

# Emergency Preparedness Kit

During an emergency you may be without electricity or running water. You should have some basic supplies prepared so you and your family can be self-sufficient for at least 72 hours. Make sure your family's emergency kit is easy to carry. For example, keep it in a backpack, duffel bag or suitcase with wheels. Store it in an easily-accessible place and make sure that everyone knows where it is. Check your kit twice a year and replace any outdated items. Food and water should be replaced once a year.

## Basic Emergency Kit:

- Water (at least two litres per person per day). Use small bottles that can be carried in case of an evacuation order.
- Food that won't spoil, such as canned or dried foods and energy bars.
- Wind-up or battery-powered radio (and extra batteries)
- Wind-up or battery-powered flashlight (and extra batteries)
- Cash (small bills) and change (for pay phones)
- Manual can opener
- First-aid kit
- Extra keys for your car and house
- Emergency plan and contact information
- Medications, important documents, infant formula, pet food, special items for family members with disabilities or special needs, or any other items necessary to personalize your kit

## Recommended Additional Items:

- Additional two litres of water per person per day (for cooking, cleaning, etc.)
- Change of clothing and footwear for each family member
- Blankets or sleeping bags
- Toiletries
- Hand sanitizer
- Plastic garbage bags
- Utensils
- Toilet paper
- Household chlorine bleach or water purifying tablets
- Basic tools (hammer, screwdrivers, pliers, wrench, work gloves, dust mask, pocket knife)
- Small fuel-driven stove with fuel (follow manufacturer's directions and store properly)
- Duct tape (e.g. to tape up windows, doors, air vents, etc.)
- Whistle (to attract attention)
- Cell phone with additional portable power supply

## Evacuation "Go Kit":

In the event that you have to evacuate your home a portable emergency "go kit" is also recommended. Your kit should include:

- Copies of important documents (Insurance papers, deeds, wills)
- Seven-day supply of prescription medications
- Local map
- Extra clothing and footwear
- Cash (small bills) and change (for pay phones)
- Extra keys for your car and house
- Emergency plan and contact information
- Infant formula, pet food, special items for family members with disabilities or special needs, or any other items necessary to personalize your kit

# Emergency Preparedness Kit

## Car Emergency Kit:

- Shovel
- Ice scraper and brush
- Sand, salt or kitty litter; traction mats
- Booster cables
- Tow chain
- Methyl hydrate (for fuel line and windshield de-icing)
- First-aid kit
- Fire extinguisher
- Wind-up or battery-powered flashlight (and extra batteries)
- Road maps
- Warning light or road flares
- Emergency food pack
- Extra clothing and footwear
- Cloth or roll of paper towels
- Axe or hatchet
- Compass
- Matches and a “survival” candle in a deep can (to warm hands, heat a drink or use as an emergency light)
- Blanket (special “survival” blankets are best)

## Contact Information

**Customer Care Centre**  
Mon - Fri 8:00 AM - 8:00 PM  
customer care@halifaxwater.ca  
902-420-9287

### Emergency Line

24-Hours/Day  
902-420-9287