municipality	в	5,011	(2,613)	5,047	7,624	291.8%	
Contractor and customer deposits		1,617	3,394	1,095	(1,777)	(52.4%)	
Current portion of long term debt	С	32,881	56,933	39,832	(24,052)	(42.2%)	
Unearned revenue		2,766	2,590	157	176	6.8%	
	_	70,358	84,572	78,163	(14,214)	(16.8%)	
Long term debt	D	260,089	179,483	196,622	80,606	44.9%	
Deferred contributions		122,695	110,394	97,673	12,301	11.1%	
Total liabilities	_	453,141	374,449	372,458	78,692	21.0%	
Equity							
Accumulated capital surplus		1,221,056	1,105,151	1,195,016	115,905	10.5%	
Accumulated operating surplus		4,879	28,925	9,233	(24,046)	(83.1%)	
Operating surplus used to fund capital		12,380	12,380	12,380	(0)	(0.0%)	
Deficiency of revenues over expenditures		(9,684)	6,033	(7,381)	(15,717)	(260.5%)	
Total equity	_	1,228,632	1,152,489	1,209,248	76,143	6.6%	
Total liabilities and equity	_	\$ 1,681,773	\$1,526,938	\$1,581,706	\$ 154,835	10.1%	

### Notes related to Table 2:

A) *Trade payables and accruals* have increased by \$1.6 million from the prior year. The volume of invoices payable has increased by 64% due to a higher level of activity. The average invoice amount has increased 2.4%.

	Pa	yables and	Ac	cruals		
	2	024/25	2	2023/24		
		'000		'000	\$ Change	% Change
Trade payables	\$	12,079	\$	9,809	\$ 2,269	23.1%
Trade accrued payables		7,371		8,493	(1,122)	(13.2%)
Accrued wastewater rebate		1,521		1,112	408	36.7%
	\$	20,969	\$	19,415	\$ 1,555	8.0%

B) *Halifax Regional Municipality payable* has increased by \$7.6 million from prior year as a result of higher accruals for the dividend/grant in lieu of taxes and other amounts payable to HRM.

# **ITEM # 3**

# Halifax Water Audit & Finance Committee

March 6, 2025

H	HRM Receivables and Payables													
	2	2024/25	2	023/24										
		'000		'000	\$	Change	% Change							
Receivables	\$	289	\$	1,894	\$	(1,605)	(84.8%)							
RDC		6,116		6,745		(629)	(9.3%)							
Payables		(11,416)		(6,026)		(5,390)	89.4%							
Net receivables (payables)	\$	(5,011)	\$	2,613	\$	(7,624)	(291.8%)							

- C) *Current portion of long-term debt* has decreased \$24.1 million due to the repayment of HRM debt in September 2024 and balloon payments in November 2024.
- D) Increase in *long term debt* by \$80.6 million due to the addition of new debt in November 2024.

Debt servicing ratio is a function of total interest and principal payments (including accrued amounts) plus the amortization of debt issue costs divided by total operating revenue per service. Debt servicing ratio by service as of January 31, 2025, is as follows:

Debt Servicing Ratio by Service												
	2024/25	2023/24										
Water	15.80%	13.24%										
Wastewater	17.30%	18.83%										
Stormwater	27.47%	22.67%										
Combined	17.46%	17.02%										

The combined debt servicing ratio has increased from the prior year. Debt servicing ratios have increased for water and stormwater because of the addition of new debt and decreased for wastewater because of the repayment of HRM debt in September 2024. The combined debt servicing ratio of 17.46% is below the maximum 35.00% ratio allowed under the blanket guarantee agreement with Halifax.

## Statement of Earnings (NSUARB) – Page 4 of Attachment 1

#### Table 3: Summarized Statement of Earnings (NSUARB)

	······	Sumr	nari	zed Stater	ner	t of Earni	ngs					
		Budget 2024/25		Actual 2024/25		Actual 2023/24		From Pr	ior Year		Actual to	Budget
	Notes	'000		'000		'000	\$	Change	% Change	ç	\$ Change	% Change
Operating revenues		\$ 172,059	\$	147,871	\$	146,351	\$	1,520	1.04%	\$	(24,188)	(14.06%)
Operating expenditures		150,859		126,455		111,010		15,445	13.91%		(24,404)	(16.18%)
Earnings from operations before financial	-	21,201		21,417		35,341		(13,925)	(39.40%)		216	1.02%
and other revenues and expenditures												
Financial and other revenues		998		619		656		(37)	(5.68%)		(379)	(38.00%)
Financial and other expenditures		40,905		31,719		29,964		1,755	5.86%		(9,186)	(22.46%)
Loss for the year	Α	\$ (18,706)	\$	(9,684)	\$	6,033	\$	(15,717)	(260.51%)	\$	9,023	(48.23%)

#### Notes related to Table 3:

A) The *loss for the year* of \$9.7 million is a decrease of \$15.7 million from the prior year *earnings*. The following is a discussion of factors influencing the change.

#### Table 4: Operating Revenues:

			C	perating l	Rev	enues				
		Budget 2024/25		Actual 2024/25		Actual 2023/24	From Pri	ior Year	Actual to	Budget
	Notes	'000		'000		'000	\$ Change	% Change	\$ Change	% Change
Consumption revenue	в	\$ 111,427	\$	97,812	\$	96,429	\$ 1,383	1.43%	\$ (13,615)	(12.22%)
Base charge revenue		34,356		28,756		28,818	(62)	(0.22%)	(5,600)	(16.30%)
Wastewater rebate		(1,629)		(1,758)		(1,418)	(340)	23.94%	(129)	7.92%
Metered sales total		144,154		124,810		123,829	982	0.79%	\$ (19,344)	(13.42%)
Stormwater site generated charge		8,864		6,878		6,757	121	1.79%	(1,986)	(22.41%)
Stormwater right of way		6,515		5,430		5,429	1	0.01%	(1,086)	(16.66%)
Public fire protection		8,083		6,736		6,736	(0)	(0.00%)	(1,347)	(16.67%)
Private fire protection		1,721		1,437		1,413	24	1.68%	(284)	(16.52%)
Other operating revenue		2,714		2,581		2,187	394	18.02%	(133)	(4.90%)
Operating revenue total	Α	\$ 172,051	\$	147,871	\$	146,351	\$ 1,521	1.04%	\$ (24,180)	(14.05%)

#### Notes related to Table 4:

Operating revenues are presented above, broken down by type:

- A) Operating revenues have increased \$1.5 million as compared to the previous year.
- B) *Consumption revenue* has increased \$1.4 million over the prior year due to an increase in water consumption of 1.3%.

# **ITEM # 3**

# Halifax Water Audit & Finance Committee

# March 6, 2025

	Consumption	by Customer C	lass (m³)	
_	2024/25	2023/24	m <sup>3</sup> Change	% Change
Commercial	5,817,855	5,945,292	(127,437)	(2.1%)
Industrial	1,457,864	1,455,046	2,818	0.2%
Institutional	3,213,602	3,280,435	(66,833)	(2.0%)
Multi-residential	6,936,355	6,743,791	192,564	2.9%
Residential	10,969,833	10,613,423	356,410	3.4%
-	28,395,509	28,037,988	357,521	1.3%

## Table 5: Operating expenditures:

			Ор	erating Ex	per	nditures				
		Budget 2024/25		Actual 2024/25		Actual 2023/24	From Pri	ior Year	Actual to	Budget
	Notes	'000		'000		'000	\$ Change	% Change	\$ Change	% Change
Water supply and treatment	в	\$ 13,661	\$	12,659	\$	13,046	\$ (387)	(2.98%)	\$ (1,002)	(7.33%)
Water transmission and distribution	С	14,066		12,980		9,923	3,058	30.81%	(1,086)	(7.72%)
Wastewater collection		14,346		12,426		11,588	838	7.23%	(1,920)	(13.38%)
Stormwater collection	D	5,816		5,202		4,218	983	23.32%	(614)	(10.56%)
Wastewater treatment	E	26,368		21,698		19,644	2,054	10.46%	(4,670)	(17.71%)
Engineering and technology service:	F	17,757		15,635		12,031	3,604	29.95%	(2,122)	(11.95%)
Regulatory services		5,922		4,443		3,688	755	20.43%	(1,479)	(24.97%)
Customer services		4,507		3,890		3,680	210	5.71%	(617)	(13.69%)
Corporate services		3,743		3,340		2,465	874	35.48%	(403)	(10.77%)
Administration services	G	10,267		4,594		3,767	827	21.95%	(5,673)	(55.25%)
Depreciation and amortization	н	34,406		29,587		26,960	2,628	9.75%	(4,819)	(14.01%)
Total operating expenditures	Α	\$ 150,859	\$	126,454	\$	111,010	\$ 15,444	13.91%	\$ (24,405)	(16.18%)

### Notes related to Table 5:

- A) Operating expenditures of \$126.5 million are \$15.4 million higher than the prior year.
- B) *Water supply and treatment* expenditures have decreased \$0.4 million from prior year due to a decrease in chemicals including alum, phosphate and caustic soda.
- C) *Water transmission and distribution* expenditures have increased \$3.1 million from prior year due to an increase in vehicle cost allocation, hired equipment, road and street repairs, contract services, wages, materials and supplies, and traffic control services. Increased costs are primarily in core maintenance activities for distribution mains, hydrants, and services.
- D) *Stormwater collection* expenditures have increased \$1.0 million from prior year due to an increase in contract services and traffic control which was required for an increase in ditching work required for recently acquired stormwater infrastructure through the boundary expansion.

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- E) *Wastewater treatment* expenditures have increased \$2.1 million from prior year due mainly to an increase in electricity, equipment repairs and biosolid treatment costs.
- F) *Engineering and technology services* expenditures have increased \$3.6 million from prior year due to an increase in computer software and licenses, network equipment, and salaries.
- G) Administration services expenditures of \$4.6 million have increased \$0.8 million from the prior year. The current year total is well below budget due to the budget including \$0.5 million for the Organizational Award which is not accrued or recorded until approved by the Board, and the estimate for increases based on union negotiations. The actual costs for salary increases were assigned directly to employee departments when paid in December 2024.
- H) *Depreciation and amortization* increased \$2.6 million over prior year because of additions to assets, including capitalization of the Cayenta ERP system, added in the prior year.

#### Table 6: Financial and other revenues:

				Fina	incial and	oth	er revenu	es								
			Budget 2024/25 '000		0		•		Actual 024/25		Actual 2023/24		From Prie	or Year	Actua	I to Budget
	Notes	'(			'000		'000		Change	% Change	\$ Remainir	ng % Remaining				
Interest		\$	383	\$	91	\$	249	\$	(158)	(63.48%)	\$ (29	2) (76.26%)				
Other			615		528		407		121	29.67%	(8	(14.16%)				
Total financial and other revenues	Α	\$	998	\$	619	\$	656	\$	(37)	(5.68%)	\$ (37	9) (38.00%)				

#### Notes related to Table 6:

A) *Financial and other revenues* have decreased from prior year due to lower interest rates resulting in less revenue earned on cash balances.

#### Table 7: Financial and other expenditures:

		Fina	ancia	and oth	er e	xpenditur	es				
		Budget 2024/25		ctual )24/25		Actual 023/24		From Pri	or Year	Actual to	o Budget
N	lotes_	'000		'000		'000	\$ C	hange	% Change	\$ Remaining	% Remaining
Interest on long term debt		9,375		7,523		5,473		2,050	37.45%	(1,853)	(19.76%)
Repayment on long term debt		24,078		18,057		18,774		(717)	(3.82%)	(6,020)	(25.00%)
Amortization of debt discount		245		203		183		20	11.15%	(42)	(17.03%)
Dividend/grant in lieu of taxes		7,031		5,823		5,501		322	5.85%	(1,209)	(17.19%)
Other		175		113		33		80	241.72%	(62)	(35.65%)
Total financial and other expenditures	A	\$ 40,905	\$	31,719	\$	29,964	\$	1,755	5.86%	\$ (9,186)	(22.46%)

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## Notes related to Table 7:

A) *Financial and other expenditures* have increased \$1.8 million when compared to prior year due to an increase in interest on new debt.

## Table 8: Operating Results by Service:

	Ор	era	ting Resu	lts b	y Service				
	Budget 2024/25		Actual 024/25		Actual 023/24	From Pri	or Year	Actual to	Budget
	 '000		'000		'000	\$ Change	% Change	\$ Change	% Change
Water	\$ (9,233)	\$	(8,276)	\$	(669)	\$ (7,607)	1137.10%	\$ 957	(10.36%)
Wastewater	(6,998)		988		7,068	(6,080)	(86.03%)	7,985	(114.11%)
Stormwater	(2,476)		(2,395)		(366)	(2,029)	554.65%	81	(3.26%)
Earnings (loss) for the year	\$ (18,706)	\$	(9,684)	\$	6,033	\$ (15,717)	(260.51%)	\$ 9,023	(48.23%)

The results in Table 8 are explained in more detail in Tables 9 to 11.

# Table 9: Operating Results by Service – Water:

			Operat	ing	Results b	by S	ervice - W	/ate	r			
			Budget 024/25		Actual		Actual 2023/24		From Pri	or Year	Actual to	Budaet
	Notes _	_	'000		'000	_	'000	\$	Change	% Change	\$ Change	% Change
Operating revenues	А	\$	65,480	\$	56,184	\$	55,519	\$	665	1.20%	\$ (9,295)	(14.20%)
Operating expenditures	В		58,189		50,904		44,754		6,150	13.74%	(7,286)	(12.52%)
Earnings from operations	-		7,290		5,280		10,765		(5,485)	(50.95%)	(2,010)	(27.57%)
Financial and other revenues			830		632		569		63	11.08%	(198)	(23.87%)
Financial and other expenditures	С		17,353		14,189		12,003		2,186	18.21%	(3,165)	(18.24%)
Earnings (loss) for the year		\$	(9,233)	\$	(8,276)	\$	(669)	\$	(7,607)	1137.10%	\$ 957	(10.36%)

*Water services loss* of \$8.3 million has increased from the prior year loss by \$7.6 million due to the following factors:

- A) Increase in *operating revenues* of \$0.6 million due to an increase in consumption as previously discussed under Notes to Table 4.
- B) Increase in *operating expenditures* of \$6.2 million due to higher costs in water transmission and distribution, engineering and technology services, and depreciation and amortization.
- C) Increase in *financial and other expenditures* of \$2.2 million due to higher interest rates on new long-term debt as compared to existing debt, higher repayment of long-term debt, and a higher dividend/grant in lieu of taxes.

# Halifax Water Audit & Finance Committee

# March 6, 2025

Table 10: Operating Res	sults by	7 <b>S</b>	ervice -	- V	Vastewa	ate	r:							
	Operating Results by Service - Wastewater													
			Budget 1024/25		Actual 024/25		Actual 2023/24		From Pr	ior Year		Actual to	Budget	
	Notes		'000		'000		'000	\$	Change	% Change	\$	Change	% Change	
Operating revenues	А	\$	90,952	\$	79,183	\$	78,491	\$	692	0.88%	\$	(11,769)	(12.94%)	
Operating expenditures	В		78,542		63,975		56,456		7,519	13.32%		(14,567)	(18.55%)	
Earnings (loss) from operations	-		12,410		15,208		22,035		(6,827)	(30.98%)		2,798	22.55%	
Financial and other revenues			296		189		170		19	11.13%		(107)	(36.07%)	
Financial and other expenditures	С		19,703		14,409		15,137		(728)	(4.81%)		(5,294)	(26.87%)	
Earnings (loss) for the year	-	\$	(6,998)	\$	988	\$	7,068	\$	(6,080)	(86.03%)	\$	7,985	(114.11%)	

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Wastewater services earnings of \$1.0 million has decreased \$6.1 million from prior year due to the following factors:

- A) Operating revenues increase of \$0.7 million is attributable to an increase in consumption and the resulting wastewater discharge revenue as previously discussed under Notes to Table 4.
- B) Operating expenditures increase of \$7.5 million is attributable primarily to increases in costs associated with wastewater treatment, engineering and technology services, and depreciation and amortization because of additions to assets as previously discussed under Notes to Table 5.
- C) Financial and other expenditures decrease of \$0.7 million is due to lower repayment of longterm debt following the final payment on a large debt issue payable to HRM to finance wastewater assets. Repayments will be higher in future months with the new debt received in November.
- D) Earnings (loss) for the year decrease of \$6.1 million is due to increases in expenditures exceeding the increase in revenues, as noted above. Despite the decline in earnings, expenditures are below budget. The allocation of Administration services is below budget, as noted under Table 4 and is on pace to be \$2.0 million under budget for the year. Repayment of long-term debt is under budget due to the budget including a full year of appropriation of a large debt issue owed to HRM. The issue matured in September resulting in an excess budget amount of \$3.2 million.

# Halifax Water Audit & Finance Committee

# March 6, 2025

Cable 11: Operating Results by Service – Stormwater:													
		(	Operating	g Re	sults by S	Serv	vice - Stor	mwa	ater				
		Budget Actual Actual 2024/25 2024/25 2023/24 From Prior Yea					or Year	Actual to Budget					
	Notes	'000			'000		'000	\$ Change % Change \$ Chang				Change	% Change
Operating revenues	А	\$	15,627	\$	12,504	\$	12,341	\$	163	1.32%	\$	(3,123)	(19.98%)
Operating expenditures	В		14,127		11,576		9,800		1,776	18.12%		(2,551)	(18.06%)
Loss from operations	-		1,500		928		2,541		(1,613)	(63.47%)		(572)	(38.13%)
Financial and other revenues	С		(128)		(202)		(83)		(119)	143.71%		(74)	58.11%
Financial and other expenditures	D		3,849		3,121		2,824		297	10.53%		(727)	(18.90%)
Earnings (loss) for the year	_	\$	(2,476)	\$	(2,395)	\$	(366)	\$	(2,029)	554.65%	\$	81	(3.26%)

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Stormwater services loss of \$2.4 million is \$2.0 million greater than the prior year loss. The following factors influenced the results:

- A) Increase of \$0.2 million in *operating revenues* from prior year due to an increase in site generated service revenue from growth in customer billable impervious area and an increase in drawing review fees generated by continuing growth in development activity.
- B) Increase of \$1.8 million in operating expenditures from prior year due to an increase in contract services, traffic control, ditching, catch basin cleaning and hired equipment as previously discussed in Notes to Table 5.
- C) Change in *financial and other revenues* is the result of higher allocation of the interest cost as the stormwater service has a larger accumulated loss than in the prior year.
- D) Increase in financial and other expenditures due to increasing interest rates on long-term debt and principal payments for new debt.

# Results under NSUARB Handbook as compared to International Financial Reporting Standards

As a rate regulated utility, the Accounting Standards Board (AcSB) requires Halifax Water to report financial results using IFRS. The NSUARB requires Halifax Water to report in accordance with the NSUARB Handbook. The differences between IFRS and the NSUARB Handbook include Non-cash pension expense, principal payments of long term debt, depreciation expense on contributed assets, various depreciation adjustments and other comprehensive income gain.

# **Attachments**

Attachment 1: Financial results for the ten (10) months ended January 31, 2025.

Report prepared by:	Signed by: Warren Brake
	Warren Brake, CPA, CGA Manager of Accounting (902) 719-4814

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#### HALIFAX WATER UNAUDITED STATEMENT OF FINANCIAL POSITION - IFRS January 31, 2025 (in thousands)

						March 31	From Prior Year			
January 31 (in thousands)		2025		2024		2024		\$ Change	% Change	
Assets										
Current										
Cash and cash equivalents	\$	77,667	¢	54,661	¢	44,021	¢	23,006	42.1%	
Receivables	φ	11,007	φ	54,001	φ	44,021	φ	23,000	42.170	
Customer charges and contractual		18.826		19.245		21 546		(410)	(2.2%)	
Unbilled service revenues		24,496		24,270		21,546 20,959		(419)	(2.2%) 0.9%	
		,		,				226	0.9%	
Inventory		2,590		2,513		2,364		77		
Prepaids		973		1,726		1,735		(753)	(43.6%)	
		124,553		102,415		90,625		22,138	21.6%	
Intangible assets		34,622		20,723		35,989		13,899	67.1%	
Capital work in progress		196,180		145,162		114,374		51,018	35.1%	
Utility plant in service		1,279,232		1,264,995		1,297,942		14,237	1.1%	
Total assets		1,634,587		1,533,295		1,538,931		101,292	6.6%	
Regulatory deferral account		1,885		2,093		2,044		(208)	(9.9%)	
Total assets and regulatory deferral account	\$	1,636,472	\$	1,535,388	\$	1,540,974	\$	101,084	6.6%	
Liabilities										
Current										
Payables and accruals										
Trade		20.969		19,415		23,393		1.554	8.0%	
Non-trade		4.822		3,453		5,579		1,369	39.6%	
		2,292		3,455 1,400		3,062		892	63.7%	
Interest on long term debt Halifax Regional Municipality		2,292		,		,		7.624	291.8%	
				(2,613)		5,047		, -		
Contractor and customer deposits		1,617		3,394		1,095		(1,777)	(52.4%)	
Current portion of deferred contributed capital		19,260		18,836		19,260		424	2.3%	
Current portion of long term debt		32,881		56,933		39,832		(24,052)	(42.2%)	
Unearned revenue		2,766		2,590		157		176	6.8%	
		89,618		103,408		97,423		(13,790)	(13.3%)	
Deferred contributed capital		938,818		925,008		928,048		13,810	1.5%	
Long term debt		260,089		179,483		196,622		80,606	44.9%	
Employee benefit obligation		3,190		13,622		2,353		(10,432)	(76.6%)	
Total liabilities		1,291,715		1,221,521		1,224,445		70,194	5.7%	
Equity										
Accumulated other comprehensive loss		60,395		51,651		60,396		8,744	16.9%	
Accumulated surplus		284,362		262,216		256,130		22,145	8.4%	
Total equity		344,757		313,867		316,526		30,890	9.8%	
Total liabilities and equity	\$	1,636,472	\$	1,535,388	\$	1,540,972	\$	101,084	6.6%	

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#### HALIFAX WATER UNAUDITED STATEMENT OF EARNINGS AND COMPREHENSIVE EARNINGS - ALL SERVICES - IFRS APRIL 1, 2024 - JANUARY 31, 2025 (10 MONTHS) ACTUAL YEAR TO DATE COMPLETE: 83.33%

	тн	ACT YEAR T HIS YEAR	O D	ATE ST YEAR	N	APR 1/24 IAR 31/25 BUDGET	ACTUAL YEAR TO DATE as % of			ior Year			b Budget
		'000		'000		'000	BUDGET	\$ Char	ıge	% Change	\$ R	Remaining	% Remaining
Operating revenues													
Water	\$	47.378	\$	46,733	\$	54,832	86.41%	\$ 6	45	1.38%	\$	(7,454)	(13.59%)
Water	φ	77,432	φ	77,096	φ	89,330	86.68%		45 36	0.44%	φ	(11,897)	· ·
Stormwater		12,307		12,186		15,379	80.03%		21	1.00%		,	
												(3,072)	(19.97%)
Public fire protection		6,736		6,736		8,083	83.33%		(0)	(0.00%)		(1,347)	(16.67%)
Private fire protection		1,437		1,413		1,721	83.48%		24	1.68%		(284)	(16.52%
Other operating revenue		2,581 147.871		2,187 146,351		2,714 172,059	95.09% 85.94%	1.5	94	18.02% 1.04%		(133) (24,188)	(4.91%) ( <b>14.06%</b> )
Operating expenditures		147,071		140,001		172,000	00.0470	1,5	20	1.04 /0		(24,100)	(14.00 /0
Water supply and treatment		12,659		13,046		13,661	92.66%	(3	87)	(2.97%)		(1,002)	(7.34%)
Water transmission and distribution		12,980		9,923		14,066	92.28%	3,0		30.81%		(1,086)	(7.72%)
Wastewater collection		12,426		11,588		14,346	86.62%		38	7.24%		(1,920)	(13.38%)
Stormwater collection		5,202		4,218		5,816	89.44%		84	23.32%		(614)	• •
Wastewater treatment		21,698		19,644		26,368	82.29%	2,0		10.46%		(4,670)	(17.71%)
Engineering and technology services		15,635		12,031		17,757	88.05%	2,0		29.96%		(2,122)	(11.95%)
Regulatory compliance services		4,443		3,688		5,922	75.03%		55	29.90 %		(1,479)	(24.97%)
Customer services		3,890		3,680		4,507	86.32%		10	5.71%		(1,473) (617)	(13.68%)
										35.50%		. ,	
Corporate services		3,340		2,465		3,743	89.24%		75			(403)	(10.76%)
Administration services		4,594		3,767		10,267	44.75%		27	21.96%		(5,673)	(55.25%
Pension services		956		5,496		2,889	33.08%	(4,5		(82.61%)		(1,933)	(66.92%
Depreciation and amortization		47,437		41,167		53,666	88.39%	6,2		15.23%		(6,229)	(11.61%
		145,261		130,713		173,008	83.96%	14,5	48	11.13%		(27,747)	(16.04%)
Earnings (loss) from operations before financial													
and other revenues and expenditures		2,610		15,638		(948)	(275.23%)	(13,0	28)	(83.31%)		3,559	(375.23%)
Financial and other revenues													
Interest		91		249		383	23.74%	(1	58)	(63.48%)		(292)	(76.26%)
Amortization of contributed capital		11,316		12,439		19,260	58.75%	(1,1)		(03.40%)		(7,944)	(41.25%)
Other		528		408		615	85.84%		20	(9.03%) 29.49%		(7,944) (87)	(14.16%)
Other		11.935		13.096		20.258	58.91%	(1,1		(8.87%)		(8,323)	(41.09%)
		11,935		13,030		20,230	30.91/8	(1,1	01)	(0.07 /0)		(0,323)	(41.03 //
Financial and other expenditures													
Interest		0		0		0	0.00%		0	0.00%		0	0.00%
Interest on long term debt		7,523		5,473		9,375	80.24%	2,0	50	37.45%		(1,853)	(19.76%
Amortization of debt discount		203		183		245	82.97%		20	11.15%		(42)	(17.03%)
Dividend/grant in lieu of taxes		5,823		5,501		7,031	82.81%	3	22	5.85%		(1,209)	(17.19%)
Other		113		32		175	64.35%		80	249.36%		(62)	(35.65%)
		13,662		11,189		16,827	81.19%	2,4		22.10%		(3,166)	(18.81%)
												-	
Earnings for the year before	•		•	47 64-	•	0.400	05 5001		~~`	(04.078)		0	0.00%
other comprehensive earnings	\$	883	\$	17,545	\$	2,482	35.58%	\$ (16,6	62)	(94.97%)	\$	(1,599)	(64.42%)
												0	0.00%
Other comprehensive earnings		0		0		0	0.00%		0	0.00%		0	0.00%
	•							• · · • • -				0	0.00%
Total comprehensive earnings for the year	\$	883	\$	17,545	\$	2,482	35.58%	\$ (16,6	62)	(94.97%)	\$	(1,599)	(64.42%)

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#### HALIFAX WATER UNAUDITED STATEMENT OF FINANCIAL POSITION - NSUARB January 31, 2025 (in thousands)

Assets Current Cash and cash equivalents Receivables Customer charges and contractual Unbilled service revenues Inventory 18,826 24,496 24,270 2,590 2,513	21,546 20,959 2,364	\$ 23,006 (419) 226	42.1%
Current Cash and cash equivalents Receivables Customer charges and contractual Unbilled service revenues 24,496 24,270	21,546 20,959 2,364	(419)	
Cash and cash equivalents77,66754,661Receivables24,82619,245Unbilled service revenues24,49624,270	21,546 20,959 2,364	(419)	
ReceivablesCustomer charges and contractual18,826Unbilled service revenues24,49624,270	21,546 20,959 2,364	(419)	
Unbilled service revenues 24,496 24,270	20,959 2,364		
	2,364	226	(2.2%)
Inventory 2590 2513	,		0.9%
		77	3.1%
Prepaids 973 1,726		(753)	(43.6%)
124,553 102,415	90,625	22,138	21.6%
Utility plant in service 1,359,155 1,277,268	1,374,665	81,887	6.4%
Capital work in progress 196,180 145,162		51,018	35.1%
Total assets 1,679,888 1,524,845	1,579,665	155,043	10.2%
Regulatory deferral account 1,885 2,093	2,044	(208)	(9.9%)
Total assets and regulatory deferral account \$ 1,681,773 \$ 1,526,938		\$ 154,835	10.1%
Liabilities			
Current			
Payables and accruals			
Trade 20,969 19,415	23,393	1,554	8.0%
Non-trade 4,822 3,453		1,369	39.6%
Interest on long term debt 2,292 1,400	,	892	63.7%
Halifax Regional Municipality 5,011 (2,613)	,	7,624	291.8%
Contractor and customer deposits 1,617 3,394		(1,777)	(52.4%)
Current portion of long term debt 32,881 56,933	,	(24,052)	(42.2%)
Unearned revenue 2.766 2.590		176	6.8%
70,358 84,572		(14,214)	(16.8%)
-,	-,	( , , ,	( )
Long term debt 260,089 179,483	196,622	80,606	44.9%
Deferred contributions 122,695 110,394	,	12,301	11.1%
Total liabilities 453,141 374,449	372,458	78,692	21.0%
Equity			
Accumulated capital surplus 1,221,056 1,105,151	1,195,016	115,905	10.5%
Accumulated operating surplus 4,879 28,925		(24,046)	(83.1%)
Operating surplus used to fund capital 12,380 12,380	,	(0)	(0.0%)
Deficiency of revenues over expenditures (9,684) 6,033	,	(15,717)	(260.5%)
Total equity 1,228,632 1,152,489		76,143	6.6%
Total liabilities and equity \$ 1,681,773 \$ 1,526,938	\$ 1,581,706	\$ 154,835	10.1%

#### HALIFAX WATER UNAUDITED STATEMENT OF EARNINGS - ALL SERVICES - NSUARB APRIL 1, 2024 - JANUARY 31, 2025 (10 MONTHS) ACTUAL YEAR TO DATE COMPLETE: 83.33%

	ACTU YEAR TO		APR 1/24 MAR 31/25	ACTUAL YEAR TO DATE					
	THIS YEAR	LAST YEAR	BUDGET	as % of	From Pr	rior Year	Actual to Budget		
	'000	'000	'000	BUDGET	\$ Change	% Change	\$ Remaining	% Remaining	
Operating revenues									
Water	\$ 47,378	\$ 46,733 \$	54,832	86.41%	\$ 645	1.38%	\$ (7,454)	(13.59%	
Wastewater	77,432	77,096	89,330	86.68%	336	0.44%	(11,897)	(13.32%	
Stormwater site generated service	6,878	6,757	8,864	77.60%	121	1.79%	(1,986)	(22.40%	
Stormwater right of way service	5,430	5,429	6,515	83.33%	1	0.01%	(1,086)	(16.67%	
Fire protection (public and private)	8,173	8,149	9,804	83.36%	24	0.29%	(1,631)	(16.64%	
Other services and fees	1,543	1,274	1,551	99.49%	269	21.10%	(8)	(0.51%	
Late payment and other connection fees	460	456	640	71.94%	4	0.94%	(180)	(28.06%	
Miscellaneous	578	457	524	110.38%	121	26.46%	54	10.38%	
	147,871	146,351	172,059	85.94%	1,520	1.04%	(24,188)	(14.06%	
Operating expenditures	,	,	,						
Water supply and treatment	12,659	13,046	13,661	92.66%	(387)	(2.97%)	(1,002)	(7.34%	
Water transmission and distribution	12,980	9,923	14,066	92.28%	3,057	30.81%	(1,086)	(7.72%	
Wastewater collection	12,426	11,588	14,346	86.62%	838	7.24%	(1,920)	(13.38%	
Stormwater collection	5,202	4,218	5,816	89.44%	984	23.32%	(614)	(10.56%	
Wastewater treatment	21,698	19,644	26,368	82.29%	2,054	10.46%	(4,670)	(17.71%	
Engineering and technology services	15,635	12,031	17,757	88.05%	3,604	29.96%	(2,122)	(11.95%	
Regulatory compliance services	4,443	3,688	5,922	75.03%	755	20.48%	(1,479)	(24.97%	
Customer services	3,890	3,680	4,507	86.32%	210	5.71%	(617)	(13.68%	
Corporate services	3,340	2,465	3,743	89.24%	875	35.50%	(403)	(10.76%	
Administration services	4,594	3,767	10,267	44.75%	827	21.96%	(5,673)	(55.25%	
Depreciation and amortization	29,587	26,960	34,406	85.99%	2,627	9.74%	(4,819)	(14.01%	
	126,455	111,010	150,859	83.82%	15,445	13.91%	(24,404)	(16.18%	
Earnings from operations before financial									
and other revenues and expenditures	21,417	35,341	21,201	101.02%	(13,925)	(39.40%)	216	1.02%	
Financial and other revenues									
Interest	91	249	383	23.74%	(158)	(63.48%)	(292)	(76.26%	
Other	528	407	615	85.84%	121	29.67%	(87)	(14.16%	
	619	656	998	62.00%	(37)	(5.68%)	(379)	(38.00%	
Financial and other expenditures									
Interest on long term debt	7,523	5,473	9,375	80.24%	2,050	37.45%	(1,853)	(19.76%	
Repayment on long term debt	18,057	18,774	24,078	75.00%	(717)	(3.82%)	(6,020)	(25.00%	
Amortization of debt discount	203	183	245	82.97%	20	11.15%	(0,020)	(17.03%	
Dividend/grant in lieu of taxes	5,823	5,501	7,031	82.81%	322	5.85%	(1,209)	(17.19%	
Other	113	33	175	64.35%	80	241.72%	(1,200)	(35.65%	
	31,719	29,964	40,905	77.54%	1,755	5.86%	(9,186)	(22.46%	
Earnings (loss) for the year	\$ (9,684)	\$ 6,033 \$	6 (18,706)	51.77%	\$ (15,717)	(260.51%)	\$ 9,023	(48.23%	

#### HALIFAX WATER UNAUDITED STATEMENT OF EARNINGS - WATER - NSUARB APRIL 1, 2024 - JANUARY 31, 2025 (10 MONTHS) ACTUAL YEAR TO DATE COMPLETE: 83.33%

		ACTU YEAR TO	DATE		APR 1/24 ACTUAL MAR 31/25 YEAR TO DATE			From Prior Year			Actual to Budget		
	THIS	YEAR '000	LAST YE	AR 000	BUDGET '000	as % of BUDGET	¢	From Pric Change	or Year % Change	¢D	Actual to emaining	Budget % Remaining	
		000			000	BODGET		Change	// Change		emaining	/ Remaining	
Operating revenues - Water													
Water	\$	47,378	\$ 46,	733 \$	54,832	86.41%	\$	645	1.38%	\$	(7,454)	(13.59%	
Public fire protection		6,736	6,	736	8,083	83.33%		(0)	(0.00%)		(1,347)	(16.67%	
Private fire protection		1,437	1,	413	1,721	83.48%		24	1.68%		(284)	(16.52%	
Bulk water stations		191		239	369	51.76%		(48)	(20.07%)		(178)	(48.24%	
Late payment and other connection fees		155		148	205	75.74%		7	5.06%		(50)	(24.26%	
Miscellaneous		287		250	269	106.76%		37	14.80%		18	6.76%	
		56,184	55,	519	65,480	85.80%		665	1.20%		(9,295)	(14.20%	
Operating expenditures - Water													
Water supply and treatment		12,659	13,	046	13,661	92.66%		(387)	(2.97%)		(1,002)	(7.34%	
Water transmission and distribution		12,980	9,	923	14,066	92.28%		3,057	30.81%		(1,086)	(7.72%	
Engineering and technology services		6,030	4.	566	6,412	94.05%		1.464	32.07%		(382)	(5.95%	
Regulatory compliance services		1,452		883	1,647	88.13%		569	64.39%		(195)	(11.87%	
Customer services		1.984	1.	966	2,299	86.30%		18	0.92%		(315)	(13.70%	
Corporate services		1,703		366	1,909	89.23%		337	24.70%		(206)	(10.77%	
Administration services		2,288		060	5,236	43.70%		228	11.08%		(2,948)	(56.30%	
Depreciation and amortization		11.807	10.		12,959	91.11%		863	7.89%		(1,152)	(8.89%	
		50,904	44,	-	58,189	87.48%		6,150	13.74%		(7,286)	(12.52%	
Earnings from operations before financial		,	,		,			-,			(1,200)	(1=10=70	
and other revenues and expenditures		5,280	10,	765	7,290	72.43%		(5,485)	(50.95%)		(2,010)	(27.57%	
Financial and other revenues													
Interest		185		242	372	49.78%		(57)	(23.46%)		(187)	(50.22%	
Other		447		327	458	97.52%		120	36.65%		(11)	(2.48%	
		632		569	830	76.13%		63	11.08%		(198)	(23.87%	
Financial and other expenditures													
Interest on long term debt		3.196	2	072	4.109	77.79%		1.124	54.25%		(913)	(22.21%	
Repayment on long term debt		5,827		100	6,997	83.28%		727	14.26%		(1,170)	(16.72%	
Amortization of debt discount		86	0,	72	112	76.19%		14	18.89%		(27)	(23.81%	
Dividend/grant in lieu of taxes		4,976	4	729	6,005	82.86%		247	5.21%		(1,029)	(17.14%	
Other		104	ч,	30	130	80.12%		74	247.85%		(1,023)	(19.88%	
		14,189	12,		17,353	81.76%		2,186	18.21%		(3,165)	(19.88%	
Loss for the year	\$	(8,276)	¢ (/	669)\$	(9,233)	89.64%	\$	(7,607)	1137.10%	s	957	(10.36%	

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#### HALIFAX WATER UNAUDITED STATEMENT OF EARNINGS - WASTEWATER - NSUARB APRIL 1, 2024 - JANUARY 31, 2025 (10 MONTHS) ACTUAL YEAR TO DATE COMPLETE: 83.33%

	ACTU YEAR TO		APR 1/24 MAR 31/25	ACTUAL YEAR TO DATE				
	THIS YEAR	LAST YEAR	BUDGET	as % of	From Pri	or Year	Actual to	Budget
	'000	'000	'000	BUDGET	\$ Change	% Change	\$ Remaining	% Remaining
Operating revenues - Wastewater								
Wastewater	\$ 77,432	\$ 77,096 \$	89,330	86.68%	\$ 336	0.44%	\$ (11,897)	(13.32%)
Leachate and other contract revenue	453	458	507	89.41%	(5)	(1.08%)	(54)	(10.59%)
Septage tipping fees	714	482	570	125.26%	232	48.13%	144	25.26%
Overstrength surcharge	118	0	0	0.00%	118	0.00%	118	0.00%
Airplane effluent	67	95	105	63.72%	(28)	(29.57%)	(38)	(36.28%)
Late payment and other connection fees	252	243	253	99.58%	9	3.80%	(1)	(0.42%)
Miscellaneous	147	117	187	78.17%	30	25.24%	(41)	(21.83%)
-	79,183	78,491	90,952	87.06%	692	0.88%	(11,769)	(12.94%)
Operating expenditures - Wastewater								· · · · · ·
Wastewater collection	12,426	11,588	14,346	86.62%	838	7.24%	(1,920)	(13.38%)
Wastewater treatment	21,698	19,644	26,368	82.29%	2,054	10.46%	(4,670)	(17.71%)
Engineering and technology services	7,876	6,165	9,335	84.38%	1,711	27.76%	(1,459)	(15.62%)
Regulatory compliance services	1,492	1,292	1,889	79.00%	200	15.51%	(397)	(21.00%)
Customer services	1,757	1,574	2,029	86.57%	183	11.60%	(272)	(13.43%)
Corporate services	1,473	989	1,651	89.22%	484	48.94%	(178)	(10.78%)
Administration services	2,064	1,539	4,528	45.58%	525	34.10%	(2,464)	(54.42%)
Depreciation and amortization	15,188	13,665	18,396	82.56%	1,523	11.15%	(3,208)	(17.44%)
	63,975	56,456	78,542	81.45%	7,519	13.32%	(14,567)	(18.55%)
Earnings from operations before financial	,	,	,					
and other revenues and expenditures	15,208	22,035	12,410	122.55%	(6,827)	(30.98%)	2,798	22.55%
Financial and other revenues								
Interest	108	90	139	77.77%	18	20.01%	(31)	(22.23%)
Other	81	80	157	51.66%	1	1.15%	(76)	(48.34%)
-	189	170	296	63.93%	19	11.13%	(107)	(36.07%)
Financial and other expenditures								
Interest on long term debt	3,356	2,782	4,122	81.42%	574	20.65%	(766)	(18.58%)
Repayment on long term debt	10,251	11,605	14,587	70.27%	(1,354)	(11.67%)	(4,337)	(29.73%)
Amortization of debt discount	95	91	104	91.04%	4	4.40%	(9)	(8.96%)
Dividend/grant in lieu of taxes	699	656	844	82.76%	43	6.51%	(146)	(17.24%)
Other	8	3	45	18.69%	5	180.35%	(37)	(81.31%)
-	14,409	15,137	19,703	73.13%	(728)	(4.81%)	(5,294)	(26.87%)
Earnings (loss) for the year	\$ 988 \$	\$ 7,068 \$	(6,998)	(14.11%)	\$ (6,080)	(86.03%)	\$ 7,985	(114.11%)

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#### HALIFAX WATER UNAUDITED STATEMENT OF EARNINGS - STORMWATER - NSUARB APRIL 1, 2024 - JANUARY 31, 2025 (10 MONTHS) ACTUAL YEAR TO DATE COMPLETE: 83.33%

		ACTUA YEAR TO THIS YEAR		APR 1/24 ACTUAL MAR 31/25 YEAR TO DATE BUDGET as % of			From Pri	or Voar	Actual to Budget			
		'000	'000	'000	BUDGET	\$	Change	% Change	\$ R	emaining	% Remaining	
Operating revenues - Stormwater												
Stormwater site generated service	\$	6.878 \$	6.757 \$	8.864	77.60%	\$	121	1.79%	\$	(1,986)	(22.40%)	
Stormwater right of way service	•	5.430	5.429	6.515	83.33%	·	1	0.01%		(1,086)	(16.67%)	
Late payment and other connection fees		53	65	181	29.01%		(12)	(19.11%)		(129)	(70.99%)	
Miscellaneous		144	90	67	214.70%		54	60.41%		77	114.70%	
		12,504	12,341	15.627	80.02%		163	1.32%		(3,123)	(19.98%)	
Operating expenditures - Stormwater		,	1-	- / -						(-) -)	( • • • • • • • • • •	
Stormwater collection		5,202	4,218	5,816	89.44%		984	23.32%		(614)	(10.56%)	
Engineering and technology services		1.728	1,300	2.010	85.98%		428	32.93%		(282)	(14.02%)	
Regulatory compliance services		1,499	1,513	2,386	62.84%		(14)	(0.90%)		(887)	(37.16%)	
Customer services		150	140	179	83.60%		10	6.89%		(29)	(16.40%)	
Corporate services		164	110	183	89.43%		54	48.79%		(19)	(10.57%)	
Administration services		242	168	503	48.15%		74	44.17%		(261)	(51.85%)	
Depreciation and amortization		2,591	2,351	3,050	84.96%		240	10.21%		(459)	(15.04%)	
•		11,576	9,800	14,127	81.94%		1,776	18.12%		(2,551)	(18.06%)	
Earnings from operations before financial												
and other revenues and expenditures		928	2,541	1,500	61.87%		(1,613)	(63.47%)		(572)	(38.13%)	
Financial and other revenues												
Interest		(202)	(83)	(128)	158.11%		(119)	143.71%		(74)	58.11%	
Other		0	0	0	0.00%		0	0.00%		Ő	0.00%	
		(202)	(83)	(128)	158.11%		(119)	143.71%		(74)	58.11%	
Financial and other expenditures												
Interest on long term debt		970	619	1,144	84.79%		351	56.75%		(174)	(15.21%)	
Repayment on long term debt		1,980	2,069	2,493	79.40%		(89)	(4.31%)		(514)	(20.60%)	
Amortization of debt discount		23	20	28	80.15%		ົ່ິ	14.02%		(6)	(19.85%)	
Dividend/grant in lieu of taxes		148	116	182	81.36%		32	27.94%		(34)	(18.64%)	
-		3,121	2,824	3,849	81.10%		297	10.53%		(727)	(18.90%)	
Earnings (loss) for the year	\$	(2,395) \$	(366) \$	(2,476)	96.74%	\$	(2,029)	554.65%	\$	81	(3.26%)	

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#### HALIFAX WATER UNAUDITED STATEMENT OF EARNINGS - REGULATED AND UNREGULATED ACTIVITIES - NSUARB APRIL 1, 2024 - JANUARY 31, 2025 (10 MONTHS) ACTUAL YEAR TO DATE COMPLETE: 83.33%

		ACTUA YEAR TO I		APR 1/24 MAR 31/25	ACTUAL YEAR TO DATE				
		THIS YEAR	LAST YEAR	BUDGET	as % of	From Prio	r Year	Actual to	o Budget
		'000	'000	'000	BUDGET	\$ Change	% Change	\$ Remaining	% Remaining
<b>REGULATED ACTIVITIES</b>									
Operating revenues									
Water	\$	47,378 \$			86.41%	\$ 645	1.38%	\$ (7,454)	
Wastewater		77,432	77,096	89,330	86.68%	336		(11,897)	
Stormwater		12,307	12,186	15,379	80.03%	121	1.00%	(3,072)	(19.97%)
Public fire protection		6,736	6,736	8,083	83.33%	(0)		(1,347)	(16.67%)
Private fire protection		1,437	1,413	1,721	83.48%	24	1.68%	(284)	(16.52%)
Miscellaneous		1,347	1,152	1,532	87.90%	195	16.94%	(185)	(12.10%)
		146,637	145,316	170,878	85.81%	1,321	0.91%	(24,240)	(14.19%)
Operating expenditures									
Water supply and treatment		12,655	13,041	13,661	92.63%	(386)	) (2.96%)	(1,006)	(7.37%)
Water transmission and distribution		12,980	9,923	14,066	92.28%	3,057	30.81%	(1,086)	(7.72%)
Wastewater collection		12,372	11,540	14,285	86.61%	833	7.22%	(1,912)	(13.39%)
Stormwater collection		5,202	4,218	5,816	89.44%	984	23.32%	(614)	(10.56%)
Wastewater treatment		20,953	18,964	25,571	81.94%	1,988	10.49%	(4,618)	(18.06%)
Engineering and technology services		15,635	12,031	17,757	88.05%	3,604	29.96%	(2,122)	(11.95%)
Regulatory compliance services		4,443	3,688	5,922	75.03%	755	20.48%	(1,479)	(24.97%)
Customer services		3,852	3,684	4,467	86.23%	168	4.56%	(615)	(13.77%)
Corporate services		3,325	2,461	3,730	89.15%	865	35.14%	(405)	(10.85%)
Administration services		4,501	3,734	10,130	44.43%	767	20.55%	(5,629)	(55.57%)
Depreciation and amortization		29,570	26,943	34,371	86.03%	2,627	9.75%	(4,801)	(13.97%)
	-	125,489	110,226	149,776	83.78%	15,263	13.85%	(24,287)	(16.22%)
Earnings from operations before financial	-		,	,		· · · ·			
and other revenues and expenditures		21,148	35,090	21,101	100.22%	(13,942)	(39.73%)	47	0.22%
Financial and other revenues									
Interest		91	249	511	17.80%	(158)	) (63.48%)	(420)	(82.20%)
Other		17	5	28	60.20%	12	215.21%	(11)	(39.80%)
		108	254	539	20.02%	(146)	) (57.58%)	(431)	(79.98%)
Financial and other expenditures									
Interest on long term debt		7,523	5,473	9,375	80.24%	2,050	37.45%	(1,853)	(19.76%)
Repayment on long term debt		18,057	18,774	24,078	75.00%	(717)	) (3.82%)	(6,020)	(25.00%)
Amortization of debt discount		203	183	245	82.97%	20	11.15%	(42)	(17.03%)
Dividend/grant in lieu of taxes		5,823	5,501	7,031	82.81%	322	5.85%	(1,209)	(17.19%)
-		31,606	29,931	40,730	77.60%	1,675	5.60%	(9,123)	(22.40%)
Earnings (loss) for the year - Regulated	\$	(10,350) \$	5,413	\$ (19,089)	54.22%	\$ (15,764)	) (291.19%)	\$ 8,739	(45.78%)

#### HALIFAX WATER UNAUDITED STATEMENT OF EARNINGS - REGULATED AND UNREGULATED ACTIVITIES - NSUARE APRIL 1, 2024 - JANUARY 31, 2025 (10 MONTHS) ACTUAL YEAR TO DATE COMPLETE: 83.33%

		ACTUAL YEAR TO DATE			APR 1/24 MAR 31/25	ACTUAL YEAR TO DATE						
	٦	HIS YEAR '000	LAST YEAR '000	-	BUDGET '000	as % of BUDGET	From Prio \$ Change		Year % Change	Actual t 33		Budget % Remaining
UNREGULATED ACTIVITIES												
Operating revenues												
Septage tipping fees	\$	714	\$ 482	\$	570	125.26%	\$	232	48.13%	\$	144	25.26%
Leachate and other contract revenue		453	458		507	89.41%		(5)	(1.08%)		(54)	(10.59%)
Airplane effluent		67	95		105	63.72%		(28)	(29.57%)		(38)	(36.28%)
		1,234	1,035		1,182	104.42%		199	19.22%		52	4.42%
Operating expenditures												
Water supply and treatment		4	5		0	0.00%		(2)	(29.16%)		4	0.00%
Wastewater treatment		745	680		797	93.53%		66	9.66%		(52)	(6.47%)
Wastewater collection		54	48		61	88.26%		6	12.05%		(7)	(11.74%)
Sponsorships and donations		38	1		80	47.88%		37	3473.32%		(42)	(52.12%)
Corporate services		15	4		13	113.67%		10	233.33%		2	13.67%
Administration services		93	28		97	95.65%		65	233.33%		(4)	(4.35%)
Depreciation and amortization		17	17		34	47.91%	_	(1)	(4.69%)		(18)	(52.09%)
		966	784		1,083	89.19%		182	23.17%		(117)	(10.81%)
Earnings from operations before financial												
and other revenues and expenditures		268	251		99	270.54%		17	6.89%		169	170.54%
Financial and other revenues												
Other - leases and rentals		338	222		368	91.71%		115	51.85%		(30)	(8.29%)
Other - energy projects		173	179		219	79.25%		(6)	(3.39%)		(45)	(20.75%)
		511	402		587	87.07%		109	27.18%		(76)	(12.93%)
Financial and other expenditures												
Other		113	33		175	64.35%		80	241.72%		(62)	(35.65%)
		113	33		175	64.35%		80	241.72%		(62)	(35.65%)
Earnings for the year - Unregulated	\$	666	\$ 620	\$	511	130.51%	\$	47	7.54%	\$	156	30.51%
Total earnings (loss) for the year (Regulated and Unregulated)	¢	(9,684)	\$ 6.033	¢	(18,578)	52.12%	e	(15,717)	(260.51%)	\$	8.895	(47.88%)

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TO:	Colleen Rollings, P.Eng., PMP., Chair and Members of the Halifax Regional Water Commission Board
SUBMITTED BY:	Signed by:
	Louis de Mantbrun, CPA, CA, Director of Corporate Services/CFO
	Josh Der Kenda MacKenzie
APPROVED:	Kenda MacKenzie, P.Eng., CEO & General Manager
DATE:	March 12, 2025
SUBJECT:	Capital Expenditures for the ten months ended January 31, 2025

### <u>ORIGIN</u>

Financial information reporting.

### BACKGROUND

At the March 6, 2025, meeting of the Halifax Water Audit and Finance Committee, the attached Capital Expenditures as of January 31, 2025, report was reviewed and discussed. The Committee approved forwarding the report to the Halifax Water Board for their information.

#### DISCUSSION

No additional information was requested to be brought forward to the Halifax Water Board meeting following the discussion of the attached at the Committee meeting.

#### **ATTACHMENT**

1. Report to the Halifax Water Audit & Finance Committee dated February 27, entitled Item #4 – Capital Expenditures for the Ten Months ended January 31, 2025.



TO:	Chair and Members of the Halifax Regional Water Commission Audit and Finance Committee
SUBMITTED BY:	ACCDOCOTAE DOTATION, CPA, CA Director, Corporate Services/CFO
	Josh De Young, P.Eng.
APPROVED:	Director, Engineering & Capital Infrastructure
	Signed by: Kenda MacKenzie
	Kenda MacKenzie, P.Eng. General Manager & CEO
DATE:	February 27, 2025
SUBJECT:	Capital Expenditures for the ten months ended January 31, 2025

# <u>ORIGIN</u>

The Corporate Balanced Scorecard (CBS) identifies the percentage of current year capital budget spent by the end of the fiscal year as a critical success factor and sets a target of 70-80%. There is an additional CBS target of \$135 million in capital spend during the year.

### RECOMMENDATION

It is recommended the Audit and Finance Committee forward the Capital Expenditures for the ten months ended January 31, 2025, to the Halifax Water Board for their information.

# BACKGROUND

The Halifax Regional Water Commission (Halifax Water) Board reviews financial information throughout the year. Halifax Water's 2019 *Integrated Resource Plan* (IRP) identifies a 30-year

capital investment plan valued at \$2.7 Billion (net present value - 2019). In relation to the IRP, the capital budget program focuses on providing required infrastructure for asset renewal, regulatory compliance, and growth. The IRP calls for delivery of an average of \$135 million in capital projects per year. Halifax Water's annual capital budget, and capability to deliver capital projects, has not yet reached this level.

# DISCUSSION

Below is the breakdown by asset class and project status of the expenditures for the ten months ended January 31, 2025. The total budget available of \$358.4 million represents total approved budgets as at January 31, 2025. Halifax Water has spent \$201.1 million to date on active projects, \$112.7 million incurred prior to April 1, 2024, and expenditures of \$88.4 million in the current fiscal year.

The total capital budget remaining to be spent at January 31, 2025 is \$157.3 million.

Total expenditures as a percentage of the total budget available is 56.1%. Expenditures in the current fiscal year as a percentage of the current year capital budget is 58.0%.

The average capital spend per month compared to prior year has increased from \$4.8 million to \$8.8 million.

Budget Category	otal Budget Available	 penditures to arch 31, 2024	Ар	xpenditures ril 1, 2024 to uary 31, 2025	Total xpenditures to anuary 31, 2025	A	naining Budget vailable as of nuary 31, 2025	Total Expenditures to January 31, 2025 as a Percentage of Total Budget Available
Water	\$ 108,177,160	\$ 41,297,364	\$	30,539,690	\$ 71,837,054	\$	36,340,106	66.4%
Wastewater	127,659,248	34,103,123		28,019,515	62,122,638		65,536,610	48.7%
Stormwater	27,235,130	9,682,314		9,469,579	19,151,893		8,083,237	70.3%
Corporate	94,319,077	27,646,935		20,351,197	47,998,132		46,320,945	50.9%
District Energy	 1,030,000	-		-	-		1,030,000	0.0%
	\$ 358,420,614	\$ 112,729,735	\$	88,379,982	\$ 201,109,717	\$	157,310,897	56.1%

# Capital Expenditure Report

The achievement of annual targets for the current fiscal year have been significantly influenced by the timing of several major projects. The NSUARB has granted approval for the Burnside Operations Centre, enabling the project team to commence construction in the spring of 2025. The procurement process for the Biosolids Processing Facility continues. The Fairview Cove Trunk Sewer is anticipated to be tendered in 2025, contingent upon the finalization of land agreements with the relevant parties. Similarly, the Highway 118 water main crossing is projected to be tendered in 2025. The Mill Cove WWTF Upgrades project is undergoing a project delivery review.

The timing of these projects in achieving their respective milestones will have a substantial impact on capital expenditures for the current fiscal year. It is also common to have projects see increases in capital recorded in the final months of the year as work is completed and project documentation is received, especially on HRM integrated works.

Report prepared by:	Signed by: Warren Brake	
	Warren Brake, Manager of Accounting, (902) 719-4814	



TO:	Colleen Rollings, P.Eng., PMP., Chair and Members of the Halifax Regional
	Water Commission Board
SUBMITTED BY:	Signed by: Le mod
	Louis de Montbrun, CPA, CA Director, Corporate Services/CFO
APPROVED:	Kenda MacKenzie
	Kenda MacKenzie, P.Eng., Acting CEO & General Manager
DATE:	March 19, 2025
SUBJECT:	2025 Spring Debenture

# <u>ORIGIN</u>

Halifax Regional Water Commission (Halifax Water) participation in the Spring 2025 Nova Scotia Finance and Treasury Board Municipal Finance Division (NSFTB) debenture issue secure debt financing for 2024/25 additions to utility plant in service and re-finance a balloon payment on existing debt.

### RECOMMENDATION

It is recommended that the Halifax Water Board approve the following motion:

1. Approve the financing of \$34,000,000 with a thirty-year amortization term and finance over ten years. The maximum all-inclusive rate is not to exceed 6.5%.

## BACKGROUND

At the March 6, 2025, meeting of the Halifax Water Audit and Finance Committee (the Committee), the attached 2025 Spring Debenture report dated March 3, 2025, was reviewed and discussed.

# DISCUSSION

No additional information was requested to be brought forward to the Halifax Water Board meeting following the discussion of the attached at the Committee meeting.

# **BUDGET IMPLICATIONS**

The Nova Scotia Finance and Treasury Board Municipal Finance Division (NSFTB) is recommending using an interest rate not to exceed 6.5%. If the interest rate is to reach 6.5%, interest expense for 2025-26 will increase \$312,500

## **ATTACHMENT**

1. Report to the Halifax Water Audit and Finance Committee regarding the 2025 Spring Debenture including the Borrowing Resolution.

Report Prepared by:	Signed by: Fabrio Alonso 092000031507474	
	Fabio Alonso, Manager, Finance	
Financial Reviewed by:	AB5DB874EBC1467	
	Louis de Montbrun, CPA, CA	
	Director, Corporate Services/CFO	



TO:	Chair and Members of the Halifax Regional Water Commission Audit and
SUBMITTED BY:	Finance Committee Signed by: A03D0874EBC1407 Louis de Montbrun, CPA, CA, Director, Corporate Services/CFO
APPROVED:	Kenda MacKenzie Kenda MacKenzie Kenda MacKenzie, P.Eng., CEO & General Manager
DATE:	March 3, 2025
SUBJECT:	Spring 2025 Debenture

# <u>ORIGIN</u>

Halifax Regional Water Commission (Halifax Water) participation in the Spring 2025 Nova Scotia Finance and Treasury Board Municipal Finance Division (NSFTB) debenture issue secure debt financing for 2025/26 additions to utility plant in service.

# **RECOMMENDATION**

It is recommended that the Halifax Water Audit and Finance Committee recommend the Board approve the following motions:

1. Approve the financing of \$34,000,000 with a thirty-year amortization term and finance over ten years. The maximum all-inclusive rate is not to exceed 6.5%.

# BACKGROUND

Halifax Water is legally required to borrow through the NSFTB. The borrowing proposed in this report is estimated using the One Year Business Plan, the approved Operating and Capital Budgets for 2025/26, and the rate schedule approved by the Nova Scotia Utility and Review Board.

# **DISCUSSION**

The 2025/26 Operating Budget was prepared based on issuing new debt of \$68.0 million to finance water, wastewater, and stormwater additions to utility plant in service. The \$68.0 million will be applied to water, wastewater, and stormwater as follows:

Water \$30.0 million

Wastewater \$30.0 million

Stormwater \$8.0 million

Halifax Water is recommending issuing a portion of the new debt in the Spring of 2025 as follows:

Wastewater \$15.0 million

Stormwater \$4.0 million

In the recommendation, Halifax Water uses a rate of 6.5% as recommended by NSFTB. This would be the upper limit that Halifax Water can finance debt. If the actual interest rate is greater than 6.5%, a revised report will be required for the Board. If the actual interest rate is lower than 6.5%, a revised report is not required.

The final interest rates and timing of the debt issues will not be known with certainty until NSFTB concludes the formal debenture process.

Halifax Water's debt is covered by a blanket guarantee approved by Halifax Regional Municipality (HRM) Council in September 2014. The blanket guarantee will apply to all Halifax Water debt with a condition that Halifax Water must maintain a debt service ratio of 35% or less. Halifax Water's debt service ratio is 17.06% as of January 31, 2025. The debt service ratio is calculated as the cost of debt interest, principal and discount payments divided by the total Operating Revenue as found on the income statement (NSUARB format).

Halifax Water's outstanding debt on January 31, 2025 (including the current portion) was \$260.1 million, and debt is projected to remain the same until year end as no principal payments are due prior to March 31,2025.

# **BUDGET IMPLICATIONS**

The 2025/26 budget includes \$33.1 million in debt servicing costs. Halifax Water's capital financing strategy is designed to maintain a debt service ratio of 35% or less; and to use a mixture of infrastructure funding, development related charges (reserves), depreciation, and debt.

The budget was based on an all-inclusive rate of 5.00% on both new and refinanced debt. The Spring 2024 debenture had an all-inclusive rate of 4.71% and the expectation is this Spring refinancing will be similar.

If Halifax Water issues \$34.0 million of debt in Spring and \$49.4 million in the Fall, principal and interest costs will decrease over what had been budgeted in 2024/25 by \$0.6 million.

Attachment 2 provides a cash flow estimate for the 2025/26 fiscal year. The model estimates capital expenditure for the year to be \$133.0 million. If expenditures begin to trend higher than projected, Halifax Water would issue additional debt in November 2025.

# **ATTACHMENTS**

- 1. Borrowing Resolution for \$34.0 million of debt.
- 2. Cash Flow Model for 2025/26 based on approved Operating and Capital Budgets and anticipated cash flow.

Report Prepared by:

—signed by: Fabio Alonso

Fabio Alonso, Manager of Finance

## HALIFAX REGIONAL WATER COMMISSION BORROWING RESOLUTION

WHEREAS the Halifax Regional Water Commission (Halifax Water), is incorporated under the provisions of the *Halifax Regional Water Commission Act*, Ch. 55 of the Acts of 2007 (the "Act");

AND WHEREAS the Act provides that Halifax Water has power to borrow such sums as may be authorized and approved by the Board of the Commission for the purposes of the Commission, subject to the approval of the Nova Scotia Utility and Review Board;

AND WHEREAS Halifax Water wishes to borrow \$34,000,000 for the purpose of financing regular additions to utility plant in service for a 30-year amortization period;

AND WHEREAS a blanket guarantee for Halifax Water Debt was approved by the Halifax Regional Municipality on September 23, 2014;

## BE IT RESOLVED THAT:

- 1. Under the authority of Section 16 of the *Act*, Halifax Water borrow from the Nova Scotia Finance and Treasury Board Municipal Finance Division, for the purpose set forth above, a sum or sums not exceeding \$34,000,000 with a thirty-year amortization term and finance over ten years. The maximum all-inclusive rate is not to exceed 6.5% percent;
- 2. The sum noted above be borrowed by the issue of debentures of Halifax Water to such an amount as Halifax Water deems necessary and that the debentures be arranged with the Nova Scotia Finance and Treasury Board Municipal Finance Division, with interest to be paid semi-annually and principal payments made annually; and
- 3. This resolution remains in force for a period of not more than 12 months from the passing of this resolution.

I certify the above to be a true copy of a Resolution approved at a meeting of the Halifax Water Board of Directors held on March 27, 2025.

Liana Rintoul General Counsel and Corporate Secretary

Operating Revenues	Original <u>Budget</u>	Forecast	Adjustments for Cash Flow	Cash Flow	March	Apr	May	Jun	lut	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Total
Revenues	158,308,577	158,308,577		158,308,577	14,479,679	13,192,381	13,192,381	13,192,381	13,192,381	13,192,381	13,192,381	13,192,381	13,192,381	13,192,381	13,192,381	13,192,381	13,192,381	158,308
Seasonality adjustment		· · ·				300,000	300,000			500,000	500,000	500,000			300,000 -	- 300,000 -	300,000	
Fire Protection	9,794,000	9,794,000		9,794,000							9,794,000							9,79
HRM SW Right of Way	6,515,400 174,617,977	6,515,400		6,515,400	14,479,679	12,892,381	12,892,381	13,192,381	13,192,381	13,692,381	6,515,400 30,001,781	13,692,381	13,192,381	13,192,381	12,892,381	12,892,381	12,892,381	6,51
	,,														,,			
Operating Expenses		129.081.763	- 2,600,000	126.481.763		10 540 147	10 540 147	10 540 147	10 540 147	10 540 147	10 540 147	10 540 147	10 540 147	10 540 147	10 540 147	10 540 147	10 540 147	126.48
Monthly Expenses	129,081,763	129,081,763	<ul> <li>2,600,000</li> <li>2,600,000</li> </ul>	126,481,763 2,600,000	11,601,328	10,540,147	10,540,147	10,540,147	10,540,147	10,540,147 1,300,000	10,540,147	10,540,147	10,540,147	10,540,147	10,540,147 1,300,000	10,540,147	10,540,147	126,481
Months with a third or special pays Pension Expense			2,600,000	2,600,000						1,300,000					1,300,000			2,60
Total	129,081,763	129,081,763		129,081,763	11,601,328	10,540,147	10,540,147	10,540,147	10,540,147	11,840,147	10,540,147	10,540,147	10,540,147	10,540,147	11,840,147	10,540,147	10,540,147	129,08
Non Op Revenue	4																	
Interest & Non Op Revenue Provincial Funding	1,085,195	1,085,195	-	1,085,195	92,750	90,433	90,433	90,433	90,433	90,433	90,433	90,433	90,433	90,433	90,433	90,433	90,433	1,085
Total	1,085,195	1,085,195		1,085,195	92,750	90,433	90,433	90,433	90,433	90,433	90,433	90,433	90,433	90,433	90,433	90,433	90,433	1,085
	1,003,133	2,003,233		1,003,133	52,755	50,455	30,433	30,433	50,455	50,455	30,433	50,435	30,433	30,433	50,433	50,455	30,433	1,003
Non Op Expenses	۱ <u> </u>																	
LT Debt Appropriation	20,513,855	20,513,855																
LT Debt Interest LT Debt P Repayment - existing	12,291,183	12,291,183	<ul> <li>12,291,183</li> <li>21,280,027</li> </ul>	- 21,280,027			3,020,412		1,140,000		5,500,000	4,746,631	6,592,984		280,000			21,280
LT Debt I Repayment - existing	322,704		6,564,178	6.564.178		1,322,326	1.744.782		193.642		163.350	1.227.396	1,727,013		185.669			6,564
LT Debt P & I Repayment - balloon			19,096,986	19,096,986		-,,0	247,043	3,114,318				1,111,1250	15,735,625		,			19,096
Bond Discount	279,171	279,171																
Dividend	7,236,050	7,236,050		7,236,050	6,589,000												7,236,050	7,236
Depreciation Other	39,923,680 130,244	39,923,680 130,244	- 39,923,680	- 130,244		10,854	10,854	10,854	10,854	10,854	10,854	10,854	10,854	10,854	10,854	10,854	10,854	130
Total	80,696,887	80,374,183	- 26,066,698	54,307,485	6,589,000	1,333,180	5,023,091	3,125,172	1,344,495	10,854	5,674,204	5,984,881	24,066,476	10,854	476,522	10,854	7,246,904	54,307
Operations Total	- 34,075,478 -	33,752,774	26,066,698	- 7,686,076	- 3,617,899	1,109,488 ·	2,580,423 -	382,505	1,398,172	1,931,814	13,877,864	2,742,213 -	21,323,808	2,731,814	666,145	2,431,814 -	4,804,236 -	7,686
Capital Expenditures																		
Capital Budget	132,994,000	132,994,000	- 12,097,000	120,897,000	14,500,000	11,082,833	11,082,833	11,082,833	11,082,833	11,082,833	11,082,833	11,082,833	11,082,833	11,082,833	11,082,833	11,082,833	11,082,833	132,994
Water	35,055,000																	
ww	31,578,000																	
SW Corporate	24,811,000 41,550,000																	
District Energy	41,550,000																	
Less Capital Additions donated							-			-			-					
Total	132,994,000	132,994,000	- 12,097,000	120,897,000	14,500,000	11,082,833	11,082,833	11,082,833	11,082,833	11,082,833	11,082,833	11,082,833	11,082,833	11,082,833	11,082,833	11,082,833	11,082,833	132,994
New Long Term Debt Soring	34,000,000						33,745,000											33,745
Balloon Refinancing	15,403,516	15,403,516	- 115,526	15,287,990			35,745,000					15,403,516						15,403
Fall	34,000,000	34,000,000	- 255,000	33,745,000								33,745,000						33,745
Total	83,403,516	49,403,516	- 370,526	49,032,990	· ·		33,745,000					49,148,516						82,893
Other Incoming Cash	1																	
CCC - Bedford West				-														
CCC - Other Build Canada																		
Build Canada Energy Rebates & Other External	-																	
Sale of Watershed Land																		
RDC	20,000,000	20,000,000		20,000,000	3,000,000	1,700,000	1,700,000	1,700,000	1,700,000	1,700,000	1,700,000	1,700,000	1,700,000	1,700,000	1,700,000	1,700,000	1,700,000	20,400
Reserves proceeds Total	20,000,000	20,000,000		20,000,000	3,000,000	1,700,000	1,700,000	1,700,000	1,700,000	1,700,000	1,700,000	1,700,000	1,700,000	1,700,000	1,700,000	1,700,000	1,700,000	20,400
rotai	20,000,000	20,000,000		20,000,000	3,000,000	1,700,000	1,700,000	1,700,000	1,700,000	1,700,000	1,700,000	1,700,000	1,700,000	1,700,000	1,700,000	1,700,000	1,700,000	20,400
Changes in working capital																		
Accounts Receivable				-	1,250,000	1,250,000	1,000,000	750,000	500,000	250,000	50,000	50,000	50,000	50,000	50,000 -	- 1,000,000 -	3,000,000	
Inventory Prepaids																		
Plant being disposed																		
Accounts Payable & Accr Liab				-	- 2,200,000 -	2,200,000	1,100,000 -	450,000	700,000	- 250,000 -	150,000	100,000 -	100,000 -	100,000 -	100,000	3,000,000	3,800,000	1,55
Deposits				-														
Unearned Revenue Pre-Retirement Costs																		
				-														
Gain or loss on assets (check details for cash	proceeds)																	
				-														
Other misc variations																		
					- 950.000 -	950.000	100.000	300.000	200.000		100.000	50.000 -	50.000 -	50.000 -	- 50.000	2.000.000	800.000	1.550
Balancing Total							,											
Total						9.223.346	21.681.743 -	9.465.338	8.184.661	- 7.451.020	4.395.030	36.973.469 -	30.756.642 -	6.701.020 -	- 8.766.688 -	- 4.951.020 -	13.387.070 -	35,83
Total	- 63,665,962 -	97,343,258	37,793,172	- 59,550,087	- 16,067,899 -	9,223,346	21,001,745 *	3,403,330	0,20 ,2002	.,,	.,					.,		
Total Net Cash Flow	- 63,665,962 -	97,343,258	37,793,172		- 16,067,899 - 82,500.000	9,223,346	57.208.755	78.890.498	69.425.161	61.240.499	53,789,480	58.184.510	95.157.979	64.401.338	57,700.318	48.933.630	43.982.610	
Total	- 63,665,962 -	97,343,258	37,793,172	- 59,550,087 82,500,000 22,949,914								58,184,510 95,157,979	95,157,979 64,401,338	64,401,338 57,700,318	57,700,318 48,933,630			82,500, 46,663,

Cash Flow Model for 2024-25



TO:	Colleen Rollings, P.Eng., PMP., Chair and Members of the Halifax Regional Water
SUBMITTED BY:	Commission Board
	Josh De Kyper Vourage, P.Eng., Director, Engineering & Capital Infrastructure
APPROVED:	Kenda MacKenzie
	Kenda MacKenzie, P.Eng., CEO & General Manager
DATE:	March 13, 2025
SUBJECT:	Duffus Street Pumping Station - Mechanical & Electrical Upgrades - Funding Request - \$6,000,000

#### ORIGIN

2023/24 & 2024/25 Capital Budget.

#### RECOMMENDATION

The Halifax Water Board approve funding in the amount of \$6,000,000 for the Duffus Street Pumping Station - Mechanical & Electrical Upgrades project.

#### BACKGROUND

The Duffus Street Pump Station (PS) is located at 5211 Duffus Street in Halifax, NS and plays an important role in Halifax's wastewater collection system. The PS receives flows from a large area spanning Fairview, Clayton Park, Rockingham, and the north half of the peninsula (see Attachment 1 – Duffus Street Pump Station – Sewershed Boundary). The station was built in the mid 1970's and went through upgrades in the mid 1990's and in 2012. This station uses three (3) submersible pumps in a wetwell configuration to convey wastewater flow through a 1200 mm High Density Polyethylene (HDPE) forcemain to the Halifax Wastewater Treatment Facility (HWWTF).

Halifax Water has identified that upgrades are required at Duffus Street PS on various mechanical, electrical, structural and control components. Upgrades are required as a series of equipment failures occurred during the summer of 2022, resulting in periods of screened but untreated wastewater discharging into Halifax Harbour as emergency repairs were undertaken. During that period, pumps were replaced in an urgent response to the initial failures, and since that time there has been on-going follow-up activity to meet application specific requirements at the PS. Upgrades include replacing equipment such as deteriorated pump junction boxes and cabling in the wet well, variable frequency drives (VFDs)

and filters, control panels and the HVAC system. The work also includes repairs to corroded steel and concrete components. The recommended upgrades will improve the reliability and serviceability of this station.

In March of 2023, engineering services were awarded to EastPoint Engineering through a competitive procurement process. Detailed design drawings and specifications have progressed through a collaborative process with Operational and Technical Services staff over the past two years and plan to be completed in April 2025. Based on the most recent pre-tender construction cost estimate by EastPoint, the estimated total project cost is \$6,000,000 (including net HST).

It is anticipated that the construction tender will be issued in May 2025 using a low-bid procurement process. Construction is expected to proceed in Summer 2025 following funding approval and award.

#### **BUDGET IMPLICATIONS**

Funding in the amount of \$300,000 for Duffus Street Pumping Station - Mechanical & Electrical Upgrades was approved in the 2023/24 Capital Budget (2.1030, Duffus Street Pumping Station - Mechanical and Electrical Upgrades).

Funding in the amount of \$1,500,000 for Duffus Street Pumping Station - Mechanical & Electrical Upgrades was approved in the 2024/25 Capital Budget (2.1030, Duffus Street Pumping Station - Mechanical and Electrical Upgrades).

Funding in the amount of \$1,200,000 for Duffus Street Pumping Station - Mechanical & Electrical Upgrades is available from the 2025/26 Capital Budget (2.1030, Duffus Street Pumping Station - Mechanical and Electrical Upgrades).

Funding in the amount of \$3,000,000 for Duffus Street Pumping Station - Mechanical & Electrical Upgrades will be available in future year's Capital Budgets (*Duffus Street Pumping Station - Mechanical and Electrical Upgrades*).

The proposed expenditure meets the "NO REGRETS- UNAVOIDABLE NEEDS" approach of the 2012 Integrated Resource Plan. The proposed work meets the NR-UN criteria of "Required to ensure infrastructure system integrity and safety" and "Directly supports the implementation of the Asset Management program". The project meets these criteria based on the following: The current equipment is failing due to age and end of life (Asset Management) and causing treatment performance/operational issues (Infrastructure System Integrity).

#### ALTERNATIVES

There are no recommended alternatives to this work.

The project is considered by Halifax Water staff to be a prudent investment to improve the reliability and serviceability of this infrastructure and reducing the risk of equipment failure.

If the project does not proceed, Halifax Water will continue to operate and maintain the existing system, however, there are operational concerns with this asset in recent years. If another failure occurs, it may result in screened but untreated wastewater being discharged into Halifax Harbour as emergency repairs are undertaken. This will likely be more costly for Operations and less effective than the proactive approach proposed by proceeding with this project.

#### **ATTACHMENTS**

- 1. Duffus Street Pump Station Sewershed Boundary
- 2. Total Project Cost Estimate

Report Prepared by:	Matthe Ali
	Matthew Goodick, EIT, Junior Project Engineer
Report Reviewed by:	Muy Rice
	Greg Rice, P.Eng., Manager, Municipal Engineering
Financial Reviewed by:	Le m to
	Louis de Montbrun, CPA, CA
	Director, Corporate Services/CFO



## TOTAL PROJECT COST ESTIMATE

March 11, 2025



## **Duffus Street Pumping Station - Mechanical & Electrical Upgrades**

CONSTRUCTION COSTS	
Estimated Construction Cost (Pre-Tender)	\$3,765,513
Consultant Costs (Tender & Construction Phase)	\$62,380 \$282,780
Contingency Class 1: Detailed Design Pre Tender (10%) Market Volatility Contingency (30%)	\$382,789 \$1,148,368
Construction Costs Sub-Total	\$5,359,050
OTHER COSTS (TAXABLE)	
Consultant Costs (Design)	\$234,023
QA/QC Testing	\$5,000
Other Costs (Taxable) Sub-Total	\$239,023
Net HST (4.286%)	\$239,933
OTHER COSTS (NON-TAXABLE)	
Internal Halifax Water Costs	\$100,000
Other Costs (Non-Taxable) Sub-Total	\$100,000
SUB-TOTAL	\$5,938,007
Overhead (1%)	\$59,380
TOTAL PROJECT COST ESTIMATE	\$5,997 <i>,</i> 387
TOTAL PROJECT COST ESTIMATE*	\$6,000,000
* Pounded up, excluding HCT	

\* Rounded up, excluding HST



TO:	Colleen Rollings, Chair, and Members of the Halifax Regional Water
SUBMITTED BY:	Kenda MacKenzie
	Kenda MacKenzie, P. Eng, General Manager/CEO
DATE:	March 18, 2025
SUBJECT:	Corporate Balanced Scorecard - 2025/26 Program

### ORIGIN:

Annual Corporate Performance Measurement.

#### **RECOMMENDATION:**

It is recommended that the Halifax Water Board:

- 1) approve the Corporate Balanced Scorecard (CBS) targets for the 2025/26 fiscal year.
- 2) request staff to develop a methodology to assess the fiscal health of the utility and to recommend whether the CBS Organizational Award be paid based on the assessment.

#### BACKGROUND

Halifax Water has been utilizing a Corporate Balanced Scorecard to measure performance since 2001.

#### DISCUSSION

The purpose of Halifax Water is to provide and safeguard sustainable, high quality water services.

The vision statement for Halifax Water is:

- We will provide our customers with high quality water, wastewater, and stormwater services.
- Through adoption of best practices, we will place the highest value on public health, customer service, fiscal responsibility, workplace safety and security, asset management, regulatory compliance, and stewardship of the environment.
- We will fully engage employees through teamwork, innovation, and professional development.

Each year, the organizational indicators are reviewed and refined based on operational objectives and approved budgets.

The organizational indicators have been aligned with the four strategic pillars approved in the 2025/26 Business Plan.

The following are proposed adjustments to the metrics in the 2025/26 CBS to reflect improvements to operational programs and processes, continuous improvement and alignment with the 2025/26 Business Plan. Adjustments have also been made to the targets identified in the Attachment B, reflecting continuous improvement and advancements of programs and initiatives.

## Changes proposed for 2025/26 Organizational Indicator Targets

### Financial and Regulatory Accountability

**Changing to "Percentage of total unspent budget available, spent in the current fiscal year**". The total unspent budget available represents the total of the budget remaining from prior years and the budget approved in the current fiscal year. As projects approved in prior years increase their spend, the percentage will increase. Also, as Halifax Water continues to refine its capital budget processes to ensure that funds are budgeted in the year the work will be completed, the percentage will increase. The measure recognizes that there will always be situations where despite our best efforts a project does not advance as planned.

### Environment, Health, Safety and Social Responsibility

**Remove "Average score on internal safety audits"** – the program to inform the metric is being updated and the process around conducting audits will be adjusted with new metrics developed in the future as the process matures.

Changing the wording on the metric for "NS Labour and Advanced Education compliance – Number of Incidents with written compliance orders" to "NS Labour and Advanced Education compliance – Number of Compliance Orders issued". This is being done as there may be multiple compliance orders that result from an incident. Compliance orders can be issued from either an accident investigation or an inspection.

## Changes to Injury classification and metrics:

There are several changes that are being made to the definition of "Lost Time Injury Frequency – Number of accidents resulting in lost time per 100 employees" and a new metric being added for "Total Recordable Injury Frequency - Number of accidents resulting in lost time per 100 employees" to better align with industry standards for 2025/26. Definitions and changes are provided below.

<u>Lost Time Injury (LTI)</u>: Personal injury serious enough that results in the employee not being unable to perform their regular or modified duties, provided the inability is directly related to the injury and medically substantiated, and not due to logistical or other factors (i.e. time lost waiting to receive medical assessment).

<u>Modified Duties</u>: The employee is not able to return to their normal duties, but is able to complete tasks as per their functional abilities, which they are meaningfully capable of carrying out with a medical practitioner's concurrence.

<u>Medical Aid</u>: The employee requires medical treatment by a physician or other medical practitioner (i.e. chiropractor, nurse practitioner, physiotherapist, occupational therapist, paramedic), but they can return to their normal duties at the next scheduled watch or shift.

## Lost time Injury Frequency - Number of accidents resulting in lost time per 100 employees

Number of LTIs x 200,000 / Hours Worked

# Total Recordable Injury Frequency - Number of accidents resulting in lost time per 100 employees

(Number of LTIs+MDs+MAs) x 200,000 / Hours Worked

- Addition of second, more comprehensive metric, "Total Recordable Injury Frequency (TRIF)", which besides LTIs, also factors in Modified Work and Medical Aid Cases. This metric is more indicative of an organization's safety performance as it is not solely focused on LTIs, but also includes less severe injuries. This is a standard industry best practice globally.
- 2) Changing the definition of an LTI to include cases where employees lost time due to a workplace injury, even though they may have been able to return to their normal duties on their next scheduled shift. There are cases where employees suffer workplace injuries that initially do not seem to be serious and the employees are able to continue work normally. However, symptoms may flare up days or even weeks later, eventually

causing an employee to not be able to return to their normal duties. Such cases should rightfully be classified as LTIs, but they are not under the current definition, which very narrowly defines an LTI as the employee not been able to return to work on their "next scheduled shift"

- 3) The definition of an LTI has been further clarified to indicate that:
  - a) The inability to return to normal duties has to be "medically substantiated", i.e. based on an assessment by a physician or other medical practitioner, not solely on the employee's perception, which could be the case under the current definition, and
  - b) If the time lost is due to factors not related to the injury per se (i.e. time lost waiting to be assessed at an emergency room), does not count as time lost due to the injury.

By adding a new category of injury, i.e. Modified Work, this category reflects cases where employees are not able to return to their normal duties, but are able to perform alternate work, within the limitations prescribed by a medical practitioner, and which Halifax Water can accommodate. This is in-line with our legislated duty to ensure injured persons return to work as early as safely possible. Also avoids escalation of certain cases to LTIs (which would misleadingly inflate our LTI frequency), when the severity of an injury is not necessarily high enough to justify the employee staying off work. For example, an employee may be limited only with regards to the weights they can lift, which still allows them to perform meaningful alternative work, instead of taking time off.

## **Operational Excellence**

Add the metric "Bacteriological tests - Percentage free from Total Coliform" measurement to "Adherence with objectives of Water Safety Plan for all water systems - Percentage of sites achieving targets" creating "Adherence with 6 objectives of Water Safety Plan for all water systems". The Water Safety Plan target will now have 6 instead of 5 objectives.

Added "Number of times primary disinfection in water supply facility criteria not met". In response to the recent boil water advisories a metric has been added for the number of times primary disinfection criteria not met per year with a target of 0. This is based on the number of times our CT ratio for primary disinfection (requirement for CT ratio to be >1) is not met without explanation (i.e. analyzer equipment maintenance), based on a 5-minute interval period. With the proposed removal of "Peak flow reduction from wet weather management capital projects" (below), which was identified as an Org. Award metric, it is proposed to make the metric relating to primary disinfection, an Org. Award metric.

## ITEM #6 Halifax Water Board March 27, 2025

Changing the "Percentage Average Speed calls answered within 20 seconds" to "Percentage of call answered within 5 minutes". The current metric of calls answered in 20 seconds has been determined to be unreasonable and not attainable. The 2024 average wait time before a customer disconnected was 8.5 minutes. Customer Care has been working to reduce the customers' wait times though changes to staffing levels, increase customer utilization of the Customer Portal, and process improvements including additional training on reducing the average handling time per call. These approaches will all contribute to a reduction in the call wait time.

Adjust the "Water leakage control – target leakage allowance of 165 litres/service connection/day" to "Percentage reduction in real loss over previous fiscal year". There has been an incremental increase in annual water loss over the past several years. Changing this goal to a percentage reduction better demonstrates that our annual water loss is trending in the right direction. It is also a more meaningful target for operators to try and achieve and demonstrates continuous improvement.

**Remove "Peak flow reduction from wet weather management capital projects**" metric as defined is inconsistent with measuring program activities and staff intend to revisit the metric to better measure program success.

## <u>People</u>

**Replace "Number of arbitrations divided by total number of grievances"** with "**Percentage of total grievances resolved within the year"**, this is a more accurate representation of the current state of labour relations.

**Remove "Percentage of jobs filled with internal candidates"**, efforts still focus on developing and promoting our internal employees however, this metric does not consider our workforce demographics and it sets unrealistic expectations with employees. The reality is, in order to achieve our strategic priorities, there is a desire to obtain external skills, experience and perspectives especially related to critical roles and skills.

Add "Leaders engage employees in meaningful career conversations to support employee development and succession planning initiatives through performance appraisals." This metric is linked to the overall employee experience, succession planning efforts and increasing leadership accountability. **Remove "Average number of days absenteeism"**, since COVID and the implementation of the remote work policy, the metric of absenteeism is not an accurate reflection of missed time as some employees may still work from home if sick. Further it promotes employees coming to work when they are sick.

*Add "Percentage of employees to participate in monthly health and wellness moments"* to support psychological and healthy workplace.

## 2024/25 CBS Summary to date:

The attached CBS summary identifies the organizational indicators for 2024/25 and a projection of the results for 2024/25. Final results will be available after completion of the 2024/25 fiscal year audit and will be reported to the Halifax Water Board at the June Board meeting.

### Determining

Consistent with prior years and the methodology approved by the Halifax Water Board, the most objective organizational indicators have been considered for the Organizational Award program. Twelve organizational indicators are recommended for inclusion in the award program. The recognition of an organizational award hinges on a minimum score of 7.0 to give a passing grade out of a maximum score of 12.0. Funds for the award program are connected to the operating expense to revenue ratio being at/or below the target for the fiscal year. The operating expense to revenue ratio for 2025/26 has been adjusted to reflect the equivalent of \$1.0 million in expense reduction. The \$1.0 million reduction provides the funds required to pay the organizational award.

In keeping with cost containment efforts, water and wastewater service cost per connection measures, under responsible financial management, have targets to realize a 2% savings compared to the approved operations budget. In addition, under environmental stewardship, the utility is expected to reduce energy consumption (and therefore greenhouse gas emissions) as a result of capital improvements. The continuation of an organizational award tied to the outcomes of the CBS helps promote a high level of performance and will realize future savings for the utility.

The Board may consider reviewing the fiscal health of the utility in April 2026 in assessing the payment of the CBS Organizational Award.

#### **BUDGET IMPLICATIONS**

Funds for the Organizational Award program are available if the operating expense to revenue ratio is at/or below the target amount. In many cases, meeting the organizational indicator targets will realize direct savings to the utility, improved operational effectiveness, and/or improved customer service.

#### **ALTERNATIVES**

- 1. The Board not approve the goals contained within the CBS for 2025/26. This is not recommended as it would not provide for corporate metrics to guide employees for the coming fiscal year.
- 2. The Board not require an assessment of the fiscal health of the utility and follows established methodology for determining the amount of the Organizational Award.

#### **ATTACHMENT**

Attachment A – 2024-2025 – Projected Corporate Balanced Scorecard Results Attachment B – 2025-2026 – Proposed Corporate Balance Scorecard

Report Prepared By:	Signed by: Kenda MacKenzie
	Kenda MacKenzie, P. Eng
	General Manager/CEO
	902-237-7116
Financial Approved By:	Signed by:
	Louis de Montbrun, CPA, CA
	Director, Corporate Services/CFO
	902-490-3685



#### ITEM # 6 - Attachment A Halifax Water Board March 27, 2025

Corporate Balance Scorecard - Projected Results 2024-2025 Organizational Indicators

Corporate Balance Scorecard - Projected Results 2024-2025					,_,_
Organizational Indicators	Organization Award	Results	TARGET	RESULTS (as of Feb 1)	Target (See Attachment B
Financial and Regulatory Accountability					
Operating expense/revenue ratio percentage (excluding depreciation)	Gateway	62.6%	67.0%	65.5%	
Annual cost per customer connection – Water (excluding depreciation)		\$500	\$500	\$445	
Annual cost per customer connection – Wastewater (excluding depreciation)		\$662.00	\$697	\$580	
Total capital spend in the fiscal year (in millions)		\$98.2	\$135	\$88.4	
Capital budget expenditures - Percentage of budget spend by end of fiscal year		34.7%	70-80%	Data Not Available	
Health Safety & Environment				1	<u> </u>
Average score on internal safety audits		96.1%	90.0%	97.2%	
NS Labour and Advanced Education compliance – Number of Incidents with written compliance orders		0	< 2	2	
Lost time accidents -Number of accidents resulting in lost time per 100 employees	Gateway	2.38	2.5	2.03	
Safe driving - Number of traffic Accidents per 1,000,000 km driven (maximum of 5)	Org. Award	5.34	4	10.3	
Training - Number of employees trained or re-certified before due date		86.0%	85.0%	90.0%	
Percentage of completed safety talks		88.0%	85.0%	90.0%	
Percentage of public health and environmental regulatory infractions resulting in a summary offense tickets		0%	2%	0%	
Percentage of WWTFs complying with NSE approval permits	Org. Award	95%	95%	94.4%	
Number of ICI properties engagements by Pollution Prevention each year		272	250	244	
Operational Excellence					<u>I</u>
Adherence with objectives of Water Safety Plan for all water systems - Percentage of sites achieving targets	Org. Award	86	80	100	
Bacteriological tests - Percentage free from Total Coliform		99.88%	99.90%	99.96%	
Water service outages - Number of connection hours/1000 customers		183.05	200	93.08	
Wastewater service outages – Number of connection hours/1000 customers		0.61	4	0.35	
Average speed of answer – Percentage of calls answered within 20 seconds		35.3%	70.0%	11.7%	
Response time for service connection permits – percentage of formal responses provided from Halifax Water within 3 days or less		91.0%	80.0%	80.1%	
Response time for subdivisions involving system extensions – percentage of formal responses from Halifax Water provided within 4 weeks or less review		92.7%	80.0%	27.0%	
Water leakage control – target leakage allowance of 165 litres/service connection/day	Org. Award	238	165	257	
I&I reduction - Number of inspections to identify private property discharge of stormwater into the wastewater system		515	1200	801	
· Peak flow reduction from wet weather management capital projects	Org. Award	1.7 l/sec*	5-10 l/sec	Data Not Available	
Percentage of time GIS and Cityworks are available	Org. Award	99.87%	97.00%	99.99%	
Energy management kwh/m <sup>3</sup> reduction associated with capital projects	Org. Award	14.06%	10.00%	14.85%	
Bio-solids residual handling - percentage of sludge meeting bio-solids concentration targets	Org. Award	99.6%	95.0%	99.9%	
People					
Customer satisfaction about water quality - Percentage from customer survey	Org. Award	89.0%	85.0%	89.0%	
	Org. Award	95.0%	95.0%	93.0%	
Customer satisfaction with service - Percentage from customer survey	Org. Award				
Customer satisfaction with service - Percentage from customer survey Number of arbitrations divided by total number of grievances	org. Award	0.0	0	1.0	
	org. Award	0.0 60%	0 80%	1.0 63%	
Number of arbitrations divided by total number of grievances	olg. Award				

\* Peak flow reduction - The reduction was 1.7 l/sec for the Crescent Avenue Lining Program. This result was possibly underestimated due to the difference in pre-rehab and post-rehab flow monitoring. This represents a 7% reduction in peak flow which has reduced the high level alarms at the pump station and associated energy consumption.



#### ITEM # 6 -Attachment B Halifax Water Board March 27, 2025

#### Corporate Balance Scorecard - Projected Results 2025-2026

Organizational Indicators	Organization Award	2024/25 TARGET	2025/26 Target
Financial and Regulatory Accountability			
Operating expense/revenue ratio percentage (excluding depreciation)	Gateway	67.0%	73.1%
Annual cost per customer connection – Water (excluding depreciation)		\$500	\$587
Annual cost per customer connection – Wastewater (excluding depreciation)		\$697	\$740
Total capital spend in the fiscal year (in millions)		\$135	\$135
Capital budget expenditures - Percentage of budget spend by end of fiscal year-Percentage of total unspent budget available, spent in the current fiscal year.		60%	45%
Environment, Health, Safety and Social Responsibility			
Average score on internal safety audits-		<del>90.0%</del>	-
NS Labour and Advanced Education compliance – Number of Compliance Orders issued		< 2	2
Lost time Injury Frequency -Number of accidents resulting in lost time per 100 employees	Gateway	2.5	2
Total Recordable Injury Frequency - Number of accidents resulting in lost time per 100 employees		3.5	3.5
Safe driving - Number of traffic Accidents per 1,000,000 km driven (maximum of 5)	Org. Award	4	4
Training - Number of employees trained or re-certified before due date		85.0%	85%
Percentage of completed safety talks		85.0%	90%
Percentage of public health and environmental regulatory infractions resulting in a summary offense tickets		2%	2%
Percentage of WWTFs complying with NSE approval permits	Org. Award	95%	95%
Number of ICI properties engaged by Pollution Prevention each year		250	250
Operational Excellence			
Adherence with 6 objectives of Water Safety Plan for all water systems	Org. Award	80	80
Bacteriological tests – Percentage free from Tetal Coliform Number of times primary disinfection in water	Org. Award	0	0
supply facility criteria not met per year Water service outages - Number of connection hours/1000 customers		200	200
Wastewater service outages – Number of connection hours/1000 customers		4	4
Average speed of answer – Percentage of calls answered within <del>20 seconds 5</del> minutes		90.0%	90%
Response time for service connection permits – percentage of formal responses provided from Halifax		80%	80%
Water within 3 days or less Response time for subdivisions involving system extensions – percentage of formal responses from Halifax		80%	80%
Water provided within 4 weeks or less review Water Loss Control - Percentage reduction in real water loss over previous fiscal year	Org. Award	165	5%
	Org. Awaru	1200	1200
I&I reduction - Number of private properties engaged about Inflow & Infiltration		5-10.l/sec*	1200
Peak flow reduction from wet weather management capital projects	Org. Award	,	-
Percentage of time GIS and Cityworks are available	Org. Award	97%	97%
Energy management kwh/m <sup>3</sup> reduction associated with capital projects	Org. Award	10.00%	14%
Bio-solids residual handling - percentage of sludge meeting bio-solids concentration targets	Org. Award	95.0%	95%
People			
Customer satisfaction about water quality - Percentage from customer survey	Org. Award	85%	85%
Customer satisfaction with service - Percentage from customer survey           Number of arbitrations divided by total number of grievances - Percentage of total grievances resolved	Org. Award	95%	95%
winner of analyticity divides by total number of grevances, Percentage of total grevances resolved within the year. Percentage of jobs filled with internal candidates - Leaders to engage employees in career conversations to		85%	85%
support employee development and succession planning initiatives through performance appraisals.		75%	75%
Employee satisfaction survey result		A	A
Average number of days absenteeism. Percentage of employees to participate in monthly health and wellness moments.		90%	90%



то:	Colleen Rollings, P.Eng., PMP., Chair and Members of the Halifax Regional Water Commission Board
SUBMITTED BY:	Signed by: Kenda MacKenzie
	Kenda MacKenzie, P.Eng., CEO & General Manager
DATE:	March 27, 2025
SUBJECT:	Fluoridation Recommendation Report

#### <u>ORIGIN</u>

The Halifax Water Board of Commissioners workshop on Fluoridation in Drinking Water (January 7, 2025) and the Environment Health and Safety Committee meetings (November 27, 2024, and January 16, 2025) and Halifax Water Board of Commissioners meeting on January 30,2025.

#### RECOMMENDATION

It is recommended that the Halifax Water Board directs Halifax Water to:

- 1. Continue Fluoridating at the JD Kline Water Supply Plant (JDKWSP) and Lake Major Water Supply Plants (LMWSP),
- 2. Proceed with Option 2, to reinstate Fluoride at Lake Major, at approximately \$1M within two years.
- 3. Establish notification protocols for interruptions of fluoridation in consultation with the Medical Officer of Health and dental partners.
- 4. Write a letter to the Province of Nova Scotia requesting funding assistance for both capital and operating costs associated with fluoridation where it has been shown that community water fluoridation reduces costs to the health care system.

#### BACKGROUND

Halifax Water provided an information report for the January 30<sup>th</sup>, 2025 Halifax Water Board of Commissioners Board meeting. This report provided a summary of fluoridation at Halifax Water including an overview of regulatory requirements, the recent interruptions in fluoridation at both the JDKWSP and LMWSP, as well as options for reinstatement at LMWSP. Attached to the report were both the 2014 Board Report on fluoridation as well as an information package provided by the Medical Officer of Health.

#### DISCUSSION

Fluoridation of drinking water supplies for dental health protection is not a regulatory requirement in Nova Scotia. According to Nova Scotia Environment and Climate Change, "The fluoridation of drinking water supplies is a decision that is made by each municipality, in collaboration with the Province. The decision may also be taken in consultation with residents. For communities wishing to fluoridate their water supply, the optimal concentration of fluoride in drinking water to promote dental health has been determined to be 0.7 mg/L. Health Canada has established the guideline for fluoride in drinking water as a maximum acceptable concentration (MAC) of 1.5 mg/L. Water containing fluoride at, or below, this MAC does not pose a risk to human health."

#### **Fluoridation Status**

Where fluoridation is not a regulatory requirement, Halifax Water seeks direction from the Board of Commissioners on fluoridation at both JDKWSP and LMWSP. On April 24, 2014, The Halifax Water Board of Commissioners endorsed the continuation of the practice of drinking water fluoridation, consistent with the Guidelines for Canadian Drinking Water Quality, and a position statement of the Nova Scotia Department of Health. As part of the Information Report package on January 27<sup>,</sup> 2025, the Medical Officer of Health, the IWK, and Dalhousie University all provided letters of support for the continued practice of community water fluoridation (Attachment). Halifax Water recommends continuing the practice of fluoridation at the two larger water treatment plants, JDKWSP and LMWSP.

#### Fluoridation reinstatement at LMWSP

After an interruption to fix leaks to the system, fluoridation resumed at JDKWSP in December 2024. Fluoridation at LMWSP has been interrupted since 2020 due to operational issues and asset renewal requirements. A project has been underway to reinstate fluoride but has been met with delays for several reasons including: evaluating options for changing the fluoridation product, COVID-19 restrictions, project governance and organizational restructuring. Most recently the project pivoted due to significant changes in source water quality that require more storage for treatment chemicals to ensure regulatory compliance. The space that was once designated for the fluoride tank is now allocated for an additional alum storage tank to meet operational resiliency and regulatory compliance needs. Halifax Water has identified three options for reinstating fluoridation at LMWSP that are listed below in Table 1. The cost and timeline estimates are preliminary and can be further defined through additional scoping.



ITEM #7 Halifax Water Board March 27, 2025

#### Table 3. Preliminary overview of options for reinstatement of Fluoride at the Lake Major WSP.

	Options	Comments	Timeline	Approximate Cost	Full Fluoride Redundancy	Alum Redundancy
1	Pivot ongoing alum tank installation back to fluoride	Ongoing alum tank installation would be reconfigured for fluoride. As a result, this option creates risk in terms of operational resiliency and compliance during adverse raw water quality conditions.	~ 1 Year	< \$500 K	Full system redundancy not possible	No
2	Retrofit existing chemical storage area for orthophosphate and move orthophosphate to different part of the facility	Existing room for corrosion control (orthophosphate) chemicals would be reconfigured for fluoride, with orthophosphate being moved to a different location in the building, or in an external structure. This option allows for proceeding with the ongoing extra alum tank installation, reducing risk for non-compliance.	~ 2 Years	~ \$1 M	Full system redundancy not possible	Yes
3	Implement Fluoride as part of long-term upgrades	Fluoride would be incorporated into major long term capital upgrades at the facility through the Water Supply Enhancement Program.	>5-10 Years	~ \$500 K	Full system redundancy is an option	yes

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Both Options 1 and 2 allow for redundancy in chemical feed systems but no redundancy in chemical storage (tanks), due to space limitations. Redundant chemical feed systems enhance the level of service by being able to provide fluoridation when there are maintenance requirements on one of the feed systems. There is limited space at both facilities to be able to install redundant fluoride storage tanks and this can only be achieved by the longer-term Option 3 as the infrastructure to facilitate full redundancy would be programmed into the overall upgrades through the Water Supply Enhancement Project.

In balancing both operational resiliency and compliance requirements, with the public health benefit of fluoridation, Halifax Water recommends proceeding with Option 2, which is the higher cost but medium-term option that allows for both alum and fluoride storage and delivery systems.

#### Notification

Halifax Water has established a process to keep the Halifax Water Board of Commissioners notified of fluoridation status through routine reporting to the Environmental Health and Safety Subcommittee. It is also important to establish notification requirements to ensure that both customers and the medical and dental community are notified when there are changes to fluoridation status to allow for informed decision making at both consumer behaviour and medical/dental programming levels.

Halifax Water has been working with the Medical Officer of Health on establishing notification timelines. They recommend that Halifax Water notify the Medical Officer of Health anytime there is an interruption that would trigger a notification to Nova Scotia Environment and Climate Change. Furthermore, through input from both the Nova Scotia Dental Association and the CDHNS, the Medical Officer of Health recommends that an outage exceeding 90 days should trigger notifications to both customers and dental partners. This timeline provides balance between not needing to report every small outage but capturing medium to longer term interruptions to allow for informed decision making by customers and to adapt patient specific recommendations and treatment planning by the dental community knowing there is no fluoridation. These timelines are consistent with approaches in other jurisdictions, including Ontario. <u>Safe Drinking Water and Flouride Monitoring Protocol - English</u>. This document clearly outlines the Ontario Board of Health's responsibilities with respect to community water fluoridation, including monitoring, reporting, and notifications. This ensures consistent processes across the province.

#### Funding

Fluoridation is not a regulatory requirement in Nova Scotia. The Medical Officer of Health provided an information package on Fluoridation (Attachment A) on the benefits to community water fluoridation including the dental health benefits but also the cost savings that occurs due to reduced need for costly medical intervention. The presentation included in this package states that for every dollar spent on community water fluoridation, there is a public health savings of between \$5.49 and \$93.19. Currently, fluoridation is paid for through rates, where not all customers receive the benefit of fluoridation. Where the benefit is largely one for public health, Halifax Water recommends continuing discussions on the

benefits of Fluoride and writing a letter to the province to explore funding options for community water fluoridation.

#### **BUDGET IMPLICATIONS**

The cost of proceeding with Option 2 at LMWSP, which is the most operationally resilient option, is expected to be approximately \$1 Million. This cost includes both moving the orthophosphate system as well as installing the fluoride system.

The operational cost for fluoridation is approximately \$80,000 -\$100,000 per year for JDKWSP and approximately \$30,000-\$36,000 per year for LMWSP. This translates to approximate costs of \$0.30 - \$0.40 per person annually.

#### ALTERNATIVES

#### **Fluoridation status:**

The alternative is to cease fluoridation at all facilities. This alternative would require decommissioning of the fluoridation at JDKWSP, which would incur cost. If this alternative is chosen none of the following alternatives would need to be considered. This is not the recommended approach given the guidance and letters provided by the Medical Officer of Health and the dental community.

#### Fluoridation reinstatement at LMWSP:

There are two alternatives to proceeding with Option 2:

The alternative to proceed with Option 1 has the shortest timeline but does not protect against operational resilience and future regulatory compliance risks and Halifax Water does not recommend this approach.

The alternative of proceeding with Option 3 has the longest timeline of 5-10 years and provides operational resilience. However, the timeline would significantly delay reinstating fluoridation and this is not the recommended approach.

#### Notifications:

No Alternative.

#### Costs:

Fluoridation of water supplies provides a public health benefit but is not a regulatory requirement. The alternative to writing a letter to the province to assist in funding fluoridation is to continue funding fluoridation activities through the rates.

#### **ATTACHMENTS**

1. Attachment A: Item 5-I - Information Report from January 30, 2025 - Drinking Water Fluoridation at Halifax Water

Report Prepared by: Wendy Erkosek Wendy Krkosek, PhD., P.Eng., Director Environment Health & Safety (902) 483-4432
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то:	Colleen Rollings, P.Eng., PMP., Chair and Members of the Halifax Regional Water Commission Board
SUBMITTED BY:	Signed by: Wendy kolosuk C7082898/01442F. Wendy Krkosek, P.Eng., Acting Director, Environment, Health & Safety
APPROVED:	Signed by: Kenda MacKenzie OC084AC815794F6
DATE:	Kenda MacKenzie, P.Eng., CEO & General Manager January 22, 2025
SUBJECT:	Drinking Water Fluoridation at Halifax Water

#### <u>ORIGIN</u>

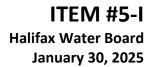
The Halifax Water Board of Commissioners workshop on Fluoridation in Drinking Water (January 7, 2025) and the Environment Health and Safety Committee meetings (November 27, 2024, and January 16, 2025).

#### BACKGROUND

Like numerous other utilities across North America, fluoridation began in the 1950's at Halifax Water at the encouragement of the public health office. Halifax Water fluoridates water in the J.D. Kline Water Supply Plant (JDKWSP) and Lake Major Water Supply Plant (LMWSP). Fluoride is not added to any of Halifax Water's small systems.

In Nova Scotia, Fluoridation practice is regulated by Nova Scotia Environment and Climate Change (NSECC) through operating approvals and in keeping with the Guidelines for Canadian Drinking Water Quality published by Health Canada, which establishes the maximum acceptable concentration (MAC) in drinking water of 1.5 mg/L. Health Canada's recommended minimum concentration of fluoride in drinking water to provide optimal dental health benefits is 0.7 mg/L. The addition of fluoride is not a regulatory requirement, or mandatory, only the MAC of 1.5 mg/L is regulated by NSECC, meaning that drinking water providers can choose to fluoridate at levels up to 1.5 mg/L.

Halifax Water fluoridates based on recommendations from the Board of Commissioners as well as the Medical Office of Health (MOH). In 2014, the Halifax Water Board of Commissioners endorsed the addition of Fluoride for the LMWSP and JDKWSP (Attachment 1). This decision included support from the IWK, the Nova Scotia Dental Association and the Dalhousie University Faculty of Dentistry. Halifax Water fluoridates at the optimal concentration for dental health benefits (0.7 mg/L).





Fluoridation was paused temporarily at the JDKWSP in 2021 and again in 2023, and at the LMWSP in 2020. This was based on operational decisions due to independent equipment and maintenance issues on nonredundant systems at both water supply plants that had to be repaired or replaced. Halifax Water communicated all changes to fluoridation along with explanations, to NSECC as per requirements in the Approval to Operate as is done with any other change to the treatment process. Generally, NSECC directly engages public health on issues reported that may impact public health. In October 2024, through discussions with the Medical Officer of Health (MOH), it became apparent that public health representatives were unaware of reported changes to fluoridation at the JDKWSP and LMWSP. Halifax Water immediately engaged in fluoridation discussions with the MOH team and the Board of Commissioners. Fluoridation was resumed at the JDKWSP in December 2024 once repairs were complete and the system was recommissioned, and staff were properly trained in its use and handing. Fluoridation at the LMWSP is still interrupted due to the complexity of reinstatement.

The goal of this information report is to provide the Halifax Water Board of Commissioners with:

- An understanding of the regulatory context around fluoridation
- An update on fluoridation status at the JDKWSP and the LMWSP, including timelines on recent changes at each facility.
- Options for potential fluoride reinstatement, and
- Information to guide decisions on fluoride reinstatement.

#### **DISCUSSION**

#### **Regulatory Context**

According to Health Canada and other public health agencies, water fluoridation can reduce tooth decay in a community by providing frequent and consistent contact with low levels of fluoride. In 2010 Health Canada completed its review of the health risks associated with fluoride in drinking water. This review assessed all identified human health risks, considering new studies and approaches. Based on this review, Health Canada's Federal-Provincial-Territorial Committee on Drinking Water has established the guideline for fluoride in drinking water as a Maximum Acceptable Concentration (MAC) of 1.5 mg/L.

Although the MAC for fluoride in drinking water is 1.5 mg/L, the optimal concentration of fluoride in drinking water for dental health has been determined by Health Canada to be 0.7 mg/L for communities who wish to fluoridate, which is well below the MAC. This recommended optimal level of fluoride in drinking water takes into consideration all sources of exposure to fluoride, including foods and dental products. This concentration is Halifax Water's treatment objective when fluoridating water supplies.

Health Canada routinely reviews existing guidelines and develops new guidelines where appropriate for chemical and physical properties of drinking water. Health Canada is currently reviewing the Guidelines for Canadian Drinking Water Quality for fluoride.

Halifax Water is regulated by NSECC who require that the microbiological, physical, and chemical characteristics of a public drinking water supply do not exceed the MAC for substances listed in the most



recent version of Health Canada's Guidelines for Canadian Drinking Water Quality, as amended from time to time. The addition of fluoride is not a regulatory requirement, or mandatory in Nova Scotia. Fluoridation in Nova Scotia is regulated by NSECC through operating approvals for the MAC listed in the Guidelines for Canadian Drinking Water Quality published by Health Canada.

As described by NSECC: "the fluoridation of drinking water supplies is a decision that is made by each municipality, in collaboration with the province. The decision may also be taken in consultation with residents. For communities wishing to fluoridate their water supply, the optimal concentration of fluoride in drinking water to promote dental health has been determined to be 0.7 mg/L. Health Canada has established the guideline for fluoride in drinking water as a MAC of 1.5 mg/L. Water containing fluoride at, or below, this MAC does not pose a risk to human health." (NSECC, n.d.)

Per NSECC Guidelines for Monitoring Public Drinking Water Supplies (Section 6.1 General Chemical and Physical Water Quality Parameters), the owner shall monitor for general chemical and physical water quality, for chemical and physical parameters with recommended limits in the Guidelines for Canadian Drinking Water Quality, including fluoride, with an MAC of 1.5 mg/L. The Guidelines also state that if a municipal water utility fluoridates their water, the owner shall monitor daily for fluoride concentrations at a location where the water enters the distribution system. An owner shall record fluoride measurements daily in a uniform manner and make the results available to NSECC upon request. Only measurements that exceed the MAC would trigger notification to NSECC, but Daily fluoride readings when fluoridating are included in Halifax Water's annual report to NSECC.

#### **Fluoridation at Halifax Water**

Like numerous other utilities across North America, fluoridation began in the 1950's at Halifax Water at the encouragement of the public health office. Halifax Water fluoridates water in the JDKWSP (Pockwock) and LMWSP systems (Figure 1). Fluoride is not added to any of the small systems including Bennery Lake, Five Islands, Silver Sands, Middle Musquodoboit, and Bomont water supply plants. There are times when some small systems obtain trucked water from either JDKWP or LMWSP in which case they would have a fluoridated water supply at those times.





## Figure 1. Map of Halifax Water's Water Supply Plants. Areas shaded green and orange represent areas serviced by the JDKWSP and LMWSP, respectively, which are the facilities that have fluoridation.

The fluoridation product Halifax Water uses, hydrofluorosilicic acid (HFS), in the drinking water system must meet the American Water Works Association standards, and National Sanitation Foundation (NSF)/American National Standards Institute (ANSI) Standard 60, which is a standard for additives to drinking water.

The addition of fluoride is not a requirement in Halifax Water Approvals to Operate, However, Halifax Water reports all changes in drinking water treatment, including fluoridation, to the NSECC when they occur, as required by its Approval to Operate permit. As fluoridation is not a regulatory requirement, Halifax Water does not have redundant fluoridation systems within the facilities, so when there is a maintenance or operational issue, the system must be shut down until the issue can be resolved, and the system recommissioned.

The decision to add fluoride at the JDKWSP and LMWSP was most recently revisited in 2014. At that time, the Halifax Water Board of Commissioners endorsed fluoridation based on support from the IWK, the Nova Scotia Dental Association, and the Dalhousie University Faculty of Dentistry. Most recently, fluoridation was interrupted from Summer 2021 until Summer 2022 and again from Spring 2023 until late fall 2024 at the JDKWSP, and since Spring 2020 at the LMWSP. These interruptions were based on



operational decisions due to independent equipment issues and maintenance issues on non-redundant systems at both water supply plants that had to be repaired or replaced.

Halifax Water communicated all changes to fluoridation along with explanations, to NSECC as per requirements in the Approval to Operate as we do with any other change to the treatment process. Halifax Water looks to agencies like NSECC and the MOH for direction on public notifications regarding water quality. Halifax Water communicates water quality issues and changes to treatment to NSECC. Generally, NSECC then engages with the MOH on changes or issues with water quality that may have a public health impact, either through an Environmental Health Consultant within ECC or directly. In October 2024, through discussions with the MOH, it became apparent that public health representatives were unaware of reported changes to fluoridation at the JDKWSP and LMWSP. Halifax Water and the MOH team immediately started conversations on this issue and are working to strengthen and clearly define communication pathways moving forward.

#### Fluoridation at the JDKWSP

Since August 2021, the fluoridation system at the JDKWSP has experienced intermittent leaks. Without proper safety precautions, fluoride can be dangerous to store and use, and with a lack of redundancy in fluoridation systems, the system is taken offline for repairs when needed, which can take days to months or even years depending on the scale of the issue. Most recently, leaks led to the system being taken offline in May 2023 for repairs. Additional leaks were found in September 2024, which delayed the process of resuming fluoridation. All leaks were fixed, the system was recommissioned, and Halifax Water resumed fluoridation at the JDKWSP as of December 12<sup>th</sup>, 2024. Table 1 below provides a summary of fluoridation timelines at the JDKWSP.



#### Table 1. Timeline of changes to fluoridation at the JDKWSP.

Date	Action	Description	
August 2021	Fluoridation paused until further notice	<ul> <li>Upgrades to the fluoride storage tank as well as an equipment failure required Halifax Water to stop fluoridation until the issue was resolved.</li> <li>This information was communicated to NSECC via email.</li> </ul>	
August 2021 to July 2022	Fluoride offline		
July 2022	Fluoridation resumed	Fluoride addition resumed and changes were communicated to NSECC via email.	
July 2022 to May 2023		Fluoride online	
May 2023	Fluoridation paused until further notice	<ul> <li>A leak occurred in the fluoride system. Fluoridation was once again paused until an investigation was completed of the fluoride system. This was communicated to NSECC via email.</li> </ul>	
September 2024	Fluoride remains offline	<ul> <li>Additional leaks were identified by Halifax Water staff, delaying the process of resuming fluoridation at the JDKWSP.</li> </ul>	
September to December 2024	Fluoride remains offline	<ul> <li>Work continues to repair leaks, verify equipment is operational through testing, and staff training.</li> </ul>	
December 2024	Fluoride online		



#### Fluoridation at the LMWSP

The interruption of fluoridation at Lake Major was an operational decision to address aging infrastructure and safety of the delivery system. In 2019, through asset renewal, the existing aluminum sulfate (alum) and fluoride chemical storage tanks at the LMWSP were slated for replacement since they were originally installed when the plant was constructed in 1998. Through this chemical storage upgrade project, a third alum tank was also requested to be added within the containment area in the space provided. At the time, the basis for an additional alum tank was primarily a function of plant capacity requirements, changes in water quality and subsequent alum consumption (Figure 2), combined with shipper/supplier arrangements. The 3rd alum tank would allow for larger bulk deliveries and reduce overall unit cost of chemical supply. Later that year, a tank inspection revealed nearly 30 years of remaining life on the tanks but noted stress on a flange on the fluoride tank. Therefore, it was decided to not proceed with tank replacement, and to only install the third alum tank adjacent to the existing tanks. During this period fluoridation was online.

In 2020, Halifax Water decided to revisit replacing the fluoride tank since an investigation on this tank showed that the stressed flange had cracked. As a result, fluoridation was paused at the LMWSP. As part of the fluoride tank replacement, Halifax Water reviewed alternative chemical options for providing fluoridation. The study indicated that hydrofluorosilicic acid (HFS), the chemical used since Lake Major was commissioned, was most suitable based on operational, health and safety, and capital cost considerations. The existing fluoride tank was decommissioned in December 2020.

The design of the replacement fluoride tank progressed from 2020 through to 2023. During this time there were project delays resulting from COVID restrictions and changes in project management where the fluoride tank replacement project was merged with other projects that required similar engineering work in order to reduce contracting and procurement efforts and costs. Before the design could be completed, record-setting rainfall events caused significant changes in lake water quality during Summer 2023. These changes resulted in nearly doubling the alum dose compared to 2022 levels (Figure 2) to provide sufficient treatment to meet treatment requirements and compliance obligations. This put a strain on the storage capacity of alum at the LMWSP which poses a significant risk to the treatment process. During that period, alum was being delivered every 2.5 days. This provides very little buffer room in the event of further water quality changes or supply chain disruptions.



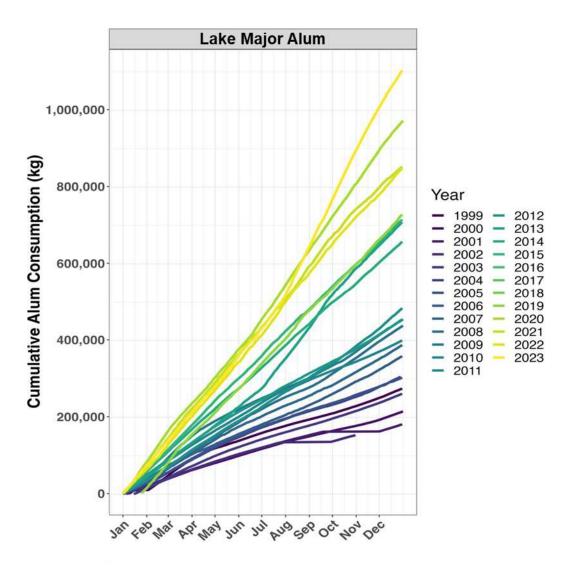


Figure 2. Historical cumulative alum consumption at the LMWSP.

At the time, the need for additional alum storage at the Lake Major facility was deemed a priority due to operational risk of non-compliance of finished water quality, and therefore the project to replace the fluoride tank was repurposed to add a fourth alum tank to ensure operational resilience. There is no room for a fourth tank adjacent to the three existing tanks. This means that the fourth alum tank would take the space allocated for the fluoride tank. This project has gone through the design phase, but the tank has not yet been installed.

As a result, there is now a space constraint at the supply plant as additional room is needed to accommodate more chemical storage tanks to ensure an uninterrupted supply of the alum required in the treatment process, in addition to the replacement fluoride tank and associated equipment. All four alum and the replacement fluoride tanks cannot be added within the existing footprint for chemical storage



due to space limitations at this facility, and the need for fluoride to be isolated from other chemicals. Table 2 below provides a summary of fluoridation timelines at the LMWSP.



#### Table 2. Timeline of changes to fluoridation at the LMWSP.

Date	Action	Description
2019	Fluoridation online	<ul> <li>Alum (2x) and fluoride (1x) tanks at Lake Major are vintage to facility, project initiated to investigate replacement requirements.</li> <li>Water quality changes also require addition of a third alum tank</li> <li>Existing tanks are inspected; 26 years remaining on alum tanks and 30 years on fluoride tank, however flange on fluoride tank shows stress.</li> </ul>
February 2020	Fluoridation online	• Investigation determined flange on fluoride tank was cracked and integrity was jeopardized, Halifax Water decides to revisit fluoride tank replacement.
April to June 2020	Fluoridation paused until further notice	<ul> <li>Roof leak at facility caused some equipment damage and fluoride was turned off. Halifax Water makes operational decision to keep fluoride offline until tank is replaced. This information was communicated to NSECC via email.</li> </ul>
June to December 2020	Fluoride remains offline	<ul> <li>Halifax water begins engineering work with consultant to decommission and remove fluoride tank and investigates other fluoridation chemicals that may have less occupational health and safety concerns, including sodium fluoride (NaF).</li> <li>Halifax Water decides to continue with HFS instead if switching to NaF due to high capital cost and increased labour.</li> <li>Halifax Water proceeds with engineering work for design of fluoride tank replacement.</li> <li>Existing fluoride tank and associated equipment decommissioned.</li> </ul>



Date	Action	Description
2021	Fluoride remains offline	<ul> <li>90% drawings for fluoride tank replacement submitted for review.</li> <li>COVID-19 restrictions in NS cause work suspensions and delay progress.</li> <li>Fluoride tank replacement project merged with dedicated service water pumping project due to similar work (piping, valves, instrumentation) to reduce efforts for procurement and contracting.</li> </ul>
2022	Fluoride remains offline	<ul> <li>Detailed design for fluoride tank replacement and dedicated service water project completed and prepared for tender.</li> </ul>
2023	Fluoride remains offline	<ul> <li>Heavy rainfall and flood events cause significant changes to source water quality in Lake Major. Alum dosing nearly doubled to maintain finished water compliance and operational resilience. This put a strain on the storage capacity of alum.</li> <li>Project direction changes from replacing fluoride tank to adding a 4<sup>th</sup> alum tank due to lake water quality changes and need for additional alum capacity to manage operational risk. Alum tank was deemed a priority over fluoride since alum was required to meet finished water regulatory requirements.</li> <li>NSECC notified of this decision.</li> </ul>
2024	Fluoride remains offline	<ul> <li>Raw water quality returns to normal in Summer.</li> <li>Service water and alum tank upgrade project tendered, contract signed.</li> <li>Halifax Water staff begin discussions with Nova Scotia Medical Office of Health on fluoridation status.</li> <li>Staff discuss options to resume fluoridation.</li> </ul>



#### **Options for Reinstating Fluoridation at Lake Major**

Halifax Water is assessing the options for reinstating fluoride while minimizing operational risk. Based on a preliminary analysis, there are three options with varying timelines, cost, and redundancy that have been identified for potential fluoride reinstatement as described below. Additional options may be determined as Halifax Water continues to discuss fluoride reinstatement in more detail. A summary of the options based on preliminary analysis is provided in Table 3 below. It should be noted that an in-depth engineering analysis on Option 2 is the next step to provide more accurate information on cost and timelines. The column on fluoride redundancy provides an assessment of whether it would be possible to include redundant fluoridation systems that would reduce the likelihood of fluoridation interruption in the future.

#### Fluoride Alum Approximate Options Timeline Comments Cost Redundancy Redundancy Ongoing alum tank installation would be reconfigured Pivot ongoing alum for fluoride. As a result, this option creates risk in 1 ~ 1 Year < \$500 K No No tank installation terms of operational resiliency and compliance during adverse raw water quality conditions. **Retrofit existing** chemical storage Existing room for corrosion control (orthophosphate) ~ \$1 M for chemicals would be reconfigured for fluoride, with fluoride retrofit, area for ~ 2 in addition to orthophosphate and orthophosphate being moved to a different location in 2 Yes Yes the building, or in an external structure. This option cost of extra move Years allows for proceeding with the ongoing extra alum alum tank from orthophosphate to different part of the tank installation, reducing risk for non-compliance. Option 1 facility Implement Fluoride Fluoride would be incorporated into major long term >5-10 ~ \$500 K as part of long-term capital upgrades at the facility through the Water 3 Yes Yes Years upgrades Supply Enhancement Program.

#### Table 3. Preliminary overview of options for reinstatement of Fluoride at the Lake Major WSP.



#### **Option 1: Pivot ongoing alum tank installation**

As described previously, Halifax Water has continued to plan for replacement of the fluoride tank. Significant changes to water quality in Summer 2023 resulted in the need for additional alum storage at the LMWSP and was deemed a priority since these impacts regulatory compliance and operational resiliency. Therefore, the project to replace the fluoride tank was repurposed to add a fourth alum tank. This project has gone through the design phase, but the tank has not yet been installed.

There is a space constraint as additional room is needed to accommodate more chemical storage tanks to ensure an uninterrupted supply of the alum required in the treatment process, as well as to reinstate fluoridation. The fourth alum tank and the replacement fluoride tank cannot be added within the existing footprint in this location of the facility due to space limitations and the need for fluoride to be isolated from other chemicals.

The installation of the fourth alum tank could be pivoted, and a replacement fluoride tank could be installed in its place (the location of the original fluoride tank that was previously decommissioned). However, this option would remove the ability to have more alum storage onsite and would increase risk for non-compliance in the event there are future water quality changes such as those experienced during Summer 2023. During that period, alum was being delivered every 2.5 days. This provides very little buffer room in the event of weather events or supply chain disruptions.

This is not the preferred option from an Enterprise Risk Management (ERM) perspective due to operational resilience and compliance risks. Further, this option does not provide any redundancy in the ability to add fluoride, and therefore fluoridation would likely be paused in the future if there were any maintenance requirements or repairs, which could range in time from weeks to years depending on the complexity.

The timeline to implementation for this option is approximately 1-year, and detailed design is complete. The cost to implementation would be <\$500 K.

#### Option 2: Retrofit existing orthophosphate chemical storage area

Another option to implement fluoridation at the Lake Major WSP would be to move some of the existing chemical storage to make a designated space for fluoride infrastructure. Due to the hazardous nature of the fluoridation product (HFS), it should be stored in a designated area with adequate containment and ventilation. Fluoride is usually stored in its own room so that plant staff do not have more exposure to HFS than necessary.

Currently, the room where the corrosion control inhibitor, orthophosphate, is stored at the LMWSP is larger than necessary for the existing infrastructure. Discussions with a consultant identified that the orthophosphate tank and associated equipment could be moved to a different location in the existing building, and the orthophosphate room could be reconfigured for fluoride. This option would also allow for redundancy in the fluoride equipment if level of service is deemed to require redundancy, which would provide more resiliency toward continuously fluoridating in the future. With some minor modifications, the orthophosphate could be moved to the generator room, or it could be stored in an external structure.



Due to the nature of the chemicals, storing orthophosphate exterior to the main building would be less of a risk than storing fluoride externally.

This option would also allow Halifax Water to continue to proceed with the installation of the new alum tank described in Option 1, which would provide operational resilience and reduce risk of non-compliance during challenging raw water quality events. This is a preferred option from an ERM perspective to mitigate operational/resilience and compliance risks.

Based on preliminary discussions with a consultant, the timeline to implementation for this option is approximately 2 years. This option includes the ability to have redundancy for both fluoride and alum. The cost to implementation is estimated at approximately \$1M for the fluoride system installation and moving the orthophosphate system. An in-depth engineering analysis on Option 2 is the next step to provide more accurate information on cost and timelines.

#### **Option 3: Implement Fluoride as part of long-term upgrades**

A third option for the reinstatement of fluoride at the LMWSP would be through inclusion of the system into larger upgrades at the facility through the Water Supply Enhancement Program. These upgrades are planned through a much larger long term capital project that would see significant updates to the intake and the entire treatment process. These upgrades are expected to occur over the next decade or more, and upgrades to the fluoride equipment as well as implementing redundancy in the fluoride infrastructure could be tied into this large capital project.

The timeline to implementation for this option is approximately 5 to 10-years more. The cost to implementation is estimated at approximately \$500 K which would be tied to the larger capital project.

It should be noted that if option 2 were selected and the larger capital upgrades changed the configuration of the plant and chemical storage and delivery systems, the fluoride system may need to be moved to a new location at that time at an additional cost.



#### **Considerations and Future Direction for Fluoridation**

Fluoridation was last revisited by the Board of Commissioners in 2014, and a motion was passed to endorse the continuation of the practice of drinking water fluoridation. When fluoridation was endorsed in 2014, there was no establishment of levels of service and notification requirements, and since then Halifax Water continued to follow past practice, making operational decisions to interrupt fluoridation for maintenance and asset renewal purposed. All changes to fluoridation have been communicated to NSECC. Given that fluoridation was discussed over a decade ago at the Board level, Halifax Water is proposing to revisit the Board's endorsement on whether to fluoridate or not and will be presenting a Recommendation report at the March 2025 meeting. Table 4 below outlines some considerations to guide the decisions on fluoride reinstatement. If endorsement of fluoridation continues, both level of service and notification requirements will need to be clearly delineated.

Consideration	Comments
Fluoridation is not a regulatory requirement and is not mandated in Nova Scotia.	<ul> <li>Drinking water providers fluoridate based on recommendation and encouragement from public health professionals and municipalities.</li> <li>Halifax Water customers currently pay for drinking water fluoridation, but not all customers receive fluoride.</li> <li>If fluoridation were mandated, discussions on funding are necessary.</li> </ul>
There are public health benefits to community water Fluoridation.	<ul> <li>Refer to information report prepared by MOH (Attachment 2).</li> </ul>
Drinking water fluoridation is a cost- effective and equitable way to deliver fluoride to communities.	<ul> <li>The operational cost for fluoridation is \$0.30 to \$0.40 per Halifax Water customer annually plus any capital costs for maintenance and asset renewal.</li> <li>Per capita annual benefit of water fluoridation ranges from \$5.49 to \$93.193 per dollar invested. Refer to information report prepared by MOH (Attachment 2).</li> </ul>
There has been a recent shift in some communities away from Fluoridation.	<ul> <li>USEPA court case and recent events in the US have resulted in some communities ceasing fluoridation.</li> <li>Montreal fluoridated since the 1950's but ceased fluoridation in 2024 after receiving a citizen petition that began in 2020.</li> <li>New Glasgow fluoridated since the 1970's and announced that it would stop adding fluoride in 2024.</li> <li>Studies indicate that fluoride cessation has had a negative impact on children's dental health (refer to information report prepared by MOH attached).</li> </ul>
There is a split in community perceptions on Fluoridation.	<ul> <li>Until 2024, most Halifax Water customer tickets were inquiries about ceasing fluoridation.</li> </ul>

#### Table 4. Considerations for continued fluoridation at Halifax Water.



	<ul> <li>In 2024, Halifax Water received 40 customer tickets on fluoridation, compared to &lt;5 tickets in the previous 4 years. Since November 2024 there has been a split in opinion.</li> <li>The cost of fluoridation is spread across all Halifax</li> </ul>
Historically Halifax Water only fluoridated the two large water supplies (JDKWSP and LMWSP).	<ul> <li>Water customers, but not all customers receive fluoridated water.</li> <li>Capital cost to implement Fluoridation in all other Halifax Water systems would be significant and imposes operational challenges for smaller systems.</li> </ul>
Depending on the level of service required for Fluoridation, redundancy in Fluoridation systems may be required.	<ul> <li>When there are issues with the fluoridation system it is shut down until repairs can be made. This can range from days to months and even years depending on the scale of the issue.</li> <li>If it is determined that the level of service is that there are no interruptions in fluoridation, implementing redundancy in fluoridation would be required which would add costs to fluoridation systems.</li> </ul>
Capital costs required to reinstate Fluoride at the LMWSP may require application to the UARB.	<ul> <li>Based on a preliminary assessment, some options for fluoride reinstatement at the LMWSP (described below) are over \$1M and would require UARB approval.</li> <li>The UARB process can take months and could impact the timing of reinstatement.</li> </ul>
The liquid chemical used at Halifax Water for fluoridation is hazardous and poses occupational health and safety risks.	<ul> <li>HFS is a hazardous product that can release toxic gases and is highly corrosive, with acute health impacts. There are frequent leaks in fluoride storage and delivery equipment due to the corrosive nature of HFS, causing interruptions in fluoridation.</li> <li>Large volumes are stored onsite at the facilities due to the low fluoride concentration in liquid form.</li> <li>Due to the risk of using HFS, Halifax Water previously did an assessment of alternative fluoridation chemicals. Halifax Water decided to continue with HFS instead if switching to NAF due to high capital cost and increased labor requirements for operations.</li> </ul>



#### **ATTACHMENT**

#### Attachment 1 – 2014 Board Report

Attachment 2 Fluoridation Information Package provided by the Medical Officer of Health



ITEM # 3A HRWC Board April 24, 2014

TO:	Colleen Purcell, CA, Chair, and Members of the Halifax Regional Water
	Complission Board
SUBMITTED BY:	Keller
	Reid Campbell, P. Kng., Director of Water Services
APPROVED:	Mart Vates
	Carl Yates, M.A.Sc., P. Eng., General Manager
DATE:	April 17, 2014
SUBJECT:	Fluoridation of Drinking Water

#### <u>ORIGIN</u>

Information report to the Halifax Water Board, dated March 27, 2014, on drinking water fluoridation practice.

#### **RECOMMENDATION**

It is recommended that the Halifax Water Board endorse the continuation of the practice of drinking water fluoridation, consistent with the above referenced submission to the Halifax Water Board, the Guidelines for Canadian Drinking Water Quality, and the position statement of the Nova Scotia Department of Health.

#### BACKGROUND

The issue of fluoridation of drinking water is one that is of concern to a segment of Halifax Water's customers and, therefore, generates a number of customer inquiries. Common customer concerns presented to Halifax Water relate to freedom of choice, safety and perceived lack of benefits of water fluoridation. There are also several well organized anti-fluoridation groups, all of which can cite authorities who are speaking out against fluoridation of drinking water. Conversely, public health authorities are unanimous in support of fluoridation of drinking water, as was indicated by the recent submission from the IWK, Dalhousie Faculty of Dentistry and the Nova Scotia Dental Association to the Halifax Water Board (Attachment 1).

In recent years, there has been an increase in fluoride inquiries in response to a number of municipal level drinking water fluoridation debates across the country and local publications and petitions by anti-

fluoridation supporters. To provide a context for these complaints, approximately 260 customer water quality complaints were recorded in 2013. Of the 260 complaints, 130 were related to geosmin, 50 were related to lead and 27 were attributed to fluoride.

Considering the level of concern among a segment of Halifax Water customers, the interest by public health authorities in continuing this practice, and public debates in other communities, it is appropriate that the Halifax Water Board consider its position on fluoridation at this time.

#### **DISCUSSION**

The addition of fluoride to drinking water has been found, by Health Canada, The Centers for Disease Control, the World Health Organization and other public health agencies, to be both a safe and effective public health measure. There is a scientific consensus in support of the addition of fluoride to drinking water for preventing tooth decay. Drinking water fluoridation is widely viewed as the most cost effective and equitable way to provide fluoride protection to a large number of people, despite the availability of other forms of fluoride such as toothpaste, mouth rinses, or professional fluoride treatment. The benefits of water fluoridation are available to everyone in the community and ensure access among vulnerable populations, such as those with limited socioeconomic resources who may not otherwise have access to preventive measures.

Halifax Water fluoridates water in the Pockwock (Halifax, Bedford, Sackville, Timberlea) and Lake Major (Dartmouth, Cole Harbour, Eastern Passage, North Preston) systems. Like numerous other utilities across North America, fluoride addition began in these systems in the 1950's at the encouragement of the Public Health Officer for the public health benefit of preventing and reducing dental caries. Halifax Water continues to practice drinking water fluoridation with full support from the Medical Officer of Health and Nova Scotia Environment.

Fluoridation of drinking water generates safety concerns by utility customers across North America. Halifax Water relies on the Guidelines for Canadian Drinking Water Quality (GCDWQ) as the authority to determine what is or is not safe for drinking water. Fluoridation practice is regulated by Nova Scotia Environment through operating approvals and the GCDWQ, published by Health Canada. Guideline development is supported by a diverse staff of public health professionals consisting of medical doctors, dentists and experts in epidemiology and toxicology. Health Canada considers all possible means of exposure (not just through drinking water) and after a public comment period, sets a limit for safe exposure through drinking water. This is a non-biased process that attempts to reach a decision while considering all available scientific evidence.

Health Canada, along with several other national public health agencies, has recently reviewed the issue of fluoride in drinking water and continues to support drinking water fluoridation as a safe and cost effective public health measure. The most recent guideline on fluoride reaffirmed a maximum acceptable concentration (MAC) of 1.5 mg/L and clearly states that the weight of evidence from all currently available studies does not support a link between exposure to fluoride in drinking water at 1.5 mg/L and any adverse health effects. In addition, the recommended concentration of fluoride in

drinking water to provide optimal dental health benefits was determined to be 0.7 mg/L, which is Halifax Water's treatment objective.

Halifax Water uses hydrofluosilicic acid, for drinking water fluoridation as part of the treatment process. The addition of fluoride costs approximately \$150,000 annually, which is \$0.42/person or \$1.80/service connection. The fluoride we use in the drinking water system must meet American Water Works Association standards and more importantly National Sanitation Foundation (NSF)/ American National Standards Institute (ANSI) Standard 60, which is a health standard for additives to drinking water. The standard requires a toxicology review to determine that the product is safe at its maximum use level. Fluoride addition during the water treatment process is monitored carefully by water treatment plant operators, including daily quality control protocols to verify that the desired dose is being maintained.

Halifax Water responds to all water quality inquiries, including fluoride inquiries, received from concerned customers. All written inquiries are responded to in writing (a typical response letter is included (Attachment 2). In addition, Halifax Water also addresses specific customer fluoridation concerns or questions. Halifax Water also regularly publishes information pertaining to the fluoridation of drinking water in communications such as WaterTalk, mailouts and yearly publications such as the Annual Report and Stewardship Report. In fact, Halifax Water's upcoming Stewardship Report will contain an article titled "Drinking Water Fluoridation: You Ask, We Answer!" which addresses common customer concerns regarding drinking water fluoridation and is intended to provide accurate information on fluoridation practices for Halifax Water customers (Attachment 3).

Halifax Water communicates frequently with the Medical Officer of Health regarding common public health concerns related to drinking water quality, including fluoride. Persistent public health concerns related to drinking water quality are generally passed along to Environmental Health Consultants with the Nova Scotia Department of Health and Wellness and, if required, the Medical Officer of Health is engaged. The Medical Officer of Health has consistently stated that the addition of fluoride to drinking water has been found to be both a safe and effective public health measure. Nova Scotia Department of Health Protection and Promotion issued a position statement on drinking water fluoridation that reaffirmed the fluoridation of municipal drinking water as effective for the prevention of dental caries and that fluoridation at optimal levels does not cause adverse health effects.

Commissioners may be aware that Councillor Jennifer Watts recently identified two articles which implied negative health effects from fluoride in drinking water, and asked Halifax Water staff to consider anything relevant to current fluoridation practice in these articles. The prime article is an article in *The Lancet*. This article is not new research but is a discussion on substances that the authors have identified as potential neurotoxins, including fluoride, and the need for a framework in society to deal with these substances. The article references a study done in 2006 by the authors. Their conclusions related to fluoride were not based on original research but on a review of research done in China in 2006. The other article referenced by the Councillor is from a publication called *Natural News* which summarizes the same study contained in *The Lancet*.

What is of relevance to Halifax Water's position is that the referenced work was conducted in 2006, well in advance of Health Canada's most recent review of fluoride in 2010 and as such, the 2006 study

and its supporting research were available to Health Canada for their consideration when the fluoride guideline was last reviewed.

#### **SUMMARY**

Drinking water fluoridation is a safe and cost effective public health practice that is supported by all major health authorities in North America. To that end, Halifax Water continues to support the fluoridation of drinking water as a beneficial public health practice for decreasing dental cavities and protecting oral health.

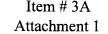
#### **BUDGET IMPLICATIONS**

The cost of providing fluoridation in the Pockwock and Lake Major systems is approximately \$155,000 per year in treatment chemicals, plus minor additional amounts for system preventative maintenance. All costs are included in current budgets and business plans.

#### **ATTACHMENTS**

Attachment 1: Fluoride Information Package Attachment 2: Halifax Water Typical Fluoride Response









Deptate

Associatio

Faculty of Dentistry

Fluoride Information Package

February 12, 2014

To Halifax Water Board of Commissioners

Colleen Purcell, CA, ChairCouncillor David Hendsbee, B.CommCouncillor Russell Walker, Vice ChairCouncillor Barry DalrympleMayor Mike SavageDon MasonRichard Butts, HRM CAOKen Meech

The Nova Scotia Dental Association, the IWK Health Centre and the Faculty of Dentistry, Dalhousie University are concerned that the oral health benefits of fluoridated public water may be in jeopardy in HRM, following a recent letter written to The Coast magazine by the Safe Water Halifax group. We are writing to you jointly to provide information on the oral health benefits of fluoride and offer to present to Council should there be future consideration of changing the current policy of fluoridating water.

Over the past few years, organized efforts have been made in two other Nova Scotia communities to cease the addition of fluoride to community water systems; in each of these cases, the arguments of dentistry and other health care providers in support of continued water fluoridation have been successful. In the event this becomes an issue raised within HRM in the future, the undersigned believe decision makers should have the best possible information about the oral health benefits of fluoridated drinking water.

Early childhood caries (ECC), is the most common chronic infectious disease of infants and toddlers. Recent studies show that like other areas of Canada there are high levels of this disease in Nova Scotia, particularly in non fluoridated areas. It causes children a great deal of pain and infection, yet is preventable with the assistance of community water fluoridation.

Attached Is our Question and Answers document about community water fluoridation. Also included is the Nova Scotia Department of Health & Wellness' Position Statement on Water Fluoridation, as they firmly believe like we do, that fluoridated water is an important means of preventing dental decay – especially in children.

We would be pleased to answer any questions you might have or provide further information should the need arise.

Sincerely,

Dr. Ross Anderson Chief of Dentistry, IWK Health Centre Assistant Professor and Division Head, Paediatric Dentistry, Dalhousie University

**Dr. Tom Boran** Dean, Faculty of Dentistry, Dalhousie University **Dr. Tara Chobotuk** Paediatrician, IWK Health Centre Department of Paediatrics, Dalhousie University

Dr. Stuart MacDonald President Nova Scotia Dental Association

#### Item # 6-I HRWC Board, Mar 27, 2014 Attacl

Attachment 1

# Fluoride Health & Safety

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#### Fluoride - is the fluoride used in CWF a drug, a nutrient, or something else?

Fluoridation chemicals are considered treatment additives in the drinking water treatment process. These chemicals are the source of the mineral nutrient fluoride.

- Fluoride is considered a non-essential nutrient beneficial to human health.
- Fluorides used in CWF are not considered drugs by Health Canada.
- Note: Fluoride in products such as toothpaste and dental rinse are considered drugs under the Food
   and Drugs Act and are regulated under the Natural Health Products Regulations.

#### Fluoridation chemicals – are they hazardous waste?

- Fluoridation chemicals (i.e. hydrofluorosilic acid) are derived from the fertilizer industry and are considered a hazardous recyclable material.
- Fluoridation chemicals certified for use in drinking water are considered treatment additives in the
   drinking water treatment process and are not classified as hazardous waste in Canada.

#### Fluoride dose - is the dose of fluoride controlled in CWF?

- The concentration of fluoride in drinking water is 0.7mg F/L is based in part on the assumption that
- most people consume about 1 L of water per day for a daily intake of 0.7 mg F per day. This level is
- lower than the recommended national level to ensure safety, and significantly lower than the required maximum concentration in America.
- Health Canada uses a population-based approach in risk assessment and established guidelines in
- the sub-population likely to be most affected young children aged 22-26 months old. In the recent Canadian Health Measures Survey, Health Canada states there is no data to suggest
- that exposure to fluoride at typical levels found in drinking water would result in adverse effects for those consuming larger quantities of waters.

### Margin of safety – is the margin of safety for CWF sufficient to protect the most sensitive individuals in a community?

Margin of safety is not a concept that is routinely used in the development of the Guidelines for Canadian Drinking Water Quality according to Health Canada.

Skeletal fluorosis, the adverse health effect associated with fluoride, would occur at exposure levels that are greater than 10 times the Canadian optimal concentration for CWF (Health Canada Federal-Provincial-Territorial Committee on Drinking Water (CDW)).

#### Medical ethics - is it ethical to prescribe a "drug" without informed consent?

Governments and health professionals have a responsibility to make decisions that balance the best possible community health outcomes with individual choices.

Preventing problems before they occur is vital to good health. Adjusting the level of fluoride in drinking water to prevent dental decay can be compared to current practices of adding Vitamin D to milk to maintain healthy bones, folic acid to breakfast cereals to reduce the risk of babies being bom with neural tube defects or iodine into salt for thyroid health, and public health measures such as smoking restrictions, compulsory seat belts and immunization.

#### Evidence base - is evidence supporting CWF of sufficient quality and strength?

The study designs used to evaluate CWF include 'before and after' studies, cross sectional studies, ecological studies, cohort (prospective and retrospective) studies and case-control studies. Given the nature of CWF, it is not practical to conduct a randomized controlled trial (RCT) to evaluate CWF.

•	Item # 6-I
)	· HRWC Board, Mar 27, 2014 Attachment 1
)	"The Great Fluoridation Gamble" – is enough known about the long term health effects of CWF?
	Health Canada recognizes that exposure to fluoride for extended periods of time is linked to dental fluorosis and, at extremely high levels, skeletal fluorosis. However, based on a thorough review of the available relevant scientific literature, Health Canada states that the weight of evidence does no support any other adverse effects. (Canadian Health Measures Survey, http://www.hc-sc.gc.ca/hl-vs pubs/oral-bucco/fact-fiche-oral-bucco-stat-eng.php)
	CWF effect – what is the predominant CWF effect?
	Although the predominant benefit of fluoride is post eruptive and topical, CWF does provide a pre- eruption systemic effect as well as post-eruption topical effect, since part of its excretion mechanism is in saliva.
	Benefits - are the benefits of CWF presented in a balanced way?
	Although the reductions in the prevalence and severity of tooth decay (DMFT, DMFS (adult teeth)) in the population have decreased with time, there has been a notable increase in dmft, dmfs (baby teeth) according to the Centre for Disease Control (2007). A recent study in Canada (CIHI) shows that cavities in baby teeth are the most common reason for day surgery in Canada and that majority of children treated are from non fluoridated communities. The prevention of tooth decay on a single tooth surface at the individual level contributes to significant savings at the population level.
	Bottle-fed babies – are bottle-fed babies at risk?
	Health Canada states that there is no evidence to support a link between the exposure to infant formula reconstituted with drinking water at the Canadian MAC (1.5 mg F/L) and moderate and severe forms of dental fluorosis in the population.
	Children – do dental fluorosis levels indicated that children are overexposed to fluoride? Although the prevalence of dental fluorosis has increased in the USA since the 1980s, the increases
	have been in the 'very mild' and 'mild' forms which are of a cosmetic and not a functional nature. The CHMS indicated that so few children have 'moderate' or 'severe' fluorosis that even combined, the prevalence is too low to allow reporting.
	Bones – are bones protected from lifelong exposure to fluoride?
	Health Canada states that the weight of evidence from all currently available studies does not suppor a link between exposure to drinking water at 1.5mg/L and any adverse health effects.
	Bone cancer - is fluoride ingestion associated with bone cancer?
	Health Canada states that the weight of evidence from all currently available studies does not suppor a link between exposure to drinking water at 1.5mg/L and any adverse health effects.
	Preventing tooth decay - are there alternative ways of preventing tooth decay?
	Although there are alternatives to CWF, none are as cost effective as CWF.
	The local decision to use CWF as a primary preventive measure is a value judgment.
	Benefit versus risk of harm - does the benefit of CWF outweigh the risks in 2014?
	Communities that do not have CWF tend to have a higher prevalence of tooth decay.
	There are however locations without CWF that are reporting caries levels similar to those with CWF.

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	Item # 6-1
	HRWC Board, Mar 27, 2014 Attachment 1
*	Environmental health perspective vs Public health perspective - what is the difference
ļ	between these perspectives of CWF?
 	An environmental health perspective tries to minimize environmental and chemical risks & focus on protection of all members of the community.
ļ	This perspective supports alternative primary prevention measures to CWF.
! ; ;	A public health perspective attempts to provide the greatest good for the greatest number of people & focus on the "average" person.
י   	This perspective supports the practice of CWF as a primary prevention measure to reduce the risk of tooth decay in a community.
11 2 1 1	Precautionary Principle vs Risk- based approach – what is the difference between these approaches to CWF?
	A precautionary approach to CWF considers alternative preventive
	measures with lower risks, or informs patients about potential
•	risks, even when the risks may be only theoretical and when no credible evidence exists to suggest harm.
- ?	
r F	However, until credible evidence exists that CWF is associated
į	with adverse events (other than dental fluorosis); a risk-
•	based approach views the benefits of cavity prevention for a
ł	population as outweighing the risk of dental fluorosis.
	The body of scientific evidence supports the safety of CWF.
ľ	The body of scientific evidence supports the salety of CVVF.
F b	What do municipalities need to know before
1	embarking on a course of fluoride delivery?
1	The availability of fluorides from a variety of
•	sources must be taken into account before
•	embarking on a specific course of fluoride
Ł	delivery to either populations or individual
1	patients. This is particularly important for children whose overall fluoride intake should
1	be taken into consideration to prevent the
P	development of fluorosis. Communities
r b	considering water fluoridation are encouraged
þ	to review their individual circumstances
į.	carefully. Communities should evaluate
ļ	overall exposure to fluoride giving attention
Þ	to available data on the dental health of
ł	community members, the size of the group not
ł.	likely exposed to adequate fluoride from other
8	sources, the minimum level of fluoride required to be beneficial, the need for fluoride protection
P N	in all sub-segments of the populations while
р 1	showing compassion for its most vulnerable
•	members, and any other information which
	would be helpful in making this decision.
8	

Attachment 1

### Frequently Asked Questions:

#### General

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#### What is fluoride?

Fluoride is a mineral found in soil, water (both fresh and salt) and various foods. While not essential to life, fluoride is considered to be a mineral nutrient beneficial to human health in safe doses.

#### How does fluoride prevent tooth decay?

Fluoride has a positive effect on oral health by making teeth more resistant to decay. Fluoride can also prevent or even reverse tooth decay that has started.

#### Where do I get the fluoride that prevents tooth decay?

For many Canadians, fluoride is in public drinking water, which provides protection to the entire community. Fluoride toothpastes and rinses are available for purchase, and dentists can provide professional fluoride products such as gels and varnish.

#### **Dental Fluorosis**

#### What is dental fluorosis?

Dental fluorosis is a change in the appearance of teeth. It is caused when higher than optimal amounts of fluoride is ingested in early childhood. In its mildest and most common form, it affects the

look of the tooth with small white specks appearing on a child's teeth.

#### is dental fluorosis a concern in Canada?

The Canadian Health Measures Survey 2007-2009 found that dental fluorosis is not an issue of concern for the vast majority of children (84%). Some children (16%) have mild forms of fluorosis that often go unnoticed by both the children and their parents.

#### Community Water Fluoridation

#### What is water fluoridation?

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Water fluoridation is the process of adjusting the level of fluoride in a public drinking water supply to optimize the dental benefits of preventing tooth decay.

#### Why is fluoride added to the public drinking water if it is available in other ways?

Fluoride is added to public drinking water to protect all members of the community from tooth decay. Community water fluoridation is a safe and effective way of preventing tooth decay at a low cost.

#### Who watches the fluoride levels in the drinking water?

The Federal-Provincial-Territorial Committee on Drinking Water makes recommendations about the optimal level of fluoride in public drinking water to prevent tooth decay. The recommended level takes into account that Canadians receive fluoride from other sources such as food and beverages.

#### What does an "optimal" level of water fluoridation mean?

An optimal level of water fluoridation is achieved by adjusting the level of fluoride in the water to find the right balance between the benefit of preventing tooth decay and the risk of developing dental fluorosis.

#### Are there any health risks associated with water fluoridation?

With the exception of dental fluorosis, scientific studies have not found any credible link between water fluoridation and adverse health effects.

Item # 6-I HRWC Board, Mar 27, 2014 Attachment 1

#### Fluoride Toothpaste

#### Should I be using fluoridated toothpaste with my child?

For children from birth to 3 years of age, the use of fluoridated toothpaste is determined by the level of risk of tooth decay. Parents should consult a health professional to determine whether their child up to 3 years of age is at risk of developing tooth decay. If such a risk exists, the child's teeth should be brushed by an adult using a minimal amount (a portion the size of a grain of rice) of fluoridated toothpaste. Use of fluoridated toothpaste in a small amount has been determined to achieve a balance between the benefits of fluoride and the risk of developing fluorosis. If the child is not considered to be at risk, the teeth should be brushed by an adult using a toothbrush moistened only with water.

For children from 3 to 6 years of age, only a small amount (a portion the size of a green pea) of
fluoridated toothpaste should be used. Children in this age group should be assisted by an adult in
brushing their teeth.

#### Why do young children need to be assisted or supervised with tooth brushing?

Young children tend to swallow toothpaste when they are brushing, which if it becomes a habit over a long period of time, could increase their exposure to fluoride and contribute to dental fluorosis. For this reason, children need to be assisted or supervised with tooth brushing. An adult needs to ensure that an appropriate amount of toothpaste is used, that the child spits out the toothpaste rather than swallows it, and that the teeth are cleaned effectively.

#### How do I know if my child is getting enough fluoride protection?

Your dentist is able to assess your child's risk of developing tooth decay and advise you of an appropriate level of fluoride protection.

#### Fluoride and Your Child

Fluoride is a mineral found in soil, water (both fresh and salt) and various foods. It has a positive effect on oral health by making teeth more resistant to decay. Fluoride can also prevent or even reverse tooth decay that has started.

Fluorides are used by communities as a public health measure to adjust the concentration of fluoride in drinking water to an optimum level (community water fluoridation); by individuals in the form of toothpastes, rinses, lozenges, chewable tablets, drops; and by the dental profession in the professional application of gels, foams and varnishes.

The availability of fluorides from a variety of sources must be taken into account before embarking on a specific course of fluoride delivery. This is particularly important for children under the age of 6, where exposure to more fluoride than is required to simply prevent dental caries can cause dental fluorosis. Provided that the total daily intake of fluoride is carefully monitored, fluoride is considered to be a most important health measure in maintaining oral health.

Dentists and other trained health care providers are able to assess your child's risk of developing tooth decay and advice you of an appropriate level of fluoride protection.

Attachment 1

Spring 2014

#### NOVA SCOTIA DEPARTMENT OF HEALTH AND WELLNESS

#### - POSITION STATEMENT ON WATER FLUORIDATION -

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The Nova Scotia Department of Health and Wellness supports fluoridation of municipal drinking water supplies in Nova Scotian communities as a safe, effective and economical means of preventing dental caries in all age groups.

Fluorides are found naturally throughout the world. They are present to some extent in all food and water so that all humans ingest some fluoride on a daily basis. In optimal concentrations, fluoride protects the teeth from caries (cavities) without any known harmful effects.

Fluoride may be used by individuals in the form of toothpastes, rinses, etc. or applied professionally in the form of gels, foams or varnishes. Fluoridation of the drinking water supply at minimum levels required for efficacy ensures its benefits are equally available to all, regardless of socioeconomic circumstance.

The fluoridation of drinking water supplies is a well-accepted measure to protect public health and is strongly supported by scientific evidence. It continues to be endorsed by over 90 national and international professional health organizations including Health Canada, the Canadian and American Dental Associations, the Canadian Medical Association, the World Health Organization and the Food and Drug Administration of the United States.

An expert panel, commissioned by Health Canada to review the scientific studies available on fluoride and its possible effects on health made a number of recommendations to Health Canada, including:

- to decrease slightly the amount of fluoride that can be added to municipal drinking water,
- to encourage the availability and use of low-fluoride toothpaste by children, and
- to suggest to makers of infant formula to reduce levels of fluoride in their products

This report was submitted to the federal government in January of 2007, and made public in June, 2008 on Health Canada's website.

The current optimal fluoride concentration for caries prevention is .7 mg/L. Levels should be monitored and adjusted to ensure consistency in concentrations and avoid fluctuations.

The safety and efficacy of water fluoridation has been frequently studied and continues to be supported by current science. Canadian and international studies agree that water that was fluoridated at optimum levels does not cause adverse health effects.

Communities considering water fluoridation should review their individual circumstances, giving attention to the dental health of community members, the likely exposure to adequate fluoride from other sources, and existing natural fluoride levels before making the decision.

Requests for further information may be directed to your Public Health Dental Hygienist or to the provincial Chief Public Health Officer through the Department of Health Promotion and Protection.

#### Item # 6-I HRWC Board, Mar 27, 2014 Attachment 1

#### Supporting Scientific Studies:

Findings and Recommendations of the Fluoride Expert Panel (January, 2007) http://www.hc-sc.gc.ca/ewh-semt/pubs/water-eau/2008-fluoride-fluoride-fluoride-eng.php

National Health and Medical Research Council of Australia. 1999:

"Water Fluoridation at optimal levels continues to provide significant benefits in the prevention of dental caries for both deciduous (baby) and permanent (adult) teeth. It remains the most effective means of achieving community-wide exposure to the caries preventive effects of fluoride and should remain unchanged."

Oral Health in America: A Report of the Surgeon General. 2000:

"Community Water Fluoridation 'is 'safe and effective in preventing 'dental caries "in 'both children and adults,, Water fluoridation benefits all residents serviced by community water supplies regardless of their social or economic status

http://www.cdc.gov/fluoridation/faci\_sheets/sg04.htm

Systematic Review of Water Fluoridation. UK/International study. 2000:

"Fluoridation of drinking water supplies does reduce caries prevalence, both as measured by the portion of children who are caries free and by the mean change in deft/DMFT Score." The deft Score determines the dental caries status for primary teeth decayed.

(d=decayed, e=extracted due to caries, f=filled t=teeth)

http://www.york.ac.uk/inst/crd/pdf/fluorid.pdf

Water Fluoridation. US Department of Health and Human Services Centers for Disease Control and Prevention. 2001

"Fluoride has contributed profoundly to the improved dental health of persons in the United States and other countries. Fluoride is needed regularly throughout life to protect teeth against tooth decay. To ensure additional gains in oral health, water fluoridation should be extended to additional communities." http://www.cdc.gov/mmwr/preview/mmwrhtml/rr5014a1.htm

#### European Fluoridation Forum. 2002

"Water fluoridation has been very effective in improving the oral health of the Irish population, especially of children, but also of adults and the elderly"

.... "The prevalence of dental decay is approximately 30-50% lower in fluoridated areas of the Republic of Ireland compared with non fluoridated areas in Northern Ireland."

http://www.dohc.ie/publications/pdf/fluoridation\_forum.pdf?direct=1



Item # 6-I HRWC Board Mar 27, 2014 Attachment 1



Faculty of Dentistry

NS DA

Dr. Stuart MacDonald President Nova Scotia Dental Association Dr. Tara Chobotuk Paediatrician, IWK Health Centre Department of Paediatrics, Dalhousie University Dr. Ross Anderson Chief of Dentistry, IWK Health Centre Assistant Professor and Division Head, Paediatric Dentistry, Dalhousie University Dr. Tom Boran Dean, Faculty of Dentistry, Dalhousie University

IWK Health Centre | 5850-5980 University Ave | 902 470 8888 Faculty of Dentisry, Dalhousie University | 5981 University Ave | 902 494 2101

Item #3A HRWC Board April 24, 2014

#### Attachment 2 Halifax Water Typical Fluoride Response

Thank you for writing regarding your concerns about fluoridation of drinking water. The issue of fluoridation of drinking water is certainly one that is of concern to a segment of our population and one where we continue to get questions from time to time.

Halifax Water fluoridates water in the Pockwock (Halifax, Bedford, Sackville, Timberlea) and Lake Major (Dartmouth, Cole Harbour, Eastern Passage, North Preston) systems. Like numerous other utilities across North America, fluoride addition began in these systems in the 1950's at the encouragement of the Public Health Officer for the public health benefit of preventing and reducing dental caries. Fluoridation practice is regulated by Nova Scotia Environment through operating approvals and the Guidelines for Canadian Drinking Water Quality (GCDWQ), published by Health Canada.

Fluoride is one of a number of drinking water parameters over which there are strong differences of opinion. There are several well organized anti-fluoridation groups, all of which can cite authorities who are speaking out against fluoridation of drinking water. Conversely, public health authorities are near unanimous in support of fluoridation of drinking water.

While Halifax Water conducts considerable water quality research, it is primarily focused on Halifax Water specific issues. Fluoride is an issue of broad national and North American wide concern. On issues such as this, Halifax Water relies on the Guidelines for Canadian Drinking Water Quality to determine what is or is not safe. The GCDWQ are prepared by Health Canada and used to varying degrees by each jurisdiction in Canada for regulatory purposes. The GCDWQ includes guidelines on approximately 140 parameters including over 80 chemical parameters. To set a guideline, the committee, representing each province and territory, and Health Canada, collects and considers the full body of scientific evidence on a parameter. The committee can and does commission additional research where the available body of research is found to be inconclusive or incomplete. The committee is supported by a diverse staff of public health professionals consisting of medical doctors and experts in epidemiology and toxicology. The committee also considers all possible means of exposure (not just through drinking water) and after a public comment period, sets a limit for safe exposure through drinking water. This is a non-biased process that attempts to reach a decision while considering all available scientific evidence. For that reason Halifax Water follows Health Canada and the advice of the Medical Officer of Health.

In December 2010, Health Canada completed a review of the issue of fluoride in drinking water and issued a new guideline on fluoride. The most recent guideline reaffirmed a Maximum Acceptable Concentration (MAC) of 1.5 mg/L and revised the optimum concentration for dental health protection slightly downward to 0.7 mg/L. Additionally, Health Canada reaffirmed that there is a public health benefit to fluoride in drinking water and that there is no apparent health

#### Item #3A HRWC Board, April 24, 2014 Attachment 2

risk from consuming fluoride in drinking water at the concentrations found in municipal supplies. In recent years, several noted public health agencies have reviewed fluoride including the USEPA, the Centers for Disease Control and the World Health Organization and all have reached a similar conclusion as Health Canada.

The revised guideline can be viewed at the following link:

<u>http://www.hc-sc.gc.ca/ewh-semt/pubs/water-eau/2011-fluoride-fluorure/index-eng.php</u> Nova Scotia Department of Health Protection and Promotion issued a position statement on drinking water fluoridation. The position statement was developed based on the findings of an expert panel convened by Health Canada in 2007 on the same topic. Both documents reaffirmed the fluoridation of municipal drinking water as effective for the prevention of dental caries and that fluoridation at optimal levels does not cause adverse health effects. I have attached this statement for your review.

We monitor concentrations in the treated water on a daily basis to ensure that the target fluoride levels are being achieved at all times. Average fluoride levels in our treated water are reported on our webpage under the Typical Analysis link: http://www.halifax.ca/hrwc/documents/Pockwock-LakeMajor20112012.pdf

I trust that the information provided in this email addresses your specific concerns. If you have additional questions, feel free to contact me.

### Public Health Package:

Supporting Continued Water Fluoridation in Halifax Regional Municipality, including Resumption of Fluoridation at Lake Major Water Supply Plant

#### **Contents:**

(Click to jump to section)

- 2 **Recommendation:** Central Zone Public Health, Nova Scotia Health
- 3 Letter: Department of Dentistry, IWK Health
- 5 Letter: Department of Pediatrics, IWK Health
- 6 Letter: Faculty of Dentistry, Dalhousie University
- 8 Letter: College of Dental Hygienists of Nova Scotia
- **10 Presentation:** *Why Public Health, IWK Health, and Partners Recommend Community Water Fluoridation* – presented to Halifax Water Board of Commissionaires and Executives on January 7, 2025
- **44 FAQ:** Key questions and answers on community water fluoridation and health
- 47 Infographic: Community Water Fluoridation
- **49 Technical Summary:** *Tooth Decay and Fluorides* prepared by dentistry experts at Dalhousie University, IWK Health and University of Calgary



Presented to Halifax Water Board of Commissionaires for their January 30, 2025 meeting.



Central Zone Public Health 7 Mellor Ave., Unit 5 Dartmouth, NS B3B 0E8

January 17, 2025

Halifax Water 450 Cowie Hill Rd. Halifax, NS B3P 1P1

### RE: Supporting Continued Water Fluoridation in Halifax Regional Municipality, including Resumption of Fluoridation at Lake Major Water Supply Plant

Dear Halifax Water Board of Commissioners,

In response to the recent interruption of water fluoridation at the Pockwock Lake and Lake Major water supply plants, Central Zone Public Health has been asked to submit recommendations to Halifax Water on the issue of community water fluoridation in Halifax Regional Municipality (HRM).

Central Zone Public Health, Nova Scotia Health and the Department of Health & Wellness, Public Health Branch strongly support the continued use of fluoride in HRM's water supply plants to help prevent tooth decay and promote oral health in residents. We were pleased to learn of the resumption of fluoride at Pockwock Lake Water Supply Plant in December 2024. We recognize the complications at the Lake Major Water Supply Plant are due to changes in the lake water quality and space constraints. It is our strong recommendation that Halifax Water resume fluoridation at Lake Major Water Supply Plant as soon as it is operationally possible.

Community water fluoridation is an important, safe and effective measure to improve oral health, which is essential to overall health and well-being at every age and stage of life. Adding fluoride to water is one of the most cost-effective and equitable public health interventions available, reaching everyone in a community regardless of their age, income or access to dental care services or supplies.

As you prepare to decide on next steps for fluoridation at the Lake Major Water Supply Plant, we invite you to review the supporting documents provided in this package.

Thank you for the opportunity to submit this package and show how community water fluoridation remains instrumental for our community. We look forward to continued collaboration and partnership with Halifax Water throughout this process and into the future.

Sincerely,

CRLBrown

Dr. Catherine Brown Regional Medical Officer of Health, Central Zone Public Health Nova Scotia Health

Thadpod

Shelley Radford Director, Central Zone Public Health Nova Scotia Health



Halifax Water Board Of Commissioners P.O. Box 8388, RPO CSC Halifax NS B3K 5M1

Jan. 2, 2025

Dear Halifax Water Board Of Commissioners,

#### RE: **Municipal water fluoridation in Halifax Regional Municipality and** prevention of childhood dental caries

I was pleased to hear that the Lake Pockwock facility has been able to resume the fluoridation of drinking water, and I am writing to confirm that I am in full support of the resumption of water fluoridation in the Dartmouth Lake Major catchment area as soon as possible. There is no doubt that lack of water fluoridation increases the rate of dental caries (cavities) for vulnerable populations.

As a pediatric dentist and the Chief of Dentistry at IWK Health, I manage this disease daily. Our referral numbers and waitlists for dental surgery under general anesthesia are a wellknown problem and are reported regularly to the Department of Health and Wellness. Many of the children referred to our service will require the use of general anesthesia for their dental treatment due to their inability to cooperate or the extensive nature of their treatment needs.

At IWK Health, Dentistry uses more operating room time than any other surgical service, at approximately 30% of all hours. This is the case at most pediatric tertiary care hospitals across Canada. At IWK Health, we also have the greatest number of surgical "long waiters," children who have waited more than one year for their dental surgery. Most children in our system do not have surgery within recommended surgical access times, as defined by their "PCAT" (Pediatric Canadian Access Target) codes.

Without hesitation, I can predict that lack of water fluoridation will increase the presence of this disease, the number of referrals to our service and the need for dental treatment under general anesthesia.

Reducing surgical wait times has been identified as a priority in the Nova Scotia government's "Action for Health" plan and programs and policies that support water fluoridation would be a direct investment in that priority. IWK Health would strongly support any Halifax Water initiatives that would encourage the continuation or re-initiation of water fluoridation.

Sincerely,

Harthen

Dr. Heather Dyment Chief, Dentistry IWK Health heather.dyment@iwk.nshealth.ca





#### Healthy Respectful Workplaces Every Child Matters Black Lives Matter Better Futures Quality Care Discover & Innovate Educate & Mentor Lead & Advocate

Department of Pediatrics, Dalhousie University

5850/5890 University Avenue Halifax, NS Canada B3K 6R8 andrew.lynk@iwk.nshealth.ca Tel: (902) 470-6399 Fax: (902) 470-7975

#### Dr. Andrew Lynk MD MSc. CTM FRCPC D.Litt (Hons)

Chief of Pediatrics IWK Health Centre Halifax Nova Scotia Chair of Pediatrics & Associate Professor Dalhousie University

To: The Halifax Water Commission

Jan 2<sup>nd</sup>, 2025

Re: HRM Community Water Fluoridation

Dear Commissioners,

I am writing in support of continued HRM community water fluoridation. When CWF follows recommended concentrations and processes, this is a safe and modestly effective way to prevent widespread dental caries across all populations of people. This public health intervention alleviates a lot of needless suffering, time lost from school and work, and makes better use of our healthcare resources.

Supporting evidence-based documents include:

- 1) Canadian Paediatric Society (2021): <u>https://cps.ca/en/documents/position/early-</u> <u>childhood-caries</u>
- 2) American Dental Association (2024): <u>https://jada.ada.org/article/S0002-8177(24)00567-</u> <u>1/fulltext</u>

Yours sincerely,

Andrew D. hyne mo

Andrew D. Lynk MD



Wednesday, January 8, 2025

Halifax Water Board of Commissioners 450 Cowie Hill Road Halifax, NS B3P 1P1

Dear Halifax Water Board of Commissioners,

#### RE: Community water fluoridation in Nova Scotia and prevention of tooth decay burden

We write to express our support for the immediate reinstatement of community water fluoridation at the Lake Major Water Supply Plant in Nova Scotia.

Community water fluoridation has been well-examined for over almost 80 years worldwide. Its benefits and safety have been confirmed. Fluoridation is the most effective and equitable way to prevent tooth decay and reduce oral health inequalities. In fact, the U.S. Centers for Disease Control and Prevention have designated community water fluoridation as one of the ten great public health achievements of the 20th Century. The World Health Organization proposes safe and optimal levels of community water fluoridation as a global target in the Global Strategy and Action Plan on Oral Health 2023-2030.

Tooth decay is one of the most common chronic diseases, affecting over 2.5 billion children and adults. Tooth decay causes pain, difficulty chewing and speaking, low self-esteem, social vulnerability, and missed school and workdays. By increasing hospital emergency visits, dental decay is costly to the healthcare system. The economic burden of tooth decay worldwide in 2015 was \$245 billion/year. People living with socioeconomic challenges and those with limited or no access to dental services, fluoride products, and healthy food options are at higher risk for tooth decay. This group includes low-income racial and ethnic minorities, people in underserved communities, persons living with disabilities, and young children and older persons who depend on others for care.

Facts about tooth decay and fluorides:

- Tooth decay is a common chronic disease. Bacteria in the mouth produce acids from sugars and starches present in food. Acids damage teeth by eroding the protective enamel. Tooth decay is progressive; if left untreated, it leads to pain and infection, requiring time-consuming, expensive, and complex care.
- Fluoride, a mineral that occurs naturally, helps prevent tooth decay by strengthening tooth enamel against bacterial damage.
- Community water fluoridation (adjusted to 0.6-0.8 mg/L) optimizes the protective effect of fluoride; a 25-30% reduction in tooth decay is available to everyone who drinks fluoridated tap water.
- For every dollar invested in community water fluoridation, we can save \$5 to \$93/person in dental treatment costs depending on the population it serves. The larger the population, the greater the savings.



- Fluoridated toothpaste used twice daily enhances protection of tooth enamel by an additional 25-30% reduction in tooth decay.
- Well-conducted research shows no harm from community water fluoridation. Yet, since fluoridation's inception in 1945, it has been unjustifiably attacked. In the 1950s, people claimed it was a communist plot. In the 1970s, researchers claimed that fluoridation caused cancer. Currently, some researchers claim that fluoridation affects child IQ. All these claims are false. Fluoridation's safety has been demonstrated over almost 80 years.
- Dental fluorosis—a cosmetic condition affecting the appearance of tooth enamel. At 0.7mg of fluoride in water, the risk of fluorosis is very low.

At Dalhousie University's Faculty of Dentistry, we are committed to addressing tooth decay for all members of the public. We provide dental care to patients at a reduced cost, and some eligible persons are offered free dental care. However, our adult patients face long waitlists, and our institution bears significant financial strain. Vulnerable groups, such as disabled individuals and older persons experiencing frailty and dependency on others, often have little or no protection against tooth decay, as well as limited access to dental care. Our students and faculty members provide dental care to children at IWK Health. Many require complex and expensive procedures performed under general anesthesia in operating rooms. Such procedures occupy one-third of all surgical services provided at IWK Health. Treatment delays often exceed a year, leaving children to experience continued pain and infection during that interval.

Dental decay is preventable. Community water fluoridation is necessary to curb the burden of tooth decay and associated problems in our communities. Reducing the need for costly and complex treatment in operating rooms and offsetting emergency department visits for dental problems would result in tremendous time and cost savings for our healthcare system. It would also increase the availability of operating rooms for other non-dental surgeries, a priority in "Action for Health".

The Federal Government has allocated \$13 billion over five years for dental treatment. Prevention is always better than treatment and less expensive, too.

As a Dental Public Health specialist and the Dean of Dentistry at Dalhousie University, we strongly recommend water fluoridation be a priority in Nova Scotia's Oral Health Action Plan and support government efforts to initiate, continue, and reinstate water fluoridation in communities throughout Nova Scotia

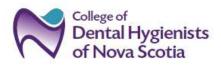
Sincerely,

Violet D'Souza

Dr. Violet D'Souza, PhD, MS, MSc, BDS Dental Public Health Specialist Assistant Professor, Faculty of Dentistry Dalhousie University violet.dsouza@dal.ca

Dr. Ben Davis, BSc, DDS, FRCD(c), Dip OMFS Dean, Faculty of Dentistry Professor, Oral and Maxillofacial Sciences Dalhousie University benjamin.davis@dal.ca

CC: Dr. Robert Strang Chief Medical Officer of Health, robert.strang@novascotia.ca



202-1597 Bedford Hwy, Bedford, Nova Scotia B4A 1E7

T. 902.444.7241 www.cdhns.ca

January 14, 2024

Halifax Water Board of Commissioners Halifax Water 450 Cowie Hill Rd Halifax NS B3P 1P1

Dear Halifax Water Board of Commissioners,

Thank you for the opportunity to provide you with input regarding the importance of community water fluoridation. The College of Dental Hygienists of Nova Scotia (CDHNS) is the regulatory body responsible for regulating dental hygienists in Nova Scotia.

Dental hygienists are regulated, licenced health professionals who have a primary focus on oral disease prevention. As the dental hygiene regulator, we are committed to improving oral health for all Nova Scotians.

With this commitment in mind, the CDHNS strongly supports the continuation and implementation of community water fluoridation programs as an evidence-based, public health measure to prevent tooth decay and promote overall well-being. As such, the CDHNS strongly supports the use of fluoride in Nova Scotia's water supply plants, including those within the Halifax Regional Municipality (HRM).

Oral health is important to overall health and well-being at every age and stage of life. A healthy mouth allows a person to eat, speak, learn and socialize. It can also impact a person's self-esteem, confidence, and quality of life. Dental hygienists see firsthand the impact of tooth decay on children and adults, including seniors, in their communities.

Tooth decay continues to be the most common childhood <u>preventable</u> chronic disease in Canada, and it remains a significant oral health problem worldwide for both children and adults. In Canada, approximately 96% of adults have a history of dental caries, and nearly 57% of children aged 6 to 11 have experienced dental caries in their primary teeth.<sup>1</sup> This can impact children's growth and development, behaviour, and ability to learn, socialize and play.

Extensive scientific research and decades of practical application have demonstrated that community water fluoridation is a safe, effective, and equitable method to reduce the prevalence of dental caries. Numerous studies show that fluoridation reduces dental decay by approximately 25% in children and adults, regardless of age, socioeconomic status, or access to dental care.<sup>2</sup>

From a public health perspective, water fluoridation is cost-effective, saving communities money by reducing the need for restorative dental care. Furthermore, community water fluoridation promotes oral health equity by providing widespread protection against tooth decay, especially in underserved populations who may lack access to regular oral health care.<sup>3</sup>

As a regulatory body, we uphold the responsibility to advocate for scientifically validated practices that protect and improve public health. In this capacity, we encourage community leaders, policymakers, and other interested parties, to prioritize water fluoridation efforts to safeguard the oral health of current and future generations.

We welcome the opportunity to collaborate with you to further educate the public about the benefits of water fluoridation and to address any concerns based on misinformation or misconceptions. Please feel free to contact us at <a href="mailto:registrar@cdhns.ca">registrar@cdhns.ca</a>.

Thank you for your dedication to fostering healthier Nova Scotian communities. We stand ready to support and advocate for initiatives that enhance public oral health through proven preventive measures such as community water fluoridation.

Sincerely,

Stacy Buyan

Stacy Bryan CDHNS Registrar

#### Footnotes

<sup>3</sup> National Institute of Dental and Craniofacial Research (NIDCR). (2020). *Oral Health Disparities in the United States: The Need for Action*. <u>https://www.nidcr.nih.gov/;</u> **and** McLaren, L., & Singhal, S. (2016). *Does cessation of community water fluoridation lead to an increase in tooth decay? A systematic review*. BMC Oral Health, 16, 43. https://doi.org/10.1186/s12903-016-0203-z

<sup>&</sup>lt;sup>1</sup> Canadian Health Measures Survey (CHMS). (2007–2009). *Oral Health Statistics in Canada*. Statistics Canada.

<sup>&</sup>lt;sup>2</sup> Centers for Disease Control and Prevention (CDC). (2018). *Community Water Fluoridation: Fluoridation Basics*. <u>https://www.cdc.gov/fluoridation/index.html</u>; **and** Griffin, S. O., Regnier, E., Griffin, P. M., & Huntley, V. (2007). *Effectiveness of fluoride in preventing caries in adults*. Journal of Dental Research, 86(5), 410-415. https://doi.org/10.1177/154405910708600504

Halifax Water Board Presentation | January 7, 2025

### Why Public Health, IWK Health, and Partners Recommend Community Water Fluoridation

#### Dr Catherine Brown, MD MSc CCFP FRCPC

Regional Medical Officer of Health, Central Zone Public Health

#### **Dr Heather Dyment, DDS Dip. Paed., FRCDC** Chief of Dentistry, IWK Health





## Purpose

- To highlight the individual health, population health, and equity benefits of community water fluoridation (CWF) in Halifax
- To better understand the recent evidence and its limits around potential risks of CWF
- To increase knowledge on the impacts and costs of ceasing CWF



## Recommendation

Central Zone Public Health strongly supports:

- **Continued use of fluoride in Halifax's water supply plants** to help prevent tooth decay and promote oral health in the residents of Halifax Regional Municipality
- Reinstating fluoride with minimum delay to Lake Major water supply plant, while acknowledging the need to minimize operational risks related to source water quality



## **Other Organizations Who Endorse CWF**

# CWF is endorsed by more than 90 provincial, national, and international professional organizations, associations, and governments

#### In Nova Scotia, this includes:

- IWK Health Department of Dentistry
- Dalhousie University Faculty of Dentistry
- Nova Scotia Health Public Health
- Department of Health & Wellness Public Health Branch
- Nova Scotia Dental Association
- College of Dental Hygienists of Nova Scotia

Learn more: The State of Community Water Fluoridation across Canada - Canada.ca







**Health and Wellness** 







# Why Community Water Fluoridation?

- **Preventative Approach**: It's the most impactful tool to prevent tooth decay before treatment is required
- **Equitable**: It improves oral health for everyone, regardless of age, income, or access to dental care services & supplies
- Regulated and Monitored: To ensure optimal fluoride levels always maintained
- Safe: Decades of research support safety
- **Cost-Effective**: Every dollar spent on CWF saves \$5.49 to \$93.19

Learn more: The State of Community Water Fluoridation across Canada - Canada.ca



### Why is fluoride important for oral health?

Fluoride is a mineral that is found naturally in water, soil, plants, and food, and is added to various dental products. **It strengthens teeth and prevents tooth decay.** 

Fluoride prevents tooth decay in two ways:

- 1. **Topically**: Outside of teeth come in direct contact with fluoride in drinking water making teeth stronger
- 2. Systemically: When fluoridated water is consumed, fluoride is made available inside the body to become part of tooth's structure while it is still developing

## Evidence shows that receiving fluoride in both ways leads to greater benefits in reducing tooth decay

Learn more: Fluoride: Topical and Systemic Supplements | American Dental Association



# Why does dental decay matter?

Dental decay can be invasive in a person and their family's daily life due to:

- Pain
- Infection
- Sleep disturbances cascading impacts on growth and development
- Lost time at work & school
- Damage to developing adult teeth structure/alignment

Learn more: Oral health for adults - Canada.ca Oral health for children - Canada.ca Canadian Dental Association



# What does dental decay look like?





# What does dental decay look like?





## **Dental Infection – Cellulitis**







# **Dental Infection – Cellulitis**





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# IWK Health: Use of Operating Room





# The Shocking Statistics...

- Dental procedures are the **most common reason** preschool children require general anesthesia
- **Over 30% of pediatric day surgical time** in Canada is consumed by dental treatment



Learn more: <u>CIHI | Treatment of Preventable Dental Cavities in Preschoolers</u>

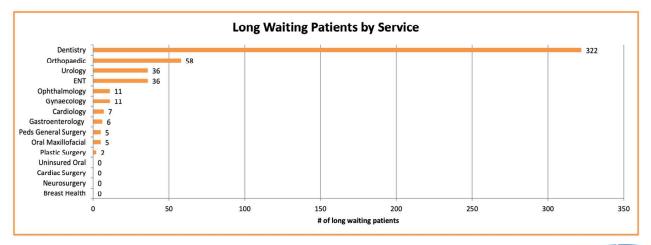
### **Current IWK Health Dentistry Situation**

- Average number of referrals/year for last 3 fiscal years = 1,464
- Approximately **85%** of all patient referred require the use of general anaesthesia for treatment
- Predict need to complete **1,244 cases/year**
- Average **number of operating room cases/year** for last 3 fiscal years = **884**



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### IWK Dentistry Surgical "Long Waiters" Over one year wait – Oct. 2024





### A story from the operating room: Jan 2, 2025

- Simon 8-year-old boy living in Dartmouth in the Lake Major water supply catchment area
- Referred by family dentist in January 2024
- Seen for consultation May 2024 and placed on Operating Room waiting list
- At the time of consultation, all teeth were restorable
- Phone call with pain, November 2024 : re-triaged
- At the time of treatment, Jan 2, 2025: **required removal of 4 permanent molars**



# **CWF is equitable**

- Canadians living with low-income are almost **twice as likely** to suffer from poor oral health compared to high income Canadians
- Water fluoridation is a **cost-effective measure** to narrow the gap when it comes to oral health and tooth decay
- CWF **benefits all residents in a community**, regardless of age, socioeconomic status, education, oral hygiene practices, employment or access to routine dental care, making it a truly equitable public health practice

Learn more: Position statement on Community Water Fluoridation - Canada.ca The State of Community Water Fluoridation across Canada - Canada.ca



### Who lives in the Lake Major Water **Supply Plant Service Area?**

- Lake Major serves 118,000 people in the communities of Dartmouth, Burnside, Cole Harbour, Westphal, North Preston, and Eastern Passage
  - Includes two prominent historic African Nova Scotian communities, North Preston and Cherry Brook



- Many communities served by the Lake Major plant face overlapping challenges like income inequality, racism, discrimination and food insecurity
  - They also experience higher rates of cancer, diabetes, heart disease, respiratory issues, and skin conditions due to water and air pollution
- These are the communities that experience the greatest benefit from CWF

#### Learn more:

Environmental Racism and Climate Change: Determinants of Health in Mi'kmaw and African Nova Scotian Communities - Canadian Climate Institute Water Service Advisory - Dartmouth & Area Water Supply Upgrades | Halifax Water



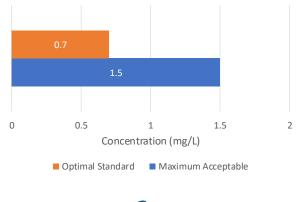
# **CWF is regulated and monitored**

- The Guidelines for Canadian Drinking Water Quality has established the maximum acceptable concentration of fluoride in drinking water at 1.5 mg/L
- Health Canada set optimal standard for CWF at 0.7mg/L, less than half of the maximum level
  - This accounts for fluoride coming from other sources (e.g., access to dental treatments, toothpaste, mouth rinses, etc.)
- In NS, municipal water supply plants that offer CWF test drinking water daily to ensure optimal fluoride levels are maintained

Learn more:

<u>Guidelines for Canadian Drinking Water Quality: Fluoride Guideline Technical Document</u> <u>NS Treatment Standards for Municipal Drinking Water Systems</u>







# **CWF** is safe

- Decades of extensive research has shown that CWF is safe when optimal fluoride concentrations (0.7 mg/L), less than half of the regulated level, are maintained
- Repeated exposure to fluoride at higher levels than Canada's regulated maximum (1.5 mg/L) has been associated with potential risks. Daily monitoring prevents this from occurring in Nova Scotia
- NSH Public Health and many others (including Health Canada) closely monitor new research on water fluoridation to inform recommendations
  - Emerging evidence is not strong enough to change water fluoridation guidelines

Learn more: Fluoride and Oral Health - Canada.ca



### What does current evidence show about excess fluoride and cognitive development?

Recent systematic reviews have found an association (not cause and effect) between high fluoride exposure (>1.5 mg/L) and lowered IQ in children:

- Included research came from different study populations (e.g., China, India, Iran, New Zealand, Mexico, Canada), and the fluoride exposure was double or greater than the optimal level for water fluoridation in Nova Scotia and Canada
- The evidence is mixed: most studies found some evidence of an association, with some studies showing no association
- More research is needed to better understand this relationship ٠

#### Evidence does not support a link between decreased IQ and water fluoridated at optimal levels using current guidelines in Canada

Learn more:

nova scotia health **Public Health** Systematic review of epidemiological and toxicological evidence on health effects of fluoride in drinking water NTP Monograph: State of the Science Concerning Fluoride Exposure and Neurodevelopment and Cognition

### What was the California Federal Court Ruling?

#### What is it?

• A lawsuit filed by anti-fluoride advocates regarding the potential risks of fluoride in drinking water

#### What do we need to know?

- The Court ruled in September 2024 that the Environmental Protection Agency (EPA) must review the United States' current guidelines to ensure levels do not pose an unreasonable risk of neurodevelopmental effects in children
- The EPA's current Maximum Contaminant Level (enforceable standard) is 4.0 mg/L, and the EPA's secondary standard (nonenforceable guideline) is 2.0 mg/L
- Both are above Health Canada's Maximum Acceptable Concentration level of 1.5 mg/L
- The US Department of Health and Human Service's recommended optimal water fluoridation level is 0.7 mg/L (same as Health Canada)
- The ruling does not indicate that fluoride is harmful to public health at optimal levels
- The ruling does not specify the kind of action that should be taken by the EPA
- U.S. Toxic Substances and Control Act requires only an association (not causation) be demonstrated to be considered a potential hazard

#### Learn more:

US Environmental Protection Agency : Questions and Answers on Fluoride Food & Water Watch, Inc et al. v Environmental Protection Agency et al. U.S. Public Health Service Recommendation for Fluoride Concentration in Drinking Water for the Prevention of Dental Caries - PMC



### What does current evidence show about excess fluoride and dental fluorosis?

Dental fluorosis is a cosmetic issue that affects the tooth enamel, leading to white flecks or brown pitting

- Mild and moderate dental fluorosis is <u>not</u> associated with any health or oral health concerns
- Current evidence indicates that repeat exposure to high concentrations of fluoride (above • the maximum level of 1.5 mg/L) continues to be associated with an increased risk of moderate and severe dental fluorosis

Dental fluorosis is uncommon in Canada

• Canadian Health Measures Survey found only 16% of children have mild forms of fluorosis

#### Evidence continues to show the benefits of water fluoridation still outweigh the small risk of mild dental fluorosis at the regulated fluoride level

Learn more:

Systematic review of epidemiological and toxicological evidence on health effects of fluoride in drinking water Canadian Health Measures Survey - Report on Oral Health Component



Expert Panel Meeting on the Health Effects of Fluoride in Drinking Water: Summary report

### What does current evidence show about excess fluoride and other health effects?

The 2024 Health Canada commissioned systematic review looked at more than 30 other health endpoints such as:

Bone cancer, hip fracture, cancer, high blood pressure, heart attacks, diabetes, • childhood obesity, thyroid function, and more

The review concluded that current evidence does not support an association or was insufficient to determine existence of a relationship between fluoride and additional health effects

#### Evidence does not support a link between other adverse health effects and water fluoridated at optimal levels using current guidelines in Canada

Learn more: Systematic review of epidemiological and toxicological evidence on health effects of fluoride in drinking water



# **CWF is cost-effective**

Dental services are expensive

 In 2018, the cost of dental services was estimated to be approximately \$17 billion in Canada, about \$461 per Canadian

#### Several reports indicate CWF yields a high return on investment

• Canadian Agency for Drugs and Technologies in Health (CADTH) estimates 20-year savings of approximately \$20.35 per dollar invested in CWF for continuing fluoride in a large urban municipality in Canada

Learn more:

Community Water Fluoridation Programs: A Health Technology Assessment — Budget Impact Analysis. Ottawa: CADTH; 2019 Feb. (CADTH technology review; no. 13).



# CADTH Budget Impact Analysis (2019)

*"In communities that are currently deciding whether to continue CWF, CWF cessation was found to be more costly under a societal perspective compared with CWF continuation, even if this requires retrofitting existing CWF facilities.* 

Specifically, any cost savings from CWF cessation were found to be exhausted by the third year as medical, productivity loss, and transportation costs associated with increased caries incidence accumulated. For a large urban municipality, CWF cessation would cost more than \$110 million than continuing the status quo of fluoridating municipal waters."

Learn more:

Community Water Fluoridation Programs: A Health Technology Assessment — Budget Impact Analysis. Ottawa: CADTH; 2019 Feb. (CADTH technology review; no. 13).



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### **Cautionary Tale of CWF Cessation in Calgary**

City of Calgary ceased CWF in 2011 after the previous fluoride infrastructure reached the end of its lifecycle and was decommissioned and removed. At the same time, CWF continued in Edmonton

Multiple comparison studies between Calgary and Edmonton have shown:

- Fluoride cessation negatively impacted children's dental health in Calgary
- At least 25% more tooth decay was seen, with more burden in kids living in families with low-income
- Significant increase in dental cost and surgery under general anesthetic

#### In light of these outcomes, and with public support, the City of Calgary is now working toward reintroducing fluoride to its water supply

Learn more: Fluoride in Calgary's water



# Key Takeaways

- Community water fluoridation improves oral health and supports the overall health of a community
- Community water fluoridation remains a safe, cost effective, and equitable public health practice and an important tool in protecting and maintaining the health and well-being of Nova Scotians
- Halifax Water can continue to create significant and lasting impacts in our communities through ongoing investment in CWF systems, creating generations of healthier residents



# Thank you!

We welcome any questions and discussion

Dr. Catherine Brown – Public Health <u>CatherineR.brown@nshealth.ca</u>

Dr. Heather Dyment – IWK Dentistry <u>Heather.Dyment@iwk.nshealth.ca</u>





### **Additional Resources on CWF**

#### Government of Canada - Guidelines & Reports

- Guidelines for Canadian Drinking Water Quality: Fluoride Guideline Technical Document
- Position statement on Community Water Fluoridation Canada.ca
- State of Community Water Fluoridation across Canada
- Ethics Consultation Report Ethical Considerations in Community Water Fluoridation
- Expert panel meeting on the health effects of fluoride in drinking water: Summary report Canada.ca

#### Government of Canada - Additional Resources on Oral Health & Fluoride

- Fluoride and Oral Health Canada.ca
- Oral health for adults Canada.ca
- Oral health for children Canada.ca
- Fact sheet Community water fluoridation Canada.ca



### **Additional Resources on CWF**

#### Nova Scotia

- Oral Health Nova Scotia Health
- <u>NS Treatment Standards for Municipal Drinking Water Systems</u>

#### **Canadian Dental & Dental Hygienist Association**

- <u>Canadian Dental Association Position on Water Fluoridation</u>
- CDHA Advocacy Community Water Fluoridation
- Oral Health Reports Nova Scotia Dental Association
- <u>Understanding Fluoride Nova Scotia Dental Association</u>
- <u>Canadian Dental Association Your Oral Health</u>



### **Additional Resources on CWF**

#### **International Organizations**

- World Health Organization Fluoride in drinking-water
- <u>Community Water Fluoridation Recommendations | Fluoridation | CDC</u>
- <u>Community Water Fluoridation Frequently Asked Questions | Fluoridation | CDC</u>
- <u>Cavities: Community Water Fluoridation | The Community Guide</u>

#### **CADTH & CIHI Reports**

- Community Water Fluoridation Programs: A Health Technology Assessment Budget Impact Analysis. Ottawa: CADTH; 2019 Feb. (CADTH technology review; no. 13).
- <u>Treatment of Preventable Dental Cavities in Preschoolers: A Focus on Day Surgery</u> <u>Under General Anesthesia</u>



### **Key Research Studies on CWF**

#### **Key Technical Reports and Systematic Reviews**

- Taher, M. K., Momoli, F., Go, J., Hagiwara, S., Ramoju, S., Hu, X., ... Krewski, D. (2024). Systematic review of epidemiological and toxicological evidence on health effects of fluoride in drinking water. *Critical Reviews in Toxicology*, 54(1), 2–34. Available at: <a href="https://doi.org/10.1080/10408444.2023.2295338">https://doi.org/10.1080/10408444.2023.2295338</a>
- Health Canada (2024). Expert panel meeting on the health effects of fluoride in drinking water: Summary report. Available at: <u>https://publications.gc.ca/collections/collection\_2024/sc-hc/H144-120-2024-eng.pdf</u>
- National Toxicology Program. (2024). NTP monograph on the state of the science concerning fluoride exposure and neurodevelopment and cognition: A systematic review. NTP Monograph (8). Available at: <a href="https://ntp.niehs.nih.gov/publications/monographs/mgraph08">https://ntp.niehs.nih.gov/publications/monographs/mgraph08</a>



# **Key Research Studies on CWF**

#### **Cessation of CWF in Calgary Alberta**

- McLaren L, Patterson S, Thawer S, Faris P, McNeil D, Potestio M, Shwart L. (2016). Measuring the short-term impact of fluoridation cessation on dental caries in Grade 2 children using tooth surface indices. *Community Dent Oral Epidemiol.* 44: 274–282. Available at: <u>https://doi.org/10.1111/cdoe.12215</u>
- McLaren L, Patterson S, Thawer S, Faris P, McNeil D, Potestio M. (2017). Fluoridation cessation: More science from Alberta. *Community Dent Oral Epidemiol.* 45: 503–505. Available at: <u>https://doi.org/10.1111/cdoe.12346</u>
- McLaren L, Patterson SK, Faris P, et al. (2022). Fluoridation cessation and children's dental caries: A 7-year follow-up evaluation of Grade 2 school children in Calgary and Edmonton, Canada. *Community Dent Oral Epidemiol.* 50: 391–403. Available at: <a href="https://doi.org/10.1111/cdoe.12685">https://doi.org/10.1111/cdoe.12685</a>
- McLaren, L., Patterson, S.K., Faris, P., et al. (2022). Fluoridation cessation and oral health equity: a 7-year post-cessation study of Grade 2 schoolchildren in Alberta, Canada. *Can J Public Health* 113, 955–968. Available at: <a href="https://doi.org/10.17269/s41997-022-00654-4">https://doi.org/10.17269/s41997-022-00654-4</a>
- Yazdanbakhsh, E., Bohlouli, B., Patterson, S. et al. (2024). Community water fluoride cessation and rate of caries-related pediatric dental treatments under general anesthesia in Alberta, Canada. *Can J Public Health* 115, 305–314. Available at: <a href="https://doi.org/10.17269/s41997-024-00858-w">https://doi.org/10.17269/s41997-024-00858-w</a>





### **Fluoride and Community Water Fluoridation**

These Frequently Asked Questions help to address common concerns and questions regarding fluoride and community water fluoridation in Nova Scotia.

#### Why is oral health important?

Oral health is important to overall health and well-being at every age and stage of life. A healthy mouth allows a person to eat, speak, learn and socialize without discomfort or embarrassment.

Tooth decay is the most common childhood chronic disease in Canada that can be prevented. 57% of Canadian children have cavities, which can lead to unnecessary infection, pain, and tooth loss. This can impact children's growth and development, behaviour, and ability to learn, socialize and play.

#### What is fluoride?

Fluoride is a mineral that strengthens teeth, making them more resistant to decay. Fluoride is naturally occurring in water, soil, plants and food, and is added to various dental products.

#### How does fluoride prevent tooth decay?

Fluoride can prevent tooth decay in two ways:

- When fluoride in drinking water is consumed it becomes part of the tooth's structure as it develops. Fluoride strengthens all layers of the tooth, creating stronger teeth for life.
- When teeth come in contact with fluoride in drinking water, the tooth enamel is strengthened on the surface. This type of fluoride protection is also available through dental products such as fluoride toothpaste and mouth rinse as well as fluoride treatments, such as fluoride varnish.

Evidence shows that receiving different types of fluoride is safe and offers the greatest benefits for oral health.

#### What is water fluoridation?

Almost all water contains some naturally occurring level of fluoride. Community water fluoridation is the process of adjusting that amount of fluoride in our drinking water to a level recommended for preventing cavities.

#### What are the benefits of water fluoridation?

Studies continue to show the importance of water fluoridation in preventing and reducing tooth decay. This is true even with improvements in access to dental care, personal dental practices and increased availability of fluoride through other sources, such as fluoride toothpaste.

While water fluoridation benefits everyone in a community, it is especially important for children and groups that experience higher rates of tooth decay and poorer oral health.



#### Why does Nova Scotia Health Public Health support water fluoridation?

Water fluoridation is one of the most effective public health measures that can be taken to reduce tooth decay because it reaches everyone in a community regardless of their age, income or access to dental care.

Nova Scotia Health (NSH) Public Health recommends community water fluoridation alongside more than 90 other provincial, national, and international professional organizations, associations and governments because it supported by evidence to be an important, safe, and effective measure to improve the oral health of Nova Scotians.

#### Do all communities in Nova Scotia have access to water fluoridation?

In 2022, about 50.4% of people in Nova Scotia had access to water with the recommended level of fluoride through a community water system. While all water contains some fluoride naturally, most water supplies in Nova Scotia do not have enough to help prevent tooth decay. Food is also not a major source of fluoride in Canada.

#### What amount of fluoride in water is considered optimal for oral health?

Health Canada recommends that communities fluoridate water to 0.7 milligrams per litre (mg/L) to achieve the benefits of cavity prevention. This level considers the other ways that people commonly receive fluoride, such as through fluoride toothpaste and treatments received at the dentist.

The level set for water fluoridation in Canada of 0.7mg/L is less than half the maximum level of 1.5mg/L that has been established by Health Canada and the World Health Organization.

#### What about recent reports on water fluoridation and IQ in children?

Recent reports have been published that look at fluoride levels above the maximum 1.5 mg/L and developmental outcomes in children, including IQ scores.

The evidence in the reports is not conclusive and do not show high fluoride causes lower IQs in children. In these studies, high fluoride levels are defined as greater than 1.5 mg/L, which is about double the standard for drinking water in Canada and Nova Scotia of 0.7 mg/L.

NSH Public Health continues to monitor ongoing scientific research on fluoride, community water fluoridation and health.

#### What is dental fluorosis?

Repeat exposure to high levels of fluoride (above the maximum level of 1.5 mg/L) has been shown to increase risk for dental fluorosis. Dental fluorosis is a cosmetic issue that affects the tooth enamel, and makes teeth appear to have white flecks or brown pitting.



Dental fluorosis is very uncommon in Canada and not a concern for most children. Some children have mild cases of fluorosis that often go unnoticed and present no long-term health problems.

### How do we know that the fluoride in drinking water in Nova Scotia municipalities remains below 1.5 mg/L?

Municipalities that adjust the fluoride in drinking water are required to test their water supply daily to make sure recommended levels are maintained at 0.7 mg/L, or half the maximum level set by Health Canada of 1.5 mg/L.

#### Why does NSH Public Health offer a school-based fluoride varnish program?

High levels of early childhood cavities and limited of access to dental care are major concerns in our province.

School-based fluoride programs are offered in many areas across Canada because they are a safe and effective way to deliver additional topical fluoride to children to help prevent tooth decay. NSH Public Health offers a Fluoride Varnish Program in pre-primary to grade 6 students in select communities that would benefit most from an additional layer of protection.

School-based fluoride programs compliment other ways children receive fluoride, such as through their dental provider and water fluoridation. Children benefit from access to multiple sources and applications of fluoride and can safely receive up to six applications of fluoride varnish a year.





### **Community Water Fluoridation**

# Community water fluoridation is recommended as an important, safe and effective measure to improve the oral health of Nova Scotians.

#### **The Facts**

- **Oral health** is essential to overall health and well-being at every age and stage of life. A healthy mouth allows a person to eat, speak, learn and socialize without discomfort or embarrassment.
- **Tooth decay** is the most common chronic condition of childhood. It can lead to unnecessary pain or suffering, infection, tooth loss, or costly restorative treatment. In school-aged children, poor oral health outcomes are associated with lower school attendance and performance.
- **Populations** that experience the most tooth decay are also those who have the greatest difficulty accessing oral health care.
- **Fluoride** is a mineral that strengthens teeth, making them more resistant to decay. It is naturally occurring in water, soil, plants and food, and is added to various dental products.
- **Community water fluoridation** is the process of adjusting the amount of naturally occurring fluoride in drinking water supplies to achieve a level that is optimal for oral health.
- **Communities** with access to fluoridated water report lower rates of tooth decay.
- **NSH Public Health** recommends water fluoridation based on a collection of credible science, expert knowledge, and community experience.

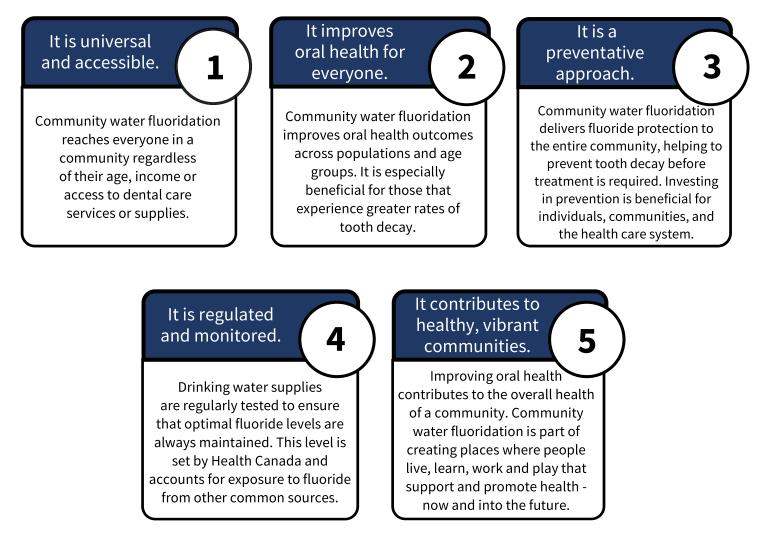
#### **How It Works**

Community water fluoridation delivers two kinds of fluoride protection against tooth decay:

- 1) **Topical**: when the outside of teeth come in direct contact with the fluoride in drinking water.
- 2) **Systemic**: when fluoridated water is consumed, fluoride is made available inside the body to become part of the tooth's structure while it is still developing.

Community water fluoridation is endorsed by more than 90 provincial, national and international professional organizations, associations and governments.

#### **NSH Public Health Supports Community Water Fluoridation**



#### **Additional Resources**

Nova Scotia Health - Oral Health | Nova Scotia Health (nshealth.ca)

Health Canada – Community Water Fluoridation

Public Health Agency of Canada – Position Statement on Community Water Fluoridation

Nova Scotia Dental Association – <u>Understanding Fluoride</u>

### Please contact your local Public Health office for more information.

www.nshealth.ca/public-health



#### **Tooth Decay and Fluorides**

Prepared by: Violet D'Souza, Shauna Hachey, Abdulrahman Ghoneim, and Mary McNally Faculty of Dentistry, Dalhousie University, Halifax, Nova Scotia Tracy Doyle, Jennifer MacLellan, IWK Health Centre, Halifax, Nova Scotia Juliet Guichon and James Dickinson, University of Calgary, Calgary, Alberta

#### Background

Tooth decay is the most common chronic disease worldwide. It is an infectious disease caused by decay-causing bacteria. We are not born with these tooth decay-causing bacteria; rather, they are transmitted through the transfer of saliva. These bacteria produce acids using the sugars and starches present in the food. Acids damage teeth by eroding the protective enamel. Decay-causing bacteria is often transmitted from caregiver to child. The most common reason young children (1–4-year-olds) in Canada undergo day surgery under general anesthesia is to treat tooth decay.

Tooth decay affects everyone, but variably. More severe decay is experienced by those with lower levels of education and income, limited access to professional dental care, inadequate oral hygiene, and lack of community water fluoridation. Tooth decay is a significant burden to the health and quality of life of children, frail older persons, and people with disabilities.

Tooth decay causes pain and chewing difficulty. If not treated, decay progresses, leading to infection deep in the teeth, gums, and jaw; this condition often requires antibiotic treatment and extensive and costly dental treatment. People with extensive tooth decay often visit emergency departments, where dental treatment is not provided, but pain and infections are managed. Also, tooth decay can lead to low self-esteem, behavioural problems, challenges sleeping, interference with school and work attendance, and decreased school and work performance. In summary, tooth decay affects the growth and development of children.

Although tooth decay is largely preventable, it is widely experienced. According to the 2007-2009 Canadian Health Measures survey report<sup>1</sup>:

- 57% of 6-11-year-olds have or have had tooth decay
- 59% of 12-19-year-olds have or have had tooth decay
- The average number of teeth affected by tooth decay in children aged 6-19-years old is 2.5
- 96% of adults have or have had tooth decay

Access to dental care\*

- 17% of Canadians avoided going to a dental professional in the past year because of the cost.
- 16% of Canadians avoided having the full range of recommended treatment due to the cost in the past year.
- 62% of Canadians have private dental insurance, 32% of Canadians do not have dental insurance, and 6% have public dental insurance (limited services)

<sup>\*</sup> These statistics may change with the Canadian Dental Care Plan (CDCP); however, financial and non-financial barriers to care remain despite the new public insurance plan.

Despite the newly implemented Canadian Dental Care Plan, inequalities in oral health status and access to care will persist, especially for those who are frail older and disabled persons, those living in long-term care facilities, and those who depend on a caregiver.

#### Tooth decay burden and its prevention

Tooth decay is an expensive disease not only because of treatment cost but also because of the productivity losses it causes (absenteeism – lost work and school days, lost wages) and emergency visits for non-traumatic dental problems. Each year, more than 40 million hours of productivity are lost in Canada because people miss work due to dental problems and treatment. This results in a potential loss of over \$1 billion/year in productivity<sup>2</sup>. In Nova Scotia, dental cavities in young children are a big concern. Severe tooth decay can cause chronic mouth pain, difficulty eating and learning, and social vulnerability<sup>3</sup>. Hundreds of children visit the Halifax IWK emergency room yearly for nontraumatic dental problems and face substantial wait times for treatment – weeks to months. Approximately 30% of the IWK day's surgical time is spent treating tooth decay.

It should be noted that a filling in a permanent tooth is the start of a life-long saga of dental treatment. Each filling has a life of 10 to 12 years, then must be replaced. Over time, as fillings are replaced, the process becomes more complicated and can eventually lead to treatments like root canals, crowns, or even losing the tooth. These treatments can be costly over a person's lifetime.

Tooth decay can be prevented by reducing the intake of sugary foods and beverages, diet modification (reducing sugar and starch intake and frequency), maintaining adequate oral hygiene, and making the teeth more resistant to acid. However, making dietary modifications and maintaining adequate oral hygiene can be challenging, especially for those with low health literacy, low income, or those living in areas where healthy food choices are scarce. Therefore, making the teeth resistant to acid through fluoride use is one of the best possible options. Community water fluoridation benefits a large number of people and requires little effort from individuals<sup>4</sup>.

#### Fluoride

Fluoride is a naturally occurring mineral that provides protection against tooth decay. If present during tooth formation (the first 8 years of life), fluoride is incorporated into tooth crystals to form a more acid-resistant enamel. Once the teeth are formed, fluoride strengthens the enamel by making the outer layer more resistant to acid in the mouth. Swallowed fluoride is absorbed and secreted in the saliva, providing a constant supply of fluoride (in small amounts) to the teeth, helping to protect against acid exposure and repair (remineralization).

#### 1. Community Water Fluoridation:

Community water fluoridation is adjusting the naturally occurring fluoride concentration in drinking water to 0.7mg/L. This level effectively prevents tooth decay and is approximately half the acceptable concentration (1.5 mg/L) in Canada. Fluoride is a mineral, not a medication. Topping up the existing naturally occurring fluoride level to the recommended amount in water is similar to adding vitamin D to milk or iodine to salt. Community water fluoridation has been used in Canada and worldwide for almost 80 years<sup>5</sup>. It is the most effective, cost-saving intervention to prevent tooth decay. For every dollar invested in community water fluoridation,

\$5 to \$93 per person is saved in dental treatment costs<sup>6</sup>, depending on the population size. The larger the population size, the lower the cost. For example, every dollar invested in fluoridating water for a community with 1000 or more people can save \$20 in avoided dental and medical costs<sup>7</sup>.

Community water fluoridation is the single most effective public health intervention to prevent tooth decay. Initial research in the 1960s demonstrated that community water fluoridation reduced tooth decay by 50–70% in permanent teeth<sup>8</sup>. Once the benefits of community water fluoridation were confirmed, fluoride was added to other products such as fluoride toothpaste, rinses, supplements, and fluoride gels and varnishes. Even with these fluoride products and professional fluoride applications, community water fluoridation can provide an additional 25% protection against tooth decay<sup>9</sup>. For many people, it is the only protection against tooth decay, especially for those who don't have access to fluoride products (like toothpaste, gels, or mouth rinses) or dental care—particularly children from low-income households, as well as disabled and frail older persons.

It is important to note that the people who benefit the most from community water fluoridation are those who face the greatest barriers to getting a healthy diet and dental care. They include low-income people, racial and ethnic minorities, people in underserved communities, persons living with disabilities, as well as young children and older persons who depend on others for care.

Many studies conducted over the last several decades confirm the benefits and safety of community water fluoridation. Below are some examples:

#### Evidence of the benefits of community water fluoridation:

- a. A natural experiment in Canada: Stamm and colleagues (1990) compared decay in dental roots in older persons living in two cities in Ontario, Canada. Woodstock had 0.2 mg of fluoride, while Stratford had 1.6 mg of fluoride in its groundwater. The residents of both cities were similar except for the fluoride content in the water. Woodstock residents had 21% more decayed roots compared to the residents of the Stratford community <sup>10</sup>.
- b. Iowa (U.S) observation: Hunt and colleagues (1988) examined tooth decay in older persons (≥65 years) living in fluoridated and non-fluoridated areas of Iowa. Those living in fluoridated areas had significantly fewer decayed roots than those living in non-fluoridated areas<sup>11</sup>, confirming that community water fluoridation protected people from root decay.
- c. Calgary fluoridation cessation: The short-term (2 years) and long-term impacts (7 years) of stopping community water fluoridation were investigated when Calgary stopped community water fluoridation in 2011. Compared to children in Edmonton (which continued community water fluoridation), Calgary children had 16% more tooth decay, extractions due to decay, and fillings <sup>12</sup>. The higher decay rate occurred despite Calgary parents reporting that they did more of everything to reduce dental decay, such as using fluoridated toothpaste, taking their child to an oral health provider, and having a healthy diet rich in fruits and vegetables.
- d. Calgary fluoridation cessation: Yazdanbakhsh and colleagues compared tooth decay-related dental treatments under general anesthesia for children under 12 years in Calgary (where community water was ceased in 2011) and Edmonton (where community water fluoridation continued) <sup>13</sup>. They found that the rates of tooth decay-related treatments in Edmonton stayed relatively constant but rose in Calgary, especially for children under 6 years.

- e. Australia: Crocombe and colleagues (2015) investigated tooth decay among those born between 1960-1990 and lived in Australia. They reported that those who had a higher level of lifetime exposure to fluoride through community water fluoridation had less tooth decay <sup>14</sup>.
- f. Australia: Another study (2010) examined tooth decay in Australian children aged 5–15 years. Children living in areas where the water fluoride was less than 0.3mg had more tooth decay (34% in baby teeth and 27% in permanent teeth) than children living in optimally community water fluoridation areas (0.7 ppm)<sup>15</sup>.

#### Possible harms of community water fluoridation

Fluorosis: Community water fluoridation contains only 0.7mg/L fluoride, less than one part of fluoride in a million parts of water. The risk of fluorosis from drinking fluoridated community water at a 0.7 mg/L fluoride level is rare. A mild form of fluorosis (white specks on the teeth) is suspected to be caused by children swallowing large amounts of fluoride toothpaste<sup>16</sup>. Even if fluorosis occurs, it is mild or very mild, with a slight change in appearance, such as white spots<sup>17</sup>, a mere cosmetic condition with no effect on the structural integrity of the teeth. Very high fluoride levels in drinking water in China and India (up to 20 mg/L) have caused tooth and bone fluorosis, known as severe fluorosis.

#### Misinformation about community water fluoridation

Since the widespread adoption of community water fluoridation, numerous false and misleading claims about the practice have been circulated. These range from assertions that fluoride is a toxic poison linked to cancer to fears about its potential to lower IQ levels.

Some researchers claimed that community water fluoridation might be harmful, particularly in lowering IQ levels among preschool-age children. These claims are false because the studies upon which they are based are invalid<sup>18</sup>. First, the studies attempted to measure fetal fluoride exposure by measuring the pregnant woman's spot urine, which has been known since at least 2011 to be an invalid measure for assessing an individual's chronic fluoride exposure<sup>19</sup>. The measurement of IQ was also invalid because different raters were used in every city, and the authors provided no validation checks. There are also concerns about the way they analyzed their data. Hence, the claim that fluoridation affects IQ is without foundation.

No effect of IQ: Researchers examined the children born between 1972 and 1973 in New Zealand and followed 95% of them for 38 years. They found no difference in the IQ of people who lived in community water fluoridated areas and non-community water fluoridated areas, regardless of whether they used fluoride toothpaste or took fluoride tablets (before 5 years of age)<sup>20</sup>.

The concentrated fluoride that is diluted into water supplies is potentially dangerous, and like other chemicals such as chlorine, must be handled with caution by trained operators. The equipment used is designed with various fail-safe systems, and the concentration in the water is tested multiple times a day to ensure its safety. Some opponents assert that the fluoride used is an industrial chemical that is a waste product of fertilizer production. It is better understood as a 'by-product,' and its origin is irrelevant to safety: this convenient source of fluoride does not have contaminants that are of any importance when the fluoride is diluted to less than one part in a million parts of water.

Community water fluoridation is endorsed by a wide range of respected national and international health organizations, including the World Health Organization (WHO), World

Dental Federation (FDI), U.S. Centers for Disease Control and Prevention (CDC), American Medical Association (AMA), American Dental Association (ADA) the Canadian Medical Association (CMA), Canadian Dental Association (CDA), the Canadian Cancer Society, and Nova Scotia Dental Association (NSDA).

In summary, community water fluoridation is a safe, cost-saving, cost-effective, and equitable intervention to prevent tooth decay. It reaches every household irrespective of socioeconomic status. To benefit, people need only to drink tap water. The U.S. Centre for Disease Control (CDC) considers community water fluoridation as one of the <u>ten great public health</u> <u>achievements</u> of the 20th Century.

#### 2. Fluoride Toothpastes:

Most toothpastes in Canada contain fluoride. In over-the-counter fluoride toothpaste, fluoride concentrations vary from 1000-1500 ppm<sup>21</sup>. Maximum protection from toothpaste comes when teeth are brushed twice a day using toothpaste with a fluoride content of 1000 ppm or above<sup>22</sup>.

The amount of toothpaste matters. Children under 3 years of age should use an amount equivalent to a grain of rice, while those aged 3 years and older should use the size of a pea. Using more than these amounts does not provide greater protection. Children should be supervised while brushing with fluoride toothpaste to prevent swallowing.

Brushing with fluoride toothpaste causes a transient increase in fluoride concentration in saliva, which can enhance remineralization of teeth surfaces. Fluoride is taken directly into dental plaque and demineralized enamel. The fluoride concentration in saliva returns to baseline levels within 1 to 2 hours of brushing with fluoride toothpaste. Therefore, the protection that they offer is only partial. Furthermore, their effect is limited because individuals' compliance is required, given that toothpaste must be purchased (cost) and used regularly. Caregivers' brushing of teeth with fluoridated toothpaste is critical for young children and disabled and frail older persons who depend on caregivers. Often, caregivers are overwhelmed and do not provide tooth brushing.

#### 3. Fluoride Rinses:

Fluoride rinses are effective in preventing tooth decay in both children and older persons<sup>23</sup>. They should be used for at-risk individuals based on the level of tooth decay risk. They contain higher fluoride content; therefore, they should not be swallowed. They are not recommended for children under 6 years of age<sup>24</sup> and people with swallowing difficulties.

#### 4. Fluoride Varnishes and Gels:

Fluoride varnishes and gels are professionally applied by dental professionals. Varnishes provide 37-43% prevention<sup>25</sup> while gels provide 26-28% protection against tooth decay if applied at least twice a year<sup>26</sup>. More frequent applications are required when the risk of tooth decay is greater.

While fluoride applications are important, they are additional preventive measures for preventing tooth decay, in addition to community water fluoridation. They are more expensive than water fluoridation and require people to have access to dental care services. Therefore, people who have no access to dental care services will not receive this protection (e.g., long-term care residents, those who have no dental benefits or are underinsured and cannot pay out of pocket for dental services).

#### **Conclusion:**

Community water fluoridation is a valuable method of helping communities to care for everyone, especially the most disadvantaged people in the community. Fluoridation provides a great benefit that lasts life-long, so the benefits of better oral health and significant cost savings are likely greater than estimated in short-term studies.

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TO:	Colleen Rollings, P.Eng., PMP., Chair and Members of the Halifax Regional Water
	Commission Board
APPROVED:	Kenda MacKenzie
	00004AC015794F0
	Kenda MacKenzie, P.Eng., General Manager & CEO
DATE:	March 21, 2025
SUBJECT:	Critical Goods and Services from US Companies and the Supply Chain Impact

#### <u>ORIGIN</u>

In response to the US Tariffs imposed on most Canadian goods, steel and aluminum, Halifax Water Executive requested a summary report on the procurement of all critical goods and services from US companies and the supply chain impact.

This report summarizes the current procurement of critical items from the US and evaluates the potential impact of shifting the supply chain. Key factors considered include lead times, prices, minimum order quantities, and the impact of membership in various organizations.

#### BACKGROUND

See Background in HRM Item No. 21.4, Halifax Regional Council report, March 18, 2025, (Attachment A)

- In January 2025 the US president signed an executive order to apply 25% tariffs on most Canadian
  - goods and a 10% tariff on Canadian steel and aluminum.
- In response, the Government of Canada announced a scheduled implementation of reciprocal tariffs on selected US goods.
- The US later delayed the imposition of the tariffs by 30 days.
- Since the January announcement by the US president, several jurisdictions in Canada
  including the Province of Nova Scotia announced that they would explore options to
  eliminate or limit purchases of US goods and services.
- In February 2025, the US president announced that the 25% tariff on goods would be extended to include steel and aluminum.

#### DISCUSSION

#### **Current Procurement from the US**

- **Operations**: Jerome Meters for odour control equipment.
- Information & IS: VMware, WaterISAC, Proofpoint, Microsoft, VEEAM, Solarwinds, and other software and equipment vendors.
- **Technical Services**: AMI Itron, EXELE Information Systems, Rockwell Automation, Emerson Delta, OSIsoft LLC.
- Fleet: Ford/Chevrolet/Dodge for assorted fleet vehicles (\$5.5M).
- **Strategic Projects**: Various vendors for valves, polymer systems, filter underdrain systems, and other equipment.
- Environment Health and Safety: Zero Water, Phytoxigene, Abraxis, Metals Samples, Analytical Services Inc., Aqua Realtime, Flow Cam, Water Research Federation
- **Corporate Services**: Memberships in Water ISACA, Gartner, American Water Works Association, and other organizations.

From April 1, 2024 to March 10, 2025, Halifax Water spent approximately \$165M for goods, services, and construction. \$70M (42%) of those purchases were from Nova Scotia companies. Additionally, over 97% of the total purchases were from suppliers with a Canada address.

HRM (the Municipality)	12,069,564
NS Power	10,309,784
Halifax and rest of Nova Scotia	70,622,598
Rest of Canada	67,038,148
USA (paid in US\$)	4,492,898
International	236,980
Total	164,769,974

### Halifax Water Procurement Policy Context

Halifax Water's Procurement Policy, aligned with trade treaties, does not mandate comprehensive tracking the source of goods and services, except for avoiding procurement from sanctioned nations. Halifax Water's ability to confirm US content in its current supply chain is restricted.

### **Evaluating Place of Manufacture via Weighted Scoring**

Halifax Water will explore introducing a weighted evaluation of Canadian or non-US content in bid submissions, ensuring HW is compliant with the threshold amounts of CETA and Canada-UK.

Although this approach might support economic growth and supply chain stability, it may complicate the bidding process.

## Language in Solicitation Documents and Contracts

Halifax Water will consider additional language in the solicitation documents and contracts with respect to tariffs, to reflect the right to table tariffs as an item for negotiation with the top-ranked proponent.

Assuming that any global tariffs currently in place as of the submission deadline will be incorporated in the Financial Submission.

### BUDGET IMPLICATIONS

Changes to the current procurement methods, cancelling contracts, sourcing products from non-US companies, and purchasing goods produced outside of the US will all have an impact on the costs to Halifax Water.

#### <u>RISK</u>

Shifting the supply chain for critical items from the US presents several challenges, including increased lead times, higher costs, and higher minimum order quantities. These changes could significantly impact operational efficiency and financial performance. Additionally, losing memberships in key organizations could reduce access to important resources and industry connections. Halifax Water may also face challenges in sourcing specialized products, such as treatment chemicals, software, equipment at treatment facilities and services that are predominately available from US providers directly or from US providers through Canadian based distributers. This could potentially impact operational efficiency. Careful consideration and strategic planning are essential to mitigate these risks and ensure a smooth transition.

### ALTERNATIVES

None

### **ATTACHMENTS**

 Attachment A Halifax Regional Municipalities Item No. 21.4, Halifax Regional Council, March 18, 2025, Options for Eliminating or Limiting US Goods and Services in HRM Supply Chain



P.O. Box 1749 Halifax, Nova Scotia B3J 3A5 Canada

Item No. 21.4 Halifax Regional Council March 18, 2025

то:	Mayor Fillmore and Members of Halifax Regional Council
FROM:	Cathie O'Toole, Chief Administrative Officer
DATE:	February 18, 2025
SUBJECT:	Options for Eliminating or Limiting US Goods and Services in HRM Supply Chain

#### INFORMATION REPORT

#### <u>ORIGIN</u>

On Tuesday February 4, 2025 Halifax Regional Council approved a motion by Councillor Cleary and seconded by Councillor Kent:

"Halifax Regional Council direct the Chief Administrative Officer to provide an expedited staff report looking at all legal and practical ways to limit or eliminate procurement from US companies, as well as any goods or services originating in the USA."

#### EXECUTIVE SUMMARY

This staff report aims to provide a holistic view of the procurement landscape, offering informed paths to prioritizing non-US manufacturing within HRM's operations while considering economic and regulatory contexts.

#### BACKGROUND

- In January 2025 the US president signed an executive order to apply 25% tariffs on most Canadian goods and a 10% tariff on Canadian steel and aluminum.
- In response, the Government of Canada announced a scheduled implementation of reciprocal tariffs on selected US goods.
- The US later delayed the imposition of the tariffs by 30 days.
- Since the January announcement by the US president, several jurisdictions in Canada including the Province of Nova Scotia announced that they would explore options to eliminate or limit purchases of US goods and services.
- On February 4, 2025, Halifax Regional Council directed the CAO to provide an expedited staff report looking at all legal and practical ways to limit or eliminate procurement from US companies, as well as any goods or services originating in the USA
- In February 2025, the US president announced that the 25% tariff on goods would be extended to include steel and aluminum.

#### DISCUSSION

#### Background on North American Supply Chain Integration

The manufacturing landscape in North America exhibits significant integration, highlighted by multinational componentry across products and frequent cross-border flows. Canadian Auto Workers' insights show that auto parts can cross North American borders up to eight times before reaching final assembly. This complexity is integral to understanding HRM's procurement dynamics.

#### **HRM's Manufacturing and Fleet Sources**

HRM heavily relies on Canadian-based manufacturers for essential fleets:

- Bus Suppliers: New Flyer (Manitoba) and Nova Bus (Quebec, part of Volvo).
- Fire Apparatus Suppliers: Techno Feu (Quebec) and Fort Garry Fire Trucks (Manitoba).

Despite these Canadian connections, the supply chain's complexity includes inputs from the US, Mexico, the EU, and Asia, complicating the tracking and exclusion of US-origin goods.

#### **HRM's Direct Contracts with US Suppliers**

Although most of HRM's supply chain resides in Canada, there are specific items that HRM purchases directly from US suppliers. The primary of these are:

- Bus Parts: Mohawk Manufacturing and Supply
- Streetlight Management: Itron Networked Solutions

Other items that are purchased from US-based companies including Microsoft, Hewlitt Packard, Dell and Apple are purchased in Canada from Canadian subsidiaries or local distribution networks.

HRM's financial and HR solutions are supplied by SAP, a multi-national company based in Germany. SAP's financial solution is purchased from the Province of Nova Scotia and hosted and managed locally by IBM Canada.

#### **HRM Procurement Policy Context**

Current HRM policies, aligned with trade treaties, do not mandate comprehensive tracking of goods' source origins, except for avoiding procurement from sanctioned nations. This hampers HRM's ability to confirm US content in its current supply chain.

HRM's current contracts have never considered US-content in its supply chain. It would be extremely challenging to change these contracts to favour non-US supplies and would in many cases result in price increases beyond HRM's ability to avoid retendering.

#### HRM Supply Chain Financial Context

From April 1, 2024, to January 31, 2025, HRM spent approximately \$455M. for goods, services, and construction. \$339M (74%) of those purchases were from Nova Scotia companies. Additionally, over 99% of the total purchases were from suppliers with a Canadian address. Attachment A contextualizes HRM's substantial procurement activities, including payments for ongoing operational services.

#### Implications of Trade Agreements and Provincial Legislation

Administrative Order 2022-012-ADM (the Procurement Policy) requires compliance with the trade agreements by which public entities are regulated, including:

- The Canada Free Trade Agreement (CFTA)
- The Canada/EU Comprehensive Economic and Trade Agreement (CETA)
- The Canada-UK Trade Continuity Agreement

The objective of these agreements is to enforce fairness in procurement, particularly over threshold values (e.g. CETA's at \$8,800,000 for construction and \$353,300 for goods and services). While the trade agreements do not prohibit Canadian preferences below applicable thresholds, they do restrict national, provincial or local preferences on purchases exceeding these thresholds. Any changes to HRM's procurement practices must comply with these trade agreements.

HRM is also subject to Nova Scotia's Public Procurement Act. As a result, any actions taken by HRM could be influenced by the decisions and/or direction of the Province of Nova Scotia.

#### Considerations on Eliminating US Goods

Excluding US goods is permissible under HRM policies and agreements, but is potentially detrimental to local economies, impacting costs and supply chain efficiencies. The entrenchment of US products within local and distributor supply chains means drastic exclusion could disrupt market dynamics and potentially harm local suppliers. For this reason, the elimination of US goods from HRM's supply chain, while permissible, may not be practical.

To remove HRM's purchase of goods directly from the US under existing agreements would require HRM to terminate those agreements. Depending on the terms of those agreements, HRM may be liable to pay certain amounts as a result of the termination. While it is rare for these costs to exceed the value of the agreement, there may be penalties or other costs or fees that HRM may incur. These costs would be in addition to the costs and expenses incurred by HRM in reprocuring these goods from Canadian (or other jurisdictions) and, as set forth above, the new goods may be more expensive to HRM.

#### Evaluating Place of Manufacture via Weighted Scoring

For new or upcoming procurements, HRM will explore introducing a weighted evaluation of Canadian or non-US content in bids. This presents potential operational and economic gains, although it might complicate bid processes due to the volume of items involved. Balancing such considerations may encourage sustainability, local support, and robust supply chains, notwithstanding the usual primary focus on price and social value.

#### Benefits of Prioritizing Place of Manufacture

- Economic Growth: Supports Canadian and non-US industries, augments employment, and retains economic benefits domestically.
- Environmental Responsibility: Diminishes carbon footprints through shorter supply chains, aligning with sustainability goals.
- Supply Chain Resilience: In the current political environment, may enhance security against supply chain disruptions, ensuring continuity and stability in supply.

#### **Compliance and Implementation**

To remain compliant with trade regulations, HRM can use a scored criterion focused on Canadian content for purchases beneath CETA and Canada-UK thresholds or a non-US criterion irrespective of value.

#### FINANCIAL IMPLICATIONS

Implementing a new procurement approach by HRM that limits or eliminates procurement from US companies and any goods or services originating in the USA could have significant financial implications. Such an approach may restrict access to established suppliers, potentially leading to significantly higher costs if alternative vendors from other countries or within Canada offer less competitive pricing or lack the same economies of scale.

#### **RISK CONSIDERATION**

Shifting supply chains could result in increased logistical expenses, longer delivery times, and potential disruptions in service continuity. HRM might also face challenges in sourcing specialized products or services that are predominantly available from US providers directly or from US providers through to the Canadian-based affiliates, potentially impacting operational efficiency.

Existing contracts with US-based suppliers may require renegotiation or termination, potentially incurring legal or financial penalties.

Furthermore, local companies that source some components or raw materials from the US could be excluded from procurement competitions, reducing opportunities for local businesses and potentially undermining economic development efforts within the region. This exclusion could limit competition, restrict supplier diversity, and lead to higher procurement costs and budgetary strain for HRM.

#### COMMUNITY ENGAGEMENT

No community engagement was required.

#### LEGISLATIVE AUTHORITY

#### Administrative Order 2022-012-ADM, The Procurement Administrative Order,

Section 2 The purposes of this Administrative Order are to:

(a) provide for the procurement of Goods, Services and Construction by the Municipality in a fair, open, consistent and transparent manner resulting in Best Value;

(b) promote procurement processes and decisions that are consistent with the strategic goals and objectives of the Municipality;

(c) provide for sustainable procurement by integrating environmental, economic and social considerations in the procurement process;

(d) maintain ethical business practices;

(e) respect regional, national and international trade agreement obligations and other applicable legislation; and

(f) encourage competitive bidding for the supply of Goods, Services and Construction. .

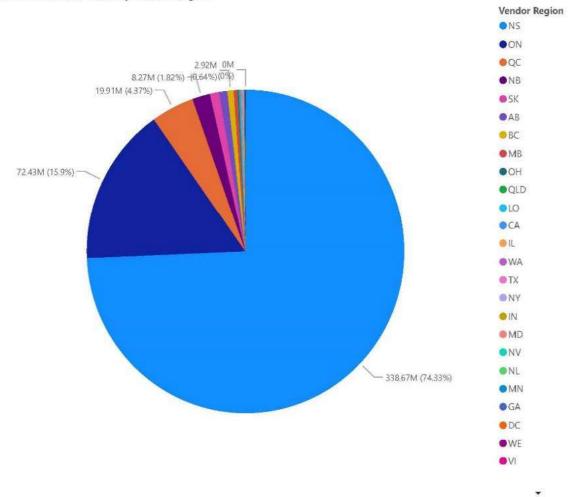
Section 9 The CAO may authorize additional procedures and protocols not inconsistent with this Administrative Order and may delegate their authority under this Administrative Order to employees.

## **ATTACHMENTS**

Appendix A - HRM Supply Chain Profile Appendix B - Statements from Premier Tim Houston, Mayor Andy Fillmore, Halifax Partnership

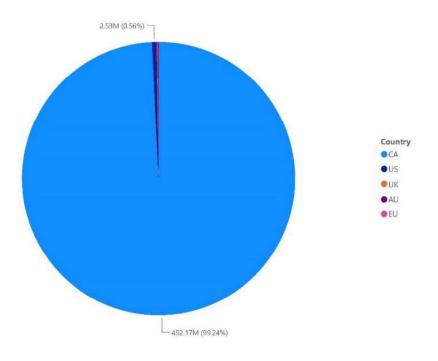
Report Prepared by: Stephen-Robert Terry, Procurement, Finance & Asset Management, 902.802.4063

#### APPENDIX A

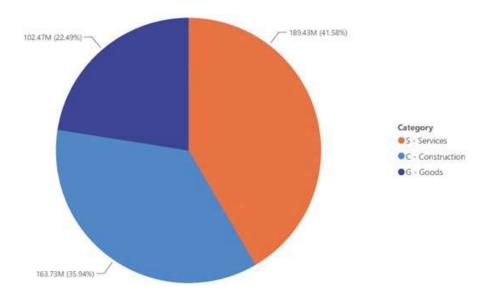


Sum of Net Order Value by Vendor Region

#### Sum of Net Order Value by Country



Sum of Net Order Value by Category



# Attachment B – Official Statements from Premier Tim Houston, Mayor Andy Fillmore and the Halifax Partnership

### 1. Province of Nova Scotia

PREMIER'S OFFICE--Statement on U.S. Tariffs

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NOTE: The following is a statement from Premier Tim Houston.

\_\_\_\_\_

Donald Trump is a short-sighted man who wields his power just for the sake of it, not having any consideration for the destructive impact of his decisions on both Canadians and Americans.

It is impossible to properly describe the uncertainty and chaos that President Trump's threat of tariffs and now actually imposing tariffs has caused for Canadians.

And now, as President Trump proceeds with his illegal 25 per cent tariffs, Nova Scotia will respond.

We will immediately limit access to provincial procurement for American businesses. They can no longer bid on provincial business. We are also actively seeking options to cancel existing contracts and reject bids outright until President Trump removes his unlawful tariffs.

We will double the cost of tolls at the Cobequid Pass for commercial vehicles from the United States, effective immediately.

And we will direct the Nova Scotia Liquor Corp. to once again remove all alcohol from the United States from their shelves, effective today. We know this was an effective response the first time and hurt American producers who rely on Canadian markets.

We will also take any step we can to support Nova Scotians through this incredibly difficult time. As part of Budget 2025-26, we added a contingency fund to respond to U.S. tariffs. It is too early to determine exactly what specific funding is necessary, but we will communicate to Nova Scotians as we better understand the economic impacts and the federal government's plans to support Nova Scotians.

We introduced legislation designed to break down barriers to interprovincial trade. We must be open for business in Canada. We hope all provinces and territories immediately endorse and pass corresponding legislation.

We are also working on a trade action plan to help businesses engage in global trade, increase their global competitiveness and drive investment growth and have issued a call to action to develop our valuable natural resources.

I can tell you that we worked hard to avoid a repeat of Trump's tax. We know tariffs are bad for

people and businesses on both sides of the border.

Unfortunately, some people need to touch the hot stove to learn, and while we cannot control or predict their behaviour, we can control how we respond.

I want to thank Nova Scotians who have already responded with your wallet. You're choosing to be Nova Scotia loyal and support local and Canadian businesses. You're choosing to travel in our beautiful province and country rather than south of the border. You're cheering loudly and proudly for our Canadian teams and athletes.

These choices and actions are significant. It is important that we stand together, united and strong.

That's why we will continue to work with the federal government as it designs and implements counter-tariffs.

We are a government of action, and I continue to stand with you. My focus is entirely on protecting the interest of hard-working Nova Scotians and their families – in these times of uncertainty, that is one constant you can continue to count on.

### 2. Halifax Regional Municipality

Statement from the Mayor of Halifax on U.S. Tariffs

March 4, 2025

As a municipality, we are immediately reviewing all procurement policies to align with the Province of Nova Scotia's response. We remain in active dialogue with the Premier's office to ensure continued alignment.

Halifax will be canceling memberships in U.S.-based organizations and suspending all employee travel to the United States for conferences and training. We are also reviewing existing agreements and identifying potential off-ramps where possible.

City staff are preparing a report for Council outlining the implications of these tariffs and potential further municipal actions. This report will be presented as early as the next Council meeting on March 18.

Haligonians are already making their voices heard through their purchasing choices, travel decisions, and support for local businesses. I encourage all residents to continue standing together in this difficult time by prioritizing local and Canadian products and services.

Andy Fillmore

Mayor of Halifax

#### 3. Halifax Partnership

Halifax Partnership: Navigating U.S. Tariff Impacts. Together.

After a 30-day pause, the United States administration has decided to proceed with imposing 25 percent tariffs on Canadian exports and 10 percent tariffs on Canadian energy. In response, Canada will impose 25 percent tariffs against \$155 billion of American goods – starting with tariffs on \$30 billion worth of goods immediately and tariffs on the remaining \$125 billion on American products in 21 days' time. The Province of Nova Scotia has also announced a number of immediate countermeasures, including changes to provincial procurement processes and the removal of all American alcohol products from the shelves of Nova Scotia Liquor Corporation stores.

We're staying focused on the core of what we do at Halifax Partnership – helping to grow our local economy in ways that benefit all residents and businesses. We do this by working together and fostering collaboration, and it has been heartening to see Canadians and Nova Scotians coming together and resolved to meet this challenge head on.

#### We're here to help

Halifax Partnership is here to help your business navigate the Canada-U.S. trade dispute and mitigate economic impacts. Our SmartBusiness team can connect you to partners and resources for trade market development, supply chain diversification, and generally increasing the competitiveness of your business. We're already receiving requests from companies outside of Nova Scotia who want to diversify their supply chains and source materials, products, and services. We're thrilled to connect them directly to businesses here in Halifax, while collaborating with our network to open new doors. Reach out to our team and share your tariff impacts with us.

As we look ahead, we are faced with tremendous uncertainty as we size up the economic impacts of tariffs between Canada and the US, as well as unpredictable international relations and shifting trade dynamics. We remain forward-thinking and deliberately focused on Halifax's economic development and, now more than ever, solving Nova Scotia's productivity crisis is key to strengthening our economy.

#### What happens next

This tariff situation is fast-moving, and we can expect changes that will affect us all. We'll be actively monitoring and will continue to work closely with governments, partners, and businesses to share information on how any developments will affect our economy and our community, and the ways we can respond effectively, together.



TO:	Colleen Rollings, P.Eng., PMP., Chair and Members of the Halifax Regional Water Commission Board
SUBMITTED BY:	Signed by: Louis depMontbrun, CPA, CA, Director of Corporate Services/CFO
APPROVED:	Kenda MacKenzie Kenda MacKenzie, P.Eng., CEO & General Manager
DATE:	March 19, 2025
SUBJECT:	Halifax Regional Water Commission Employees' Pension Plan – Unaudited Results for the year ended December 31, 2024

#### <u>ORIGIN</u>

Financial information reporting.

#### BACKGROUND

At the March 6, 2025, meeting of the Halifax Water Audit and Finance Committee, the attached Halifax Regional Water Commission Employees' Pension Plan – Unaudited Results for the year ended December 31, 2024, report was reviewed and discussed. The Committee approved forwarding the report to the Halifax Water Board as the Trustee of the Plan for their information.

#### DISCUSSION

No additional information was requested to be brought forward to the Halifax Water Board meeting following the discussion of the attached at the Committee meeting.

#### **ATTACHMENT**

1. Item 6 - Halifax Regional Water Commission Employees' Pension Plan Unaudited Results for the Year Ended December 31, 2024, dated February 20, 2025.



то:	Chair and Members of the Halifax Regional Water Commission Audit and Finance Committee
SUBMITTED BY:	Signed by: ADSD00074ED01407 Louis de Montbrun, CPA, CA, Director, Corporate Services / CFO
APPROVED:	Signed by: Kenda MacKenzie OC984ACB16704F8
	Kenda MacKenzie, P.Eng., General Manager/CEO
DATE:	February 20, 2025
SUBJECT:	Halifax Regional Water Commission Employees' Pension Plan Unaudited Results for the Year Ended December 31, 2024

#### <u>ORIGIN</u>

Financial reporting for the Halifax Regional Water Commission Employees' Pension Plan (the "Plan").

#### RECOMMENDATION

It is recommended that the Audit and Finance Committee accept the financial report for the Halifax Regional Water Commission Employees' Pension Plan for the year ended December 31, 2024, and forward the report to the Halifax Water Board as the Trustee of the Plan as an information report.

#### BACKGROUND

The Audit and Finance Committee is required to review the financial results of the Plan throughout the year.

#### DISCUSSION

The attached statement of changes in net assets available for benefits (Appendix A) outlines the annual budget for the Plan and unaudited financial results for the twelve-month period ending December 31, 2024. Audited financial results for 2022 and 2023 are shown for comparative purposes.

As shown on the statement of changes in net assets available for benefits, net assets available for benefits have increased by \$27.5 million for the year. Unaudited results for the year compared to the budget result in, a favourable variance of \$16.2 million.

The annual budget forecasted revenue of \$10.5 million. Revenue for the year is \$27.5 million, a favourable variance of \$17.0 million. Revenue figures are directly impacted by the performance of the HRM Master Trust. This favourable variance is attributed directly to an increase in the fair value of investment assets of \$23.3 million. Investment income for the year is \$4.7 million compared to an annual budget of \$2.8 million resulting in a favourable variance of \$1.9 million.

Contributions of \$8.3 million are above the annual budget of \$7.7 million by \$0.67 million. This results in a favourable variance of 9% and is due to the timing of new hires, retroactive contributions as a result of the settlement of union contracts, and reciprocal transfers into Halifax Water, which are unbudgeted.

Expenses of \$8.3 million for the period are higher than the annual budget of \$6.8 million by \$1.5 million. The main contributor to this variance is termination payouts which are higher than the annual budget in the period. Termination payments do vary from quarter to quarter and are difficult to predict, however, the years termination payouts have exceeded the annual budget by \$1.5 million.

### SERVICE STANDARDS

Tracking of Regulatory Filing Requirements, Administrative Reporting Requirements and Service Standards for actuarial calculation requests is ongoing. The reports for Regulatory Filing Requirements and Administrative Reporting Requirements are attached as Appendix B and Appendix C respectively, and document administrative compliance within the various levels of reporting for the period.

Service Standard results for the Fourth Quarter (October 1 – December 31, 2024) have been attached as Appendix D. The primary purpose of the service standard report is to report on the administrative compliance with the Pension Benefits Act of Nova Scotia (the "Act") respecting the timing of statements or notifications required under the Act, such as:

- Retirement statement to member;
- Notification of options to retiring member;
- Death benefits statement; and
- Statement on termination.

A secondary purpose of the report is to provide performance reporting respecting the Plan's actuaries, for required deliverables based on pre-determined standards. These standards are internal in nature, and mutually agreed upon by the actuary and Halifax Water.

Fourth Quarter results reported in Appendix D show, out of 3 requests submitted for retirement estimates (with options), the retirement package was provided to the member within the prescribed timelines under the Act, 60 days prior to the Member's intended retirement date. There were 5 terminations during the period, with the terminated employee provided a termination package (with options) within the prescribed timelines under the Act, within 60 days after their termination date.

Performance of the actuary, also reported in Appendix D, shows out of 8 requests in total, the actuary met the pre-determined standard in all instances, with average response times for retirement and termination calculation estimates of 6 days and 5 days respectively. The response time of the actuaries is continuously monitored to ensure required service standards are maintained. Halifax Water will be informed in advance of potential upcoming delays in response times.

### **ATTACHMENTS**

- APPENDIX A Financial Report: Statement of changes in net assets available for benefits, for the year ended December 31, 2024
- APPENDIX B Regulatory Filing Requirements Q4 2024
- APPENDIX C Administrative Reporting Requirements Q4 2024
- APPENDIX D Service Standards Report Q4 2024

Report Prepared By: Heather Britten, Quality Assurance Manager	
Financial Review By: A05D0074EBC1407 Louis de Montbrun, Director, Corporate Services/CFO	

Item # 6 Halifax Water Audit and Finance Committee March 6, 2025

#### Appendix A

#### Halifax Regional Water Commission Employees' Pension Plan Statement of changes in net assets available for benefits For the year ended December 31, 2024

			De	cember 31, 2024			
				Actual versus	Budget	Actual	Actual
		2024		Chang	e	(Audited)	(Audited)
		Budget	Actua	\$	%	2023	2022
Revenue							
Net investme	ent income:						
	Total investment income	\$2,800,000	\$4,736,825	\$1,936,825	69%	\$3,640,508	\$3,307,029
	Investment manager fees	(\$430,000)	(\$537,242)	(\$107,242)	25%	(\$383,410)	(\$388,167
Increase (de	ecrease) in the fair value of investment assets	\$8,100,000	\$23,278,287	\$15,178,287	187%	\$11,981,675	(\$2,763,692
		\$10,470,000	\$27,477,869	\$17,007,869	162%	\$15,238,773	\$155,170
Contributions Participants:							
	Current service (including Additional Voluntary Contributions)	\$3,890,416	\$4,205,160	\$314,744	8%	\$3,701,095	\$3,375,425
C	Reciprocal Transfers	\$0	\$49,611	\$49,611	0%	\$683,465	\$0
Sponsors:	Current service	\$3,773,000	\$4,080,859	\$307,859	8%	\$3,588,545	\$3,277,595
		\$7,663,416	\$8,335,629	\$672,213	9%	\$7,973,105	\$6,653,020
Expenses							
Benefit payn	nents:						
	Benefit payments	\$5,536,000	\$5,595,412	\$59,412	1%	\$5,280,758	\$5,089,704
	Termination payments	\$1,000,000	\$2,479,967	\$1,479,967	148%	\$1,470,618	\$909,506
	Death benefit payments (pre-retirement)	\$0	\$0	\$0	n/a	\$296,728	\$000,000
Administrativ		<b>4</b> 0	<b>*</b> *	<b>*</b> •		\$200,120	
	Actuarial & consulting fees	\$143,500	\$87,061	(\$56,439)	(39%)	\$77.631	\$99,522
	Audit & accounting fees	\$9,000	\$11,555	\$2,555	28%	\$9.022	\$9,446
	Bank custodian fees	\$26,300	\$31,331	\$5,031	19%	\$24,509	\$20,941
	Insurance	\$10,600	\$11,130	\$530	5%	\$11,130	\$10,600
	Miscellaneous	\$21,200	\$22,510	\$1,310	6%	\$25,170	\$21,448
	Professional fees	\$44,000	\$38,906	(\$5,094)	(12%)	\$44,484	\$40,534
	Registration fees	\$3,000	\$3,178	\$178	6%	\$2,935	\$2,848
	Training (Trustees/ Administration/ Pension Committee)	\$5,000	\$0	(\$5,000)	(100%)	\$0	¢2,010 \$0
		\$6,798,600	\$8,281,051	\$1,482,451	22%	\$7,242,985	\$6,204,549
ncrease in net	t assets available for benefits	\$11,334,816	\$27,532,448	\$16,197,632	143%	\$15,968,893	\$603,641
increase in her		\$11,334,610	\$21,532,440	\$10,197,032	143%	\$15,966,693	\$0U3,
vet assets ava	ilable for benefits, beginning of period	\$191,208,896	\$191,208,896			\$175,240,003	\$174,636,3
Increase (decr	ease) in net assets available for benefits	\$11,334,816	\$27,532,448			\$15,968,893	\$603,64

# ltem # 6 Halifax Water Audit and Finance Committee March 6, 2025 APPENDIX B

# Halifax Regional Water Commission Employees' Pension Plan Regulatory Filing Requirements - 2024 as at December 31, 2024

Report	Regulatory Body	Filing Deadline	Date last filed		Comments
1 Annual Form 3 - Summary of Contributions	Superintendent of Pensions	60 days after the beginning of each fiscal year	February 18, 2025	DB Plan	Filed directly with the Trustee, Northern Trust, for the DB Plan.
			February 18, 2025	DC P <b>l</b> an	Filed directly with the Trustee, Industrial Alliance, for the DC Plan.
2 Pension Plan Income Tax Return (T3)	Canada Revenue Agency	March 31st	February 16, 2024	DB P <b>l</b> an	CRA requires Northern Trust as the custodian to prepare and file T3 Income Tax Returns each year. Information obtained from HRN Pension Plan office.
Pension Plan Audited Financial Statements	Superintendent of Pensions	6 months after the Plan's fiscal year end	July 23, 2024	DB Plan	2023 audited financial statements were approved by the Halifax Water Board on June 20, 2024. Financial statements were signed at Halifax Water's Annual General Meeting on July 11th and submitted to the Superintendent of Pensions on July 23rd. (Superintendent is notified by letter each year that the financial statements may be later than June 30th due to timing of the Board meeting and subsequent signing of the statements.)
			June 19, 2024	DC P <b>l</b> an	Audited financial statements are not prepared for this pension plan However, Industrial Alliance provides a Financial Report detailing all pertinent details of the plan. This report is submitted to the regulatory body prior to June 30th each year.
Annual Information Returns (AIR)	Superintendent of Pensions	June 30th	June 19, 2024	DB Plan	
			June 19, 2024	DC Plan	
5 Actuarial Valuation*	Superintendent of Pensions Canada Revenue Agency	September 30th	September 16, 2022 September 16, 2022		Actuarial Valuation was conducted as of January 1, 2022 and has been filed with the Superintendent of Pensions and CRA in September 2022 by Eckler Partner's Ltd, The next Actuarial Valuation is to be conducted as of January 1, 2025, Data is now being compiled and prepared to send to Eckler.
Plan Amendments	Superintendent of Pensions Canada Revenue Agency	60 days after the amendment approved by the Board	September 23, 2022 September 23, 2022	DB P <b>l</b> an	Plan Rules were Amended and Consolidated effective January 1, 2021 and approved by the Halifax Water Board on January 27, 2022. Contribution rate changes as determined by the Actuarial Valuation of January 1st, 2022 were submitted to the Superintendent of Pensions and CRA on September 23, 2022.
	Superintendent of Pensions Canada Revenue Agency	60 days after the amendment approved by the Board	n/a	DC P <b>l</b> an	All documents relating to the registration of the DC Plan were received by the Superintendent October 6, 2017.

Actuarial Valuations are required at a minimum every three (3) years.
 Notional Agreements were implemented during 2017 with an effective date for January 1, 2017. Notional Agreements are not registered therefore not subject to reporting requirements to a regulatory body.

Item #6 Halifax Water Audit and Finance Committee March 6, 2025 Appendix C

#### Halifax Regional Water Commission Employees' Pension Plan Administrative Reporting Requirements - 2024 as at December 31, 2024

Report	Filing Deadline/ Recurrence	Date last filed/ Performed		Comments
1 Pensioners' Payroll	Monthly	February 1, 2025		Pensioners are paid the 1st of each month; no exceptions to report for the Fourth Quarter, 2024.
2 Contributions to the Trustee	Monthly	February 11, 2025	DB P <b>l</b> an	Remittances due to Northern Trust within 30 days of month end; no exceptions to report for the Fourth Quarter 2024.
		January 15, 2025	DC Plan	Remittances due to Industrial Alliance within 30 days of month end; no exceptions to report for the Fourth Quarter 2024.
		n/a	Notional Agreement*	Contributions are not made to an external trustee or custodian. Liability plus interest is recorded by Halifax Water annually on the corporate financial statements.
3 Pension Plan Financial Statements	Quarterly	March 6, 2025	DB Plan	Fourth Quarter (January - December 2024)
		March 6, 2025		Quarterly statements are not prepared for the Defined Contribution (DC) Plan. A financial report is prepared by Industrial Alliance which is filed with the Annual Information Return (AIR) to the regulator. The 2024 report is being provided to the Halfax Water Audit and Finance Committee on March 6 and to the Halifax Water Board on March 27, 2025.
		n/a	Notional Agreement*	Financial statements not required.
4 Investment Performance Review & Compliance with SIP&P	Quarterly	January 16, 2025	DB Plan	Third Quarter 2024 (January - September) Report prepared quarterly by administration staff for the Halifax Water Board of Directors, in conjunction with the quarterly HRM Pension Plan Committee meeting documentation. Statement of Investment Policies & Procedures (SIP&P) is reviewed annually and was last reviewed and approved on December 12, 2024.
5 Annual Pension Statements to Members	June 30th	June 24, 2024	DB Plan	Statements issued annually by June 30
		June 24, 2024	DC Plan	Statements issued annually in conjunction with the Defined Benefit (DB) Plan statements. Members also have access to online, real-time reporting.
		June 24, 2024	Notional Agreement*	Statements issued annually in conjunction with the DB Plan statements,
6 Fiduciary Liability Insurance	Annually	October 31, 2024	DB Plan	Reviewed and renewed annually. The Policy period expires November 30 each year.

\* Notional Agreements were implemented during 2017 with an effective date for January 1, 2017. Notional Agreements are not registered therefore not subject to reporting requirements to a regulatory body.

Item # 6 Halifax Water Audit and Finance Committee March 6, 2025 Appendix D

#### Halifax Regional Water Commission Employees' Pension Plan Service Standards Report - 2024

Quarter 4 (as at December 31, 2024)									
		Actuary				HW	Staff		
Transaction	Standard	Total # Completed	# Past Standard	% within Standard	Average Service Days		Average Service Days	Total Average Service Days	Compliance with PBA
Retirement Estimates	11 Business Days	3	0	100%	6	3	24	30	Yes
Marriage Breakdown Calculations	15 Business Days								
Post-Retirement Death Letter	15 Business Days								
Pre-Retirement Death Benefit	15 Business Days								
Termination Estimate Calculations									
- Standard	11 Business Days	5	0	100%	5	5	18	23	Yes
<ul> <li>Non Standard (Incl RTAs)</li> </ul>	15 Business Days								
	Total for Actuary	8	0	100%	6	8	21	27	



TO:	Colleen Rollings, P.Eng., PMP., Chair and Members of the Halifax Regional Water Commission Board
SUBMITTED BY:	Signed by:
	Louis de Montbrun, CPA, CA, Director of Corporate Services/CFO
APPROVED:	Kenda MacKenzie
	Kenda MacKenzie, P.Eng., CEO & General Manager
DATE:	March 19, 2025
SUBJECT:	Halifax Water Supplemental Pension Plan Report

#### <u>ORIGIN</u>

Financial information reporting.

#### BACKGROUND

At the March 6, 2025, meeting of the Halifax Water Audit and Finance Committee, the attached Halifax Regional Water Commission Supplemental Pension Plan report was reviewed and discussed. The Committee approved forwarding the report to the Halifax Water Board as the Trustee of the Plan for their information.

#### DISCUSSION

No additional information was requested to be brought forward to the Halifax Water Board meeting following the discussion of the attached at the Committee meeting.

#### **ATTACHMENT**

1. Item 7 – Halifax Water Supplemental Pension Plan Report dated February 20, 2025



## ITEM #7 Halifax Water Audit and Finance Committee March 6, 2025

TO:	Chair and Members of the Halifax Regional Water Commission Audit and Finance Committee
SUBMITTED BY:	Signed by: Accordenation of the second seco
	Louis de Montbrun, CPA, CA, Director, Corporate Services / CFO
APPROVED:	Kenda MacKenzie
	Kenda MacKenzie, P.Eng., CEO & General Manager
DATE:	February 20, 2025
SUBJECT:	Halifax Water Supplemental Pension Plan Reports

### <u>ORIGIN</u>

On April 28, 2016, the Halifax Water Board (the "Board") approved the creation of a Supplementary Pension Benefit Framework (Item #2Cb) for non-union staff members, to become effective January 1, 2017.

#### RECOMMENDATION

It is recommended that the Audit and Finance Committee accept the Supplement Pension Plan Reports for the year ended December 31, 2024, and forward the reports to the Halifax Water Board as an information report.

#### BACKGROUND

The Halifax Regional Water Commission Employees' Pension Plan (the "DB Plan") is a registered, defined benefit plan providing pension benefits on pensionable earnings capped at \$142,354, which represents the 2015 Canada Revenue Agency (CRA) maximum annual pensionable earnings plus 1%. Earnings were capped at the 2015 level until 2024 when the cap was increased by 1%.

Pursuant to the framework approved by the Board, as noted above, the Halifax Water Employees' Defined Contribution Plan (the "DC Plan") and a Notional Retirement Compensation

Arrangement (the "NRCA") were established, effective January 1, 2017.

### 1 DC Plan:

A registered, defined contribution plan providing pension benefits on members' pensionable earnings between the DB Plan cap and CRA maximum, annual pensionable earnings threshold. Members contribute at a rate of 9% of pensionable earnings, which is matched by Halifax Water.

### 2 NRCA:

A non-registered agreement with individual members which provides pension benefits on members' earnings over the CRA maximum, annual pensionable earnings threshold. The NRCA is a non-contributory arrangement between Halifax Water and individual members. Halifax Water contributes 9% of a member's eligible earnings annually, holding these funds in trust for members until their retirement, termination or death. Interest applied to members' accounts is based on the annual CANSIM rate.

#### DISCUSSION

The Financial Report from Industrial Alliance (see Appendix A attached) reports the revenues and disbursements for the DC Plan during the January 1, 2024, to December 31, 2024, period. The balance at the beginning of the period was \$89.7 thousand. Revenues for the period consisted of new deposits of \$20.7 thousand, and investment revenues of \$13.1 thousand. Disbursements totaled \$38.4 thousand, leaving a balance at the end of the period of \$85.1 thousand.

As of December 31, 2024, the liability with respect to NRCA member accounts was \$14.9 thousand, with contributions of \$6.4 thousand in 2024, and interest applied totaling \$0.6 thousand. For further details on the NRCA, see Appendix B attached.

### **ATTACHMENTS**

APPENDIX A - Industrial Alliance Financial Group, Financial Report for the Halifax Water Employees' Defined Contribution Plan – January 1, 2024, to December 31, 2024

APPENDIX B - Notional Retirement Compensation Arrangement Report at December 31, 2024



Period from January 1, 2024 to December 31, 2024

Contract 42730-001 Summary of transactions

	Book value	Market value
Balance at the beginning of the period	\$ 89,652.92	\$ 89,652.92
Revenues		
New deposits	\$ 20,677.20	\$ 20,677.20
Investment revenues	\$ 13,077.94	\$ 13,077.94
Total revenues	\$ 33,755.14	\$ 33,755.14
Disbursements		
Deaths, withdrawals, other	\$ 37,104.28	\$ 37,104.28
Fees	\$ 1,118.46	\$ 1,118.46
Taxes	\$ 124.58	\$ 124.58
Total disbursements	\$ 38,347.32	\$ 38,347.32
Balance at the end of the period	\$ 85,060.74	\$ 85,060.74

## Halifax Water Notional Retirement Compensation Arrangement

Annual Summary					
Year	Opening Balance	Contributions	Interest Earned	Withdrawals	Closing Balance
2017	\$0.00	. ,	\$7.79		\$10,078.16
2018 2019 2020	\$10,078.16 \$20,349.53 \$32,538.03	\$11,878.05	\$310.44		\$20,349.53 \$32,538.03 \$48,385.10
2020	\$32,538.03 \$48,385.10 \$51,497.83	\$12,222.11	\$338.30	(\$9,447.68)	\$40,383.10 \$51,497.83 \$66,006.77
2023	\$66,006.77 \$23,462.57	\$7,207.02 \$6,381.26	\$718.74	(\$50,469.97) (\$15,546.03)	\$23,462.57 \$14,925.96
	, _ , ,		<b>+</b>	(, , )	